

1 **Mission Impossible? Maintaining regional grain production level and**  
2 **recovering local groundwater table by cropping system adaptation across the**  
3 **North China Plain**

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23 **Abstract**

24 Insufficient precipitation and continuous over-exploitation of groundwater for agricultural  
25 irrigation led to rapid drop of groundwater table in a large part of the North China Plain (NCP),  
26 the bread basket of China. It has become widely acknowledged that current practice of winter  
27 wheat-summer maize sequential cropping system (WM-S) in the NCP will have to come to an end  
28 as soon as possible. Great research efforts have been made at the local level via both field  
29 experiments and model simulations to construct groundwater neutral cropping systems but  
30 virtually all such constructs show a substantial penalty on total output per unit of land per year. In  
31 this research, we propose a strategy to meet the double challenge of maintaining regional grain  
32 production level and recovering local groundwater table: 1) Widely adopt winter fallow and early-  
33 sowing summer maize monocropping (E-M) in water scarce part of the region to enable  
34 groundwater recovery; 2) replace WM-S by wheat-maize relay intercropping system (WM-R) in  
35 the water richer part of the NCP to increase grain production so as to compensate yield losses in  
36 the water scarce part of the region. Our simulations using DSSAT 4.6 at the site level show that  
37 both yield and water productivity of E-M are 33.7% and 41.8% higher than those of existing  
38 summer maize, with less than 20% of increase in water requirement. In comparison with spring  
39 maize, E-M requires 62.4% less irrigation water, with a yield penalty of only 4.52%. At the  
40 regional scale, the simulations targeting at maximizing groundwater saving in water scarce area  
41 subject to maintaining the current level of regional total output indicate that about 20.45% of the  
42 wheat planting area can be put on fallow in winter, most of which is located in the driest regions  
43 of the NCP. This can result in a large amount of groundwater saving at  $5.62 \times 10^9 \text{ m}^3$  and a  
44 substitution of wheat by maize at 24.3% of the total wheat output. These findings provide new  
45 rooms for the relevant policy makers and stakeholders to address the urgent groundwater  
46 recovering issues in the northern NCP without compromising the level of food grain production  
47 of the region.

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49 **Keywords:** Agricultural water saving; cropping system adaptation; relay intercropping; the North  
50 China Plain

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## 52 **1. Introduction**

53 The North China Plain (NCP) is the bread basket of China. It produces about one-fourth of  
54 total food grains and two-thirds of total wheat output of the country. Such achievement has heavily  
55 depended on continuous overexploitation of groundwater for irrigation to meet the big water gaps  
56 between heavy water requirement of the prevailing wheat-maize cropping system and insufficient  
57 precipitation in large parts of the NCP (Fang et al., 2010a, 2010b; van Oort et al., 2016). Crop  
58 irrigation consumes about 70% of the total water use in the region. Continuous groundwater  
59 overexploitation has led to alarming drop of groundwater table during the last three decades, with  
60 many piedmont areas even suffering a drop rate of more than 1 meter per year for 40 years (Jia  
61 and Liu, 2002; Li et al., 2005; van Oort et al., 2016). The rapid drop of groundwater table also  
62 caused other environmental problems such as dried up rivers and lakes, seawater intrusion, land  
63 subsidence and ground fissures (Xue et al., 2000; Zhang et al., 2009). Health problems may  
64 increase as well when pumping reaches deep layers with water containing toxic levels of fluoride  
65 and arsenic (Currell et al., 2012). As forcefully pointed out in van Oort et al. (2016), the current  
66 practice of groundwater overexploitation in the region will have to come to an end in the  
67 foreseeable future so that groundwater extraction can be drastically reduced to conserve the  
68 aquifers.

69 Great research efforts have been made at the local level to reduce irrigation water consumption  
70 and thus groundwater overexploitation. These efforts include both the applications of water  
71 conservation technologies and the adoptions of alternative cropping strategies, with a focus on  
72 winter wheat because of its heavy irrigation requirement (Li et al., 2005). A number of water  
73 saving measurements, such as optimizing irrigation scheduling (Yao et al., 2000; Zhang and Deng,  
74 2002), introducing limited and deficit irrigation (Wang et al., 2001; Kang et al., 2002; Li et al.,  
75 2005; Mei et al., 2013), and plastic mulching (Xu et al., 2015), are carefully evaluated based on  
76 both field experiments and crop model simulations, with the objective of maximizing irrigation  
77 water savings subject to minimum yield loss. Nevertheless, because precipitation can only meet  
78 25-40% of the water requirement for achieving average wheat production in a large part of the  
79 region (Li et al., 2005), to support the prevailing winter wheat-summer maize sequential cropping  
80 system (WM-S) system, great amounts of groundwater are still needed for irrigation use even with  
81 such water saving technologies.

82 The adoptions of alternative cropping strategies has been characterized by replacing current  
83 WM-S with groundwater neutral cropping systems (Yang and Zehnder, 2001; Zhang et al., 2004;  
84 Yang et al., 2015; van Oort et al. 2016).<sup>1</sup> Many field studies suggest spring maize monoculture as  
85 an alternative cropping system because it is much less irrigation demanding and has higher yield  
86 potential than the prevailing summer maize (Pei et al., 2015). Other major alternative cropping  
87 systems suggested include three harvests in two years (1st year: WM-S; 2nd year: spring maize)  
88 (Meng et al., 2012) and winter wheat-spring maize strip intercropping (Gao et al., 2009). However,  
89 the literature shows that the adoptions of groundwater neutral cropping systems in the water deficit  
90 parts of the NCP face the substantial penalty of total grain output per unit of land per year (total  
91 grain yield, hereafter). Limiting wheat irrigation with groundwater will cause a great reduction of  
92 wheat yield potential from 9.7 t/ha to 3 t/ha (Wu et al., 2006). Compared with WM-S under  
93 optimal irrigation strategy, total grain yield of the three harvests in two years as suggested in Meng  
94 et al. (2012) and spring maize monoculture as suggested in Pei et al. (2015) will decrease by 19.9%  
95 and 33.8% respectively.

96 van Oort et al. (2016) evaluated the performance of 11 groundwater neutral combinations of  
97 alternative cropping systems and water saving technologies based on simulations with APSIM  
98 cropping systems model and the SOILWAT water balance module. The calibration and validation  
99 of the APSIM model was based on experiments at the university farm of the Agricultural  
100 University of Hebei in Xinji County (37.54°N, 115.12°E), which is located in the alluvial plain of  
101 the Taihang Mountain in the northwest of the Hebei plain, an area with the most serious water  
102 shortage in the NCP. The evaluation concludes that the total grain yield of the WM-S under  
103 groundwater neutral constraint will drop by 44% in comparison with that of the WM-S under the  
104 current practice; and water conservation by plastic film could limit this reduction to 21-33% but  
105 possible environmental impacts of plastic film need additional attention.

106 The literature suggests that the two policy goals of maintaining grain production level and  
107 recovering local groundwater table seem irreconcilable in the NCP. However, the existing studies  
108 focus on reconciling the two goals either at the site level or a locality. In this research, we promote  
109 a macro-perspective and argue that we can better utilize richer agro-climatic resources

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<sup>1</sup> Groundwater neutral cropping systems refer to cropping systems with sustainable pumping rates. The evapotranspiration (ET) differs between each cropping system, therefore each ground-water neutral cropping system has its own and different sustainable pumping rate (van Oort et al., 2016).

110 (temperature and precipitation) available in the southern NCP to reconcile the two policy goals at  
111 the regional level. In more detail, we propose a cropping system adaptation strategy across the  
112 North China Plain and evaluate the performance of this regional strategy with reference to the  
113 prevailing WM-S system. The strategy consists of (1) widely adopting winter wheat fallow and  
114 early-sowing summer maize mono-cropping (E-M) in water scarce part of the region to enable  
115 groundwater recovery, and (2) replacing WM-S by wheat-maize relay intercropping system (WM-  
116 R) in the water richer part of the NCP to increase grain production and compensate yield losses in  
117 the water scarce part of the region. We employ DSSAT 4.6 to evaluate the relative performances  
118 of the prevailing WM-S system and the alternative E-M, WM-R and spring maize in terms of yield  
119 and irrigation water demand at the three sites and across all grid-cells of cropland in the NCP.  
120 Based on these results, we develop a procedure to allocate the above four cropping regimes to each  
121 grid-cell with the objective of maximizing groundwater saving in water scarce area under the  
122 constraint to maintain the current level of regional total output. A successful implementation of  
123 this procedure would demonstrate that it is feasible to reconcile the two policy goals of maintaining  
124 grain production level and recovering local groundwater table at the regional level of the NCP,  
125 thus providing a scientific basis for regional cropping system adaptation design.

126

## 127 **2. Study Area**

128 The North China Plain (112.18°E–120.25°E, 32.19°N–40.18°N), also called Huang-Huai-Hai  
129 Plain, is a large alluvial plain built up along the shore of the Yellow Sea by deposits of the Huang  
130 He (Yellow River) and the Huai, Hai, and a few other minor rivers of northern China. The plain is  
131 bordered on the north by the Yanshan Mountains, on the west by the Taihang Mountains and the  
132 Henan highlands, and on the southwest by the Tongbai and Dabie Mountains. To the south it  
133 merges into the Yangtze Plain in northern Jiangsu and Anhui provinces. From northeast to  
134 southeast it fronts the Bo Hai (Gulf of Chihli), the hills of Shandong Peninsula, and the Yellow  
135 Sea ([www.britannica.com/place/North-China-Plain](http://www.britannica.com/place/North-China-Plain)). It covers a total area of  $4.4 \times 10^5$  km<sup>2</sup> (Fig.  
136 1), with a temperate semi-arid monsoon climate. About 60% of the precipitation occurs in summer  
137 (June to September), while less than 20% happens in winter and spring. Precipitation decreases  
138 from south to north and east to west.

139 Local climate resources can support the cropping systems of double harvests per year or triple  
140 harvests in two sequential years. The WM-S is currently the dominant cropping system in the NCP.

141 Winter wheat is usually sown in early or middle October and harvested in early or middle June in  
142 the following year, while summer maize is sown right after the harvest of winter wheat and  
143 harvested in late-September. Under the WM-R, summer maize is sown in a single straight line  
144 between every two rows of wheat during mid to late May, about 7-15 days before the harvest of  
145 winter wheat. Spring maize is usually planted in late April. Please note that the Yimeng Mountain  
146 of the Shandong Province takes a large part of the central-east NCP, where the shares of both  
147 planting and irrigation areas for wheat and maize in its limited hilly and mountainous cropland are  
148 very small although annual precipitation is higher compared to the northern NCP. The far southern  
149 part of the NCP is in the transit zone between wheat-maize cropping system and wheat-rice or  
150 double rice rotations because of richer thermal and water resources. There is a tendency of  
151 increased rice planting in this part of the NCP, especially in the northern Jiangsu Province (Liu et  
152 al., 2013). Nevertheless, rainfed wheat is still the major winter crop in this part of the region, which  
153 is also confirmed by the high-resolution dataset of MIRCA 2000 on the wheat and maize harvest  
154 area (Portmann et al., 2010) (Fig. 2). In this study, we focus on maintaining the aggregate  
155 production level of wheat and maize in the NCP, discounting the contribution of rice production  
156 in the southern part of the NCP.<sup>2</sup>

157 We select three sites – Beijing (116.35°E, 40.04°N), Jining (116.51°E, 35.34°N) and Tangyin  
158 (114.24°E, 36.03°N), to represent different water and thermal resource conditions and alternative  
159 cropping systems in the region. Another important reason for selecting these three sites is because  
160 the genetic coefficients (GCs) of the DSSAT model for winter wheat, summer maize and spring  
161 maize have been well-calibrated by the existing researches (Yu et al., 2006; Binder et al., 2008;  
162 Fang et al., 2010b; Liu and Tao, 2013). Jining site experienced a cropping system shift from WM-  
163 R to WM-S in 1996. Tangyin site has long records of WM-R observations. Both WM-S and spring  
164 maize monocropping are recorded in Beijing site. Average annual precipitation (1980-2010) in  
165 Jining (684 mm) is higher than Tangyin (550 mm) and Beijing (531 mm).

166  
167 *(Figure 1 is about here)*

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<sup>2</sup> Please note that adding the contribution of rice production in the southern part of the NCP would strengthen rather than weaken the major argument of this research.

### 169 **3. Materials and Methods**

#### 170 *3.1 Data*

171 The data used in this research include: climate/weather data, land and soil information, crop  
172 growth and yield observations, and irrigated and rainfed area of wheat and maize (actual harvest  
173 area) in the NCP. The performance comparison across the four cropping systems of the WM-S,  
174 WM-R, E-M, and spring maize will focus on the period of 2001 to 2010, mainly because crop  
175 cultivars information are obtained using observations between 2001 and 2010, and the maps of  
176 cropland and irrigated cropland are for year 2000.

177 Although the GCs of the DSSAT model for winter wheat, summer maize and spring maize  
178 have been calibrated, there is no GCs available for intercropped maize in the region. We use the  
179 observations of intercropped maize at Tangyin site, including crop growth, crop management,  
180 yield and yield components, to calibrate GCs and validate DSSAT for intercropped maize. Crop  
181 management records include sowing and harvest date, application of irrigation and fertilizer.  
182 Observed crop phenology stages are sowing, emergence, shooting, flowering and maturity. Yield  
183 components include dry weight per kernel, tiller number per plant, and kernel number per tiller.

184 Weather data for three sites include daily records over 1980-2010 from Data Center of China  
185 Meteorological Administration. This dataset reveals the observed climate change during these 31  
186 years at the site level. Historical climate/weather data for regional simulations are based on the  
187 interpolations of the observations from over 700 meteorological stations nationwide over the  
188 period of 2001-2010. These meteorological stations are much more intensively located in the areas  
189 with high population density such as the NCP. The daily solar radiation, maximum and minimum  
190 temperature, precipitation are used as weather inputs for the DSSAT model. Because solar  
191 radiation is not available in the site observations, we converted it from the recorded daily sunshine  
192 hours using the empirical global radiation model, we understand that radiation in the temperate  
193 latitude regions might be underestimated due to a seasonal dependence of the accuracy of the  
194 empirical model (Pohlert, 2004).

195 Land-use map of year 2000 is obtained from National Land Cover database (100m×100m)  
196 provided by the Institute of Geographical Sciences & Natural Resources Research (IGSNRR) of  
197 the Chinese Academy of Sciences. Cropland is further divided, according to the slope, into four  
198 categories of plain, hilly and mountain cropland, and cropland with slope greater than 25 degrees.  
199 Soil profile attributes of the NCP are from the Harmonized World Soil Database (Nachtergaele

200 and Batjes, 2012) with a spatial resolution of 1 km. Because the DSSAT model requires more  
201 detailed soil properties inputs compared with the existing information in the Harmonized World  
202 Soil Database, the missing properties are calculated using method described in Tian (2014).

203 Harvest area of winter wheat and summer maize under irrigated and rainfed conditions are  
204 obtained from the global data set of monthly irrigated and rainfed crop areas in the year 2000  
205 (MIRCA 2000) (Portmann et al., 2010) (Fig. 2). They are used to calculate the yield and water  
206 requirement of irrigated/rainfed wheat and maize under different cropping systems.

207 For DSSAT upscaling runs at the grid-cell level, all DSSAT input data will be resampled or  
208 aggregated into 1 km resolution grid data, and the simulation results of total grain production and  
209 irrigated water consumption under the WM-S, WM-R and E-M cropping system will be  
210 aggregated to the county level for presentation convenience.

211  
212 *(Figure 2 is about here)*

### 213 *3.2 Sequential cropping and relay intercropping*

214 The WM-S is the dominant cropping system in the NCP, under which farmers grow wheat in  
215 early to middle October and plant maize after the harvest of wheat in June. By contrast, maize is  
216 planted into wheat field before the harvest of wheat under the WM-R. The total grain production  
217 has increased significantly under the WM-S in the NCP in the last decades due to the improvement  
218 of crop management (irrigation, fertilization and pesticide), adaptation of new early-mature high-  
219 yield crop cultivars and agricultural machinery, and expansion of irrigation (Wang et al., 2010;  
220 Zhang, 2011; Chen et al., 2012; Wang et al., 2012; Yu et al., 2012; Shi et al., 2013; Tao et al.,  
221 2014). It is worth highlighting that the development of compact-type early maturity summer maize  
222 enables WM-S to greatly increase maize yield under the constraint of limited thermal resources  
223 (Feike et al., 2012).

224 Shifting maize sowing/harvest date has also been proven as an effective way to extend maize  
225 growth period and further boost yield and water productivity of maize under the WM-S, because  
226 warmer temperature favors the growth of maize (Wang et al., 2012). Spring maize is usually sown  
227 in late April in the NCP, when precipitation is still low and water deficits occur frequently during  
228 the germination and vegetative stages. A delay of spring maize sowing by 30-days may lead to a  
229 yield increase by 13% (Binder et al., 2008) because of the reduced drought risk in the sowing  
230 season. Advancing the sowing date of summer maize to mid-late May can raise maize yield up to

231 14 t/ha, on a par with the average total grain yield of the prevailing WM-S system (Pei et al., 2015).  
232 The advanced sowing dates of summer maize in Pei et al. (2015) are close to the field records of  
233 the WM-R system observed in Tangyin site. This discussion indicates that the potential benefit of  
234 earlier sowing summer maize (E-M) in raising yield and lowering irrigation demand can be  
235 materialized under the WM-R system in the NCP.

### 236 3.3 Irrigation water requirement

237 Irrigation Water Requirement (*IWR*) and total grain production of E-M, WM-S, WM-R, and  
238 spring maize in a given grid-cell are two key indicators for allocating the above four cropping  
239 regimes to each grid-cell with the target to maximize groundwater saving in water scarce area  
240 under the constraint of maintaining current regional total output level. The *IWR* is calculated from  
241 the annual harvest area of wheat and maize under irrigated condition in the grid-cell using Eq. 1  
242 (Yang et al., 2010).

$$243 \quad IWR = \sum_{i=1}^2 DR_i \times AR_i, \quad (1)$$

244 where *IWR* is the irrigation water requirement for the grid cell, *i* is the specific crop, including  
245 wheat and maize, *DR* is defined as the evapotranspiration minus effective rainfall during the crop  
246 growth period, and *AR* is the current irrigated areas of wheat and maize in the grid cell. *IWRs* of  
247 all four cropping systems are simulated at daily step under the given crop calendar and irrigation  
248 condition.

### 249 3.4 Cropping system adaptation strategy

250 Our NCP-level cropping system adaptation strategy for maximizing groundwater saving in  
251 water scarce areas subject to maintaining the current level of regional total output of the NCP is  
252 established by a procedure which allocates one of the E-M, WM-S, WM-R and spring maize  
253 cropping systems to each individual grid-cell across wheat and maize area of the region. Figure 3  
254 depicts the major steps, which can be summarized as follows. (1) Estimate total grain productions  
255 and total irrigation water requirements in each grid cell of wheat and maize growing areas for all  
256 four cropping systems. (2) Sort all grids in descending order by *IWR* under the prevailing WM-S  
257 cropping system. (3) Start from the grid with highest *IWR* downwards and assign the E-M regime  
258 to these irrigation-intensive grids, start from the grid with the lowest *IWR* upward and assign the  
259 WM-R regime to these water-rich grids, the rest grids keep the WM-S or spring maize regime, and

260 then calculate the total output loss from fallowing the original wheat areas and the total output gain  
261 from adopting the WM-R, in comparison with the WM-S, respectively. (4) Continue to assign the  
262 E-M regime to the irrigation-intensive grids as specified in (3) until no irrigation water saving can  
263 be made, and continue to assign WM-R to water-rich grids until the total output loss caused by  
264 adopting the E-M can be fully compensated by the WM-R. In theory, such a procedure may not  
265 have a balanced ending position. Fortunately, our simulations across the NCP do produce such an  
266 ending position.

267 In the above procedure, we do take consideration the potential higher irrigation demand of the  
268 WM-R system and therefore, in those rainfed grid-cells, we adopt the WM-R if the plain area ratio  
269 is greater than 25% of total cropland in the grid cell. In addition, in the hilly areas of the region, if  
270 rainfed summer maize is dominant, we assign higher yield E-M to increase maize yield.

271  
272 (*Figure 3 is about here*)

### 273 274 3.5 Crop water management

275 At the site level, the following optimized irrigation schedule for winter wheat developed by  
276 Sun et al. (2011) is employed in our simulations. Irrigation is applied when the moisture of 0-100  
277 cm soil is less than 65% of the field capacity and the irrigation reaches 80% of soil water capacity  
278 except for the grain filling stage. For summer maize, irrigation is applied at the stem elongation  
279 stage according to Fang et al., (2010b) and 50 mm water is applied in line with Binder et al. (2008).  
280 In order to quantitatively assess the water productivity of crops under different cropping systems  
281 at the site level, the indicator of water use efficiency (*WUE*) as specified in Eq. 2 is employed (Ali  
282 et al., 2007).

$$283 \quad WUE = \frac{GY}{ET}, \quad (2)$$

284 where *ET* stands for the total evapotranspiration and *GY* for total grain output.

285 At the regional level, it is impossible to specify detailed water management schedule across  
286 all grid-cells owing to the lack of data, we take the simple schedule that crop on irrigated farmland  
287 is irrigated to 80% of soil water capacity when the capacity becomes less than 65%, implying that  
288 no irrigation take place on existing rainfed cropland, unless explicitly mentioned.

289

290 3.6 *Intercropping shading algorithm*

291 Because summer maize is sown before the harvest of winter wheat under the WM-R, the two  
292 crops compete for solar radiation and micro-climate during the co-growth period. We adopt the  
293 shading algorithm regards to the height of the neighboring crop as specified in Knorzer et al. (2011)  
294 and incorporate it into the DSSAT 4.6 to modify the solar radiation inputs during the co-growth  
295 period. However, we have to ignore the effects of micro-climate change to the growth and water  
296 requirements of these two co-growing crops owing to the lack of detailed micro-climate  
297 observations at the surface level.

298 In general, summer maize is sown 7-15 days ahead of winter wheat harvest under the WM-R,  
299 in order to maximize yield by extending growth period of summer maize. In our regional level  
300 simulations, the co-growth period is set at 15 days in the WM-R system.

301

302 3.7 *DSSAT model calibration and validation*

303 The DSSAT model is developed by the International Benchmark Sites Network for Argo-  
304 technology Transfer project (IBSNAT), it simulates the growth and development of crops within  
305 a homogeneous plot in a daily time step. Soil water balance is simulated using precipitation,  
306 infiltration, runoff, transpiration, evaporation and drainage during the crop growth period (Jones  
307 et al., 2003). It has been used to estimate the total crop irrigation requirement (Yang et al., 2010)  
308 and the impact of agriculture water requirement on groundwater table (Yang et al., 2006) in the  
309 NCP, and the irrigation management of maize in arid northwestern China (Jiang et al., 2016) and  
310 wheat in the Texas High Plains of the USA (Attia et al., 2016).

311 The DSSAT model uses genotype coefficients (GCs) to describe the genotype-by-  
312 environment interactions and simulate performance of diverse cultivars under different conditions  
313 (Penning de Vries et al., 1992). Each cultivar of a crop has specific parameters to describe the  
314 genotypic information of the cultivar within the parameter ranges of the crop. Because there are  
315 obvious gaps of crop management between farmers practice and field experiment, the attainable  
316 yield under ideal crop management conditions (no water, nitrogen and pest stress) is adopted to  
317 calibrate and validate the GCs of the E-M system at Tangyin site in this research. The maximum  
318 attainable yield is calculated from optimum yield components, including the maximum grain  
319 number per tiller and the correspondent grain weight, maximum tiller number per plant and the

320 optimum plant density. Other important field observations for the calibration and validation  
321 include critical phenological information such as sowing, flowering, maturity and harvest dates.

322 The procedure of DSSAT model calibration and validation using attainable crop yield was  
323 described in Tian et al. (2014). The procedure is based on the Generalized Likelihood Uncertainty  
324 Estimation (GLUE) Module (He et al., 2010) as built in DSSAT 4.6. In addition to the probability  
325 calculations of GLUE, conventional statistics of the root mean square error (RMSE) as specified  
326 in Eq. 3 and mean relative error (MRE) in Eq. (4) are employed to evaluate the departure between  
327 the observed (O) and the simulated (S) values.

$$328 \quad RMSE = \left[ \frac{\sum_{j=1}^n (S_j - O_j)^2}{n} \right]^{1/2}, \quad (3)$$

$$329 \quad MRE = \frac{1}{n} \sum_{j=1}^n \frac{S_j - O_j}{O_j}, \quad (4)$$

330 in which  $j$  refers to the  $j$ -th run of the calibration or validation.

331

## 332 4. Results

### 333 4.1 Observed precipitation change at the site level

334 Precipitation is the most important water resource for agricultural production. Annual trend  
335 and seasonal distribution of precipitation over 1980-2010 at Jining, Tangyin and Beijing sites are  
336 shown in Figs. 4 and 5. The average annual precipitation of 684 mm at Jining site was much higher  
337 than 531 mm at Beijing and 550 mm at Tangyin over the period of 1980-2010. In terms of trend,  
338 while Beijing became significantly drier and Tangyin became moderately drier, Jining became  
339 significantly wetter. The gap of annual mean precipitation between Jining and Beijing extended to  
340 320 mm during 2001-2010, 167 mm larger than the average gap over 1980-2010. The  
341 corresponding figure between Tangyin and Beijing was 86 mm, 68 mm larger than the average  
342 gap of 1980-2010. Declining precipitation in Beijing means even more groundwater being required  
343 for supplemental irrigation for the same level of grain production, whereas more precipitation in  
344 Jining relaxes groundwater stress for the same level of grain production. The distribution of  
345 average monthly rainfall across calendar months is illustrated in Fig. 5. Most of the precipitation  
346 occurred during the summer maize growing season (June to September), which accounts for

347 73.1%, 78.6% and 73.0% of annual precipitation in Jining, Beijing and Tangyin sites, respectively.  
348 The average precipitation during the wheat and maize growing seasons in Jining were 70.8 mm  
349 and 82.7 mm higher than that in Beijing. Tangyin had 34.7 mm more rainfall during the wheat  
350 growing season but 15.8 mm less rainfall during the maize growing season than Beijing. Rainfall  
351 during the E-M sowing month (May) was 26.7 mm, 24.4 mm and 12.1 mm higher than that in  
352 spring maize sowing month (April) at Jining, Tangyin and Beijing sites, respectively.

353  
354 *(Figure 4 and 5 and Tables 1-3 are about here)*

#### 355 356 4.2 *Crop cultivar coefficients and model performance*

357 Tables 1 and 2 present genetic coefficients (GCs) of crop cultivars under the WM-S, WM-R,  
358 E-M, and spring wheat cropping systems. The GCs of relay-intercropped summer maize are  
359 calibrated and validated using field observations at Tangyin site (Section 3.7). The MRE and  
360 RMSE measures reported in Table 3 show that the performances of both calibration and validation  
361 are very well. All other GCs are obtained from Binder et al. (2007, 2008), Fang et al. (2010), and  
362 Liu and Tao (2013).

#### 363 364 4.3 *Comparing the performances of maize in different cropping systems at the site level*

365 We compare the performance of the E-M system with that of local summer maize in the WM-  
366 S system at Jining and Beijing sites over the period of 2001-2010. Table 4 shows the results. At  
367 Jining site, the average yield of the E-M system is 33.7% higher than that of local summer maize  
368 in the WM-S system, with a relatively moderate increase of total evapotranspiration by 19.5%.  
369 This makes water productivity of the E-M 12.6% higher than local summer maize. More striking  
370 improvements happen at Beijing site where maize yield and total evapotranspiration of the E-M  
371 increase by 41.8% and 17.5%, respectively, implying a rise of water productivity by 21.2%.

372 Many studies have suggested spring maize monoculture as an alternative cropping system to  
373 reduce agricultural irrigation water consumption in the water deficit regions of the NCP. We also  
374 compare the performance of the E-M system with the results of spring maize field experiment  
375 conducted in 2005 and 2006 at Dong Bei Wang experimental site (116.3°E, 40.0°N), which is  
376 nearby our Beijing site, as reported in Sun et al. (2011). The last column in Table 4 shows the  
377 comparative results. It can be seen that spring maize and the E-M produce a similar level of yield

378 but the water productivity of the E-M is 21.6% higher. It is because spring maize typically requires  
379 more water in its early growing period. Another set of experiments presented in Pei et al. (2015,  
380 Table S1) at a nearby site (Luancheng) shows that yield of the E-M system can reach up to 12.4  
381 t/ha with two irrigations at 60 mm each, indicating even greater potential of the E-M in keeping  
382 high level of yield with less irrigation water requirement. These findings indicate that the E-M  
383 system is more suitable than spring maize to be an alternative cropping system for reducing  
384 irrigation water demand while keeping the high level of grain production in the region.

385

386 *(Tables 4 and 5 and Figure 6 are about here)*

387

#### 388 4.4 *Performance of the regional cropping system adaptation strategy*

389 We run the procedure as specified in Section 3.4 to establish our NCP-level cropping system  
390 adaptation strategy with the objective to maximize groundwater saving in water scarce areas under  
391 the constraint of maintaining the current level of regional total output. The procedure is  
392 implemented using DSSAT up-scaling method as detailed in Tian et al. (2012). The sowing dates  
393 of local summer maize in the WM-S system are obtained from Figure 2 in Binder et al. (2008),  
394 which are based on observations from 14 agro-meteorological stations in the region.

395 Table 5 reports changes in wheat areas, total grain production, and irrigation water  
396 consumption once the balanced allocation of alternative cropping system being reached under our  
397 procedure. Figure 6 depicts the spatial pattern of the location at the county level. It can be seen  
398 from Table 5 that about 2.5 million hectares (20.45%) of the existing wheat area will become  
399 fallowed under the adaptation strategy. The left map in Figure 6 shows that most of the fallowed  
400 areas are located in Hebei, Tianjin, and Beijing, the driest areas of the region heavily depending  
401 on underground water irrigation for wheat production. Such extent of fallow leads to a total loss  
402 of wheat production by 15.4 million tons, accounting for about 24.3% of total wheat production  
403 under the current WM-S system. On the other hand, because of the adoption of E-M following the  
404 winter fallow, total maize production will increase significantly and its share in total grain  
405 production will increase from 35.1% to 50.9%.

406 It is worth highlighting that the resultant reduction in total irrigation water requirement will be  
407 5.62 billion m<sup>3</sup> and Hebei Province alone will take 78.6% (4.37 billion m<sup>3</sup>) of this saving. Yang et  
408 al. (2010) estimated the irrigation water requirement of the prevailing WM-S system in Hebei Plain

409 over the period of 1986–2006 and their research is based on agronomic, hydrologic and climate  
410 data collected from 43 well-distributed stations across the plain. The average irrigation water  
411 requirement over 1986-2006 in their estimation was 6.16 billion m<sup>3</sup> (4.82 billion m<sup>3</sup> for wheat and  
412 1.34 billion m<sup>3</sup> for maize). This comparison indicates that about 71% of irrigation water  
413 requirement can be saved in Hebei with the cropping system adaptation strategy we suggested and  
414 the saving comes from fallowing the winter wheat field. This means that our strategy would be  
415 able to zero groundwater withdrawal for growing winter wheat in vast majority areas of Hebei  
416 Province, thus forcefully promoting the recovery of local groundwater table.

417 On the contrary to the widespread winter fallow in Hebei, Tianjin and Beijing, there is no  
418 need for fallowing winter wheat areas in southern Henan, southern and eastern Shandong, and  
419 Jiangsu and Anhui provinces, where precipitation during the winter wheat growing season is much  
420 higher. The popular adoption of the WM-R system in the southern and eastern NCP will lead to  
421 significant increase in maize production with ignorable amount of increase in irrigation water  
422 demand. The increase in maize production can fully compensate the lost quantity of grain output  
423 caused by winter fallow in the northern NCP.

424

## 425 **5. Discussion and Conclusion**

426 It is well-acknowledged that groundwater overexploitation in the NCP has caused devastate  
427 ecological consequences and would result in vast scale hazard to the NCP ecosystem if without  
428 immediate actions. For example, groundwater depression cone recently covers about  $5 \times 10^4$  km<sup>2</sup>  
429 of land in the piedmont of Hebei Plain, and severe land subsidence happened in many regions with  
430 a maximum of 3.1 m in some locations in Tianjin (Zhang et al., 2009). Groundwater recharge has  
431 shifted from surface runoff to irrigation returns owing to the constructions of numerous reservoirs  
432 upstream. Groundwater contamination from rapid increase of nitrate concentrations and  
433 mineralization has expanded from shallow to deep groundwater and such expansion will pose  
434 greater challengers to the freshwater supply in the NCP (Currell et al., 2012). Dried out rivers and  
435 lakes not only damage the surface ecosystem but also reduced the freshwater recharge in the  
436 downstream plain of the NCP. Overexploitation of limited freshwater resources in the deep  
437 aquifers has caused seawater intrusion and soil salinization in the coastal plain, where salinized  
438 cropland has harmed crop growth and led to reduced crop production.

439 To address the severe issue of groundwater overexploitation, cropping system adaptation has  
440 already happened. It is reported that farmers have taken wheat fallow in the driest parts of the NCP  
441 based on their own cost-benefit calculations. Policy initiatives aiming to encourage winter fallow  
442 have added momentum to farmers' own initiatives. In these initiatives, winter wheat was  
443 abandoned and "spring maize planting belt" was established to replace the wheat-maize double  
444 cropping (Feng et al., 2007; Meng et al., 2012; Wang et al., 2016). Although such initiatives would  
445 be able to result in significant groundwater saving if they were widely implemented, a great  
446 concern is about the losses in total grain production. Our research has designed a regional cropping  
447 system adaptation strategy and demonstrated that this adaptation strategy is capable of reconciling  
448 the two policy goals of maintaining current grain production level and recovering local  
449 groundwater table in the North China Plain (NCP).

450 Under our adaptation strategy, the winter fallow and early sowing summer maize (E-M)  
451 monoculture system is adopted to replace the existing winter wheat-summer maize sequential  
452 cropping (WM-S) system for saving irrigation water in the northern NCP, and the wheat-maize  
453 relay intercropping (WM-R) system is adopted to increase grain production in the southern and  
454 eastern NCP. We have employed DSSAT 4.6 model to evaluate the performances of the E-M,  
455 WM-R, WM-S, and spring maize, in terms of yield and water productivity, based on agro-  
456 meteorological observation data at Beijing, Jining and Tangyin sites. We have successfully run a  
457 procedure to allocate one of the E-M, WM-R, WM-S, and spring maize cropping systems to  
458 individual grid-cells across wheat and maize areas of the NCP, with the objective to maximize  
459 groundwater saving in water scarce areas under the constraint of maintaining the current level of  
460 total grain output of the region. The allocation procedure achieves a position in which the above  
461 two policy goals are reconciled. This reconcilability finding enriches the existing literature and  
462 reveals new rooms for policy makers and stakeholders to address the urgent groundwater  
463 recovering issues in the northern NCP.

464 Two obstacles must be overcome for our adaptation strategy to be practical in the NCP. The  
465 first is mechanization of relay intercropping. Despite of obvious advantage of the WM-R system  
466 in boosting total grain output per unit of land, the lack of progress in mechanization has led to  
467 reduced adoption of the WM-R in last two decades in the NCP (Feike et al., 2012; Zhang et al.,  
468 2007; Spiertz, 2010). Fortunately, the "interseeder" machine has been successfully developed and  
469 applied for the row relay intercropping of wheat-soybean (Feike et al., 2012), which can also be

470 adapted for the wheat-maize relay intercropping in the NCP. In addition, strip relay intercropping,  
471 which plant different crops in strip instead of row, has been recommended because of its high  
472 cropping efficiency with existing farming machines (Feike et al., 2012). The second obstacle is  
473 that giving up winter wheat production in water scarce areas will cause income loss of the local  
474 farmers involved. However, given the fact that the current practice of groundwater  
475 overexploitation in these areas has to come to an end as soon as possible to avoid irreversible  
476 environmental disaster, active policy efforts are needed to encourage outmigration of cropping  
477 labor force to the non-agricultural sectors, and to promote significant increase in farm scale so as  
478 to raise labor productivity. In the short-run, subsidy policies can be adopted to encourage farmers  
479 in the water scarce areas to abandon wheat cropping for groundwater recovery (Wang et al., 2016).

480 Another challenge is that although the existing level of total regional grain production can be  
481 maintained and great amount of water can be saved for groundwater recovery, the reduction of  
482 wheat area in the NCP as suggested by our adaptation strategy will lead to a significant reduction  
483 in total wheat production. To compensate this loss, more wheat needs to be produced in other parts  
484 of the NCP and this is possible as indicated by the observed north-south shift of the winter wheat  
485 growing area in the NCP (Wang et al., 2015). Figure 2 shows that in the southern NCP, irrigation  
486 ratio is much lower than in the northern counterpart. Given the higher rainfall condition and more  
487 available surface water for irrigation, to expand wheat irrigation area in the southern NCP will be  
488 able to increase wheat production without putting pressure to groundwater table. In addition,  
489 winter fallow area can be further reduced in areas with mild water deficit by adopting field water-  
490 saving technologies such as deficit irrigation, plastic mulching (Xu et al., 2015; van Oort et  
491 al., 2016) and no-tillage direct broadcasting (Liu et al., 2010). Of course, further study is needed to  
492 accurately quantify the potential benefits of the above-listed measures.

493 Two limitations of this research are worth mentioning. First, the simulation of relay  
494 intercropping system with crop process models has been severely constrained by data availability.  
495 In our case, due to the lack of field observations of soil temperature and surface wind speed change  
496 during the co-growth period of wheat and maize, the effects of such micro weather conditions on  
497 crop inspiration, soil evaporation, crop growth and yield of wheat and maize are not considered.  
498 For the regional simulations, it is impossible to fully meet the heavy input requirement of the  
499 DSSAT model without some simple assumptions in management practices and such simplification  
500 may limit the regional performance of up-scaled DSSAT model and introduce bias in to the

501 estimations of regional irrigation water demand and crop production. Second, existing studies  
502 suggest that the soil water balance simulation method in the DSSAT model needs to be improved  
503 by employing more mechanistic approaches (Soldevilla-Martinez et al., 2014). While potential  
504 water-saving benefit can be estimated from cropping system adaptation using the DSSAT crop  
505 model as we have done in the research, the effects of such water-saving benefits to the groundwater  
506 recharge and local water resources need to be further studied by coupling the DSSAT with regional  
507 hydrological models, which in turn needs more detailed and spatially explicit information on  
508 irrigation sources from surface water and groundwater (Negm et al., 2014; McNider et al., 2015).  
509

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639

640 Table 1. Cultivar coefficients of maize in Sequential double cropping and Relay intercropping

Parameters	Sequential double cropping		Relay intercropping
	Beijing (CF 024)	Jining (Nongda 108)	Tangyin (Zhengdan 958)
P1	180	230	277
P2	0.3	0.4	1.05
P5	685	830	787
G2	730	760	711
G3	8.0	6.0	10.0
PHINT	44	39	48

641 Note: P1: duration of the juvenile phase; P2: photoperiod sensitivity; P5: duration of the reproductive phase; G2:  
642 kernel number; G3: kernel growth rate; PHINT: phyllochron interval. See Jones et al. (2003) for technical details.

643 Source: Binder et al. (2008), Fang et al. (2010) and our calibration.

644

645 Table 2. Cultivar coefficients of winter wheat

Parameters	Beijing (Jindong 8)	Jining (cv. 93-52)	Tangyin (Zhengzhou 761)
P1V	35	50	40
P1D	50	60	40
P5	500	440	450
G1	20	27	26
G2	36	25	40
G3	1.8	1.5	1.55
PHINT	95	80	85

646 Note: P1V: vernalization; P1D: photoperiod sensitivity; P5: grain filling duration; G1: kernel number; G2: kernel  
647 weight; G3: spike number; PHINT: phyllochron interval. See Jones et al. (2003) for technical details.

648 Source: Binder et al. (2007), Fang et al. (2010 b), Liu and Tao (2013)

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Table 3. Calibration and validation of relay-intercropped maize at Tangyin site

Year	Anthesis day (DAP)			Maturity day (DAP)			Production (kg/ha)			
	Sim	Obs	MRE	Sim	Obs	MRE	Sim	Att	MRE	RMSE
Calibrations	65	68	4.41%	112.5	114	1.32%	9098.5	9190	-0.99%	464.6
Validations	68	68.5	0.73%	113	117	3.42%	9024.5	9190	-1.80%	282.14

653

Note: Calibrations are based on observations in 2002 and 2005. Validations are based on observations of 2006 and

654

2008. Sim is simulation, Obs is observation, Att is attainable yield, MRE is relative error, RMSE is root mean square

655

error, DAP is days after planting.

656

657

Table 4. Comparison of the E-M with summer maize under the WM-S regime at Jining and

658

Beijing sites (2001-2010)

	Jining			Beijing				
	E-M (a)	Summer Maize (b)	Change (%) (c = a/b - 1)	E-M (d)	Summer maize (e)	Change (f = d/e - 1)	Spring maize (g)	Change (%) (h = d/g - 1)
Yield (kg/ha)	8409.5	6287.5	33.7%	8593.5	6058.6	41.8%	9000	-4.52%
ET (mm)	390.4	326.7	19.5%	364.4	311.3	17.5%	463.9	-21.5%
Irrigation (mm)	50	50	--	50	50	--	133	--
WUE (kg/mm)	20.54	18.24	12.6%	23.58	19.46	21.2%	19.4	21.6%

659

Source: Site experiment observations of spring maize are for 2005 and 2006, and reported in Sun et al. (2011).

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662 Table 5. Changes in wheat areas, total grain output, and irrigation water consumption (IWC)  
 663 under the regional cropping system adaptation strategy

	Winter fallow area		Change in total grain output		Change in IWC	
	10 <sup>3</sup> ha	% of existing wheat area	10 <sup>3</sup> ton	% of existing total output	10 <sup>6</sup> m <sup>3</sup>	% of existing IWC
Beijing	47.21	22.45	98.5	4.47	-114.04	-18.15
Tianjin	95.99	48.81	-238.3	-10.91	-251.07	-42.88
Hebei	1749.26	68.98	-6400.8	-19.80	-4373.02	-57.84
Jiangsu	0.00	0.00	581.9	13.41	11.59	2.09
Anhui	0.00	0.00	802.1	13.60	10.96	2.30
Shandong	336.81	9.30	3364.4	11.18	-572.55	-7.35
Henan	233.30	7.34	1792.1	8.78	-330.64	-6.11
<b>NCP total</b>	<b>2462.57</b>	<b>20.45</b>	<b>0.0</b>	<b>0.00</b>	<b>-5618.77</b>	<b>-24.42</b>

664 Note: The increased irrigation water consumption by the E-M in comparison with local summer maize leads to the  
 665 departure between the percentage change of IWC and that of wheat fallow area.

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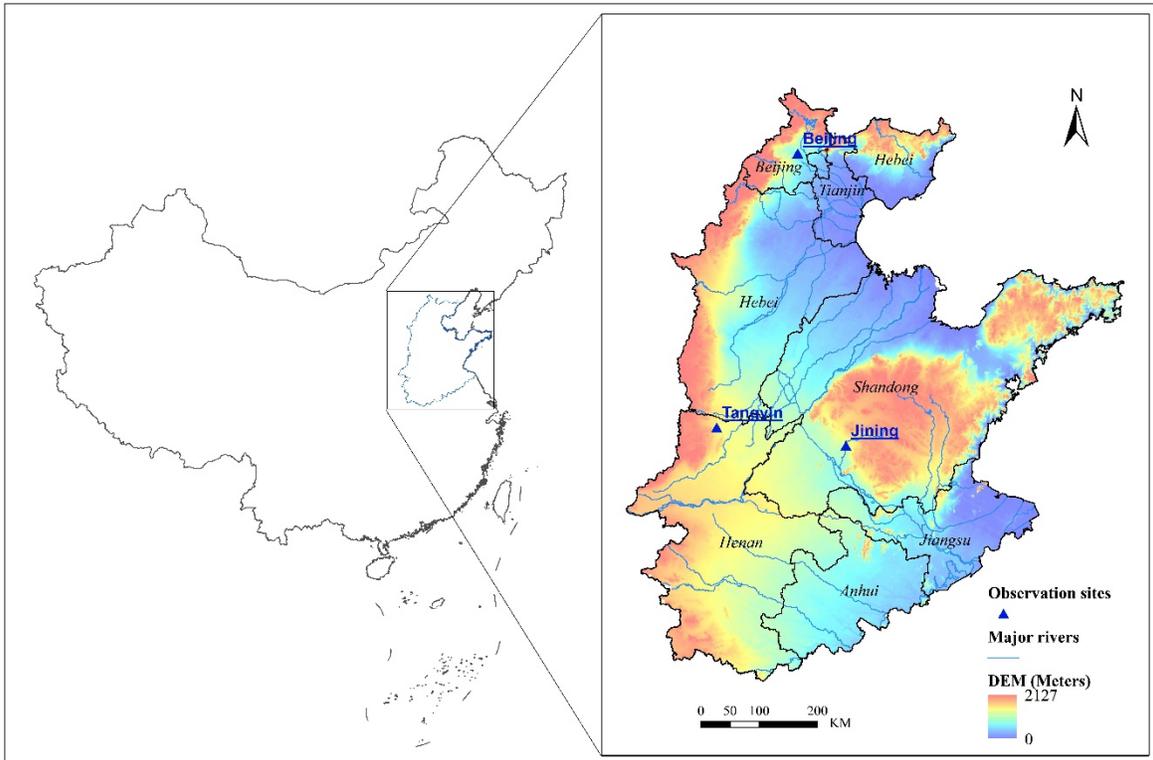
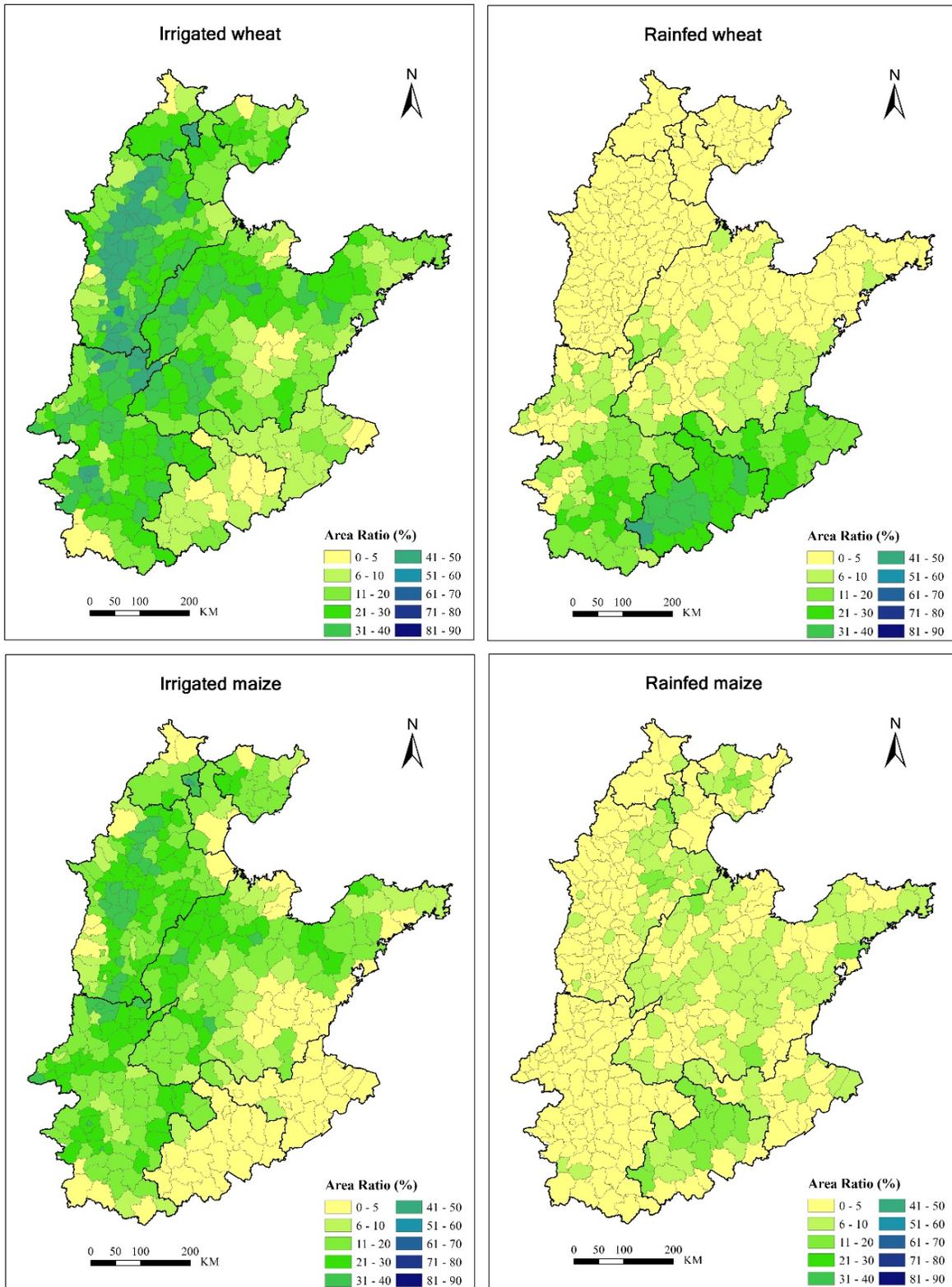


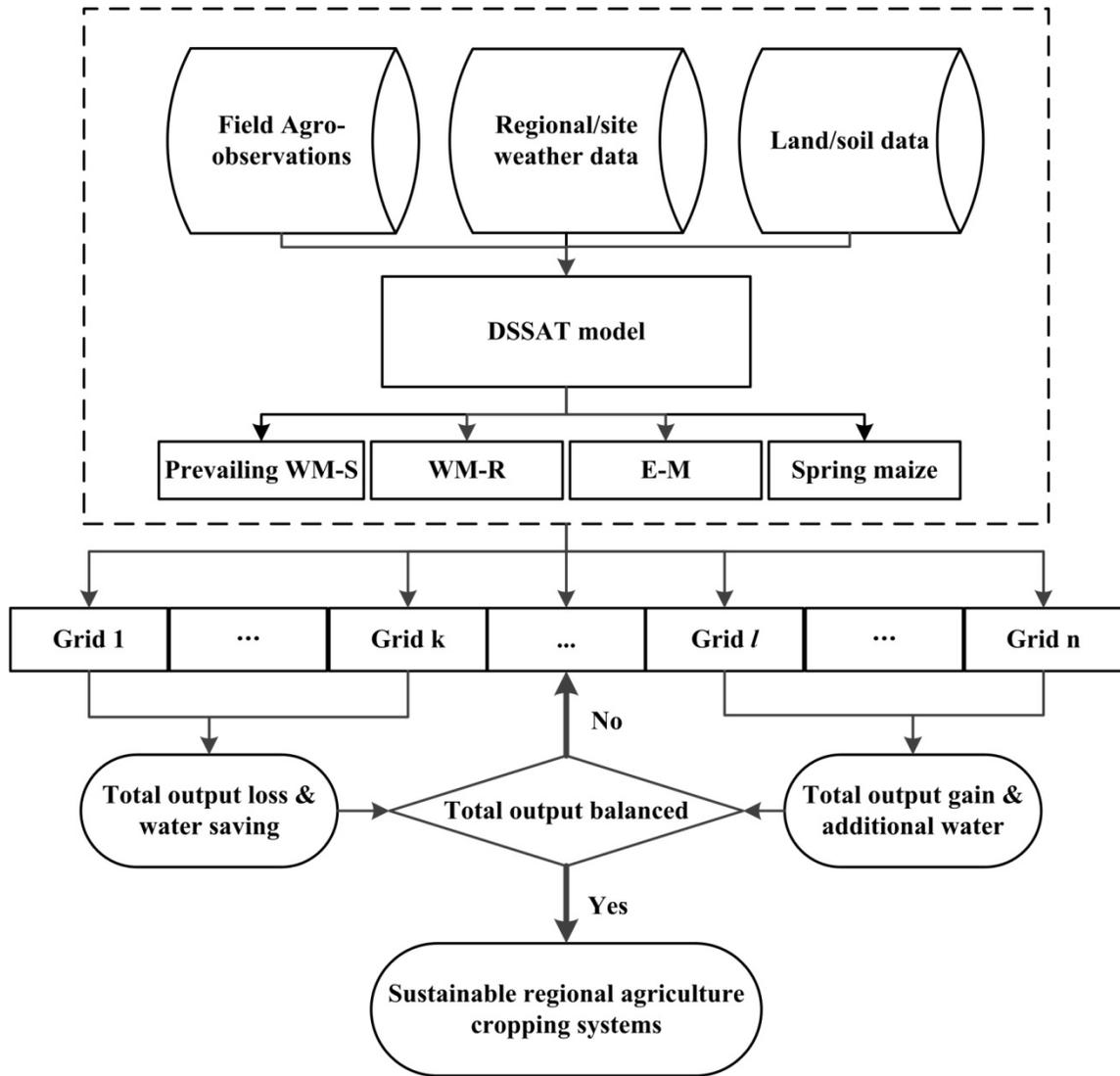
Figure 1. The North China Plain and observation sites



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Figure 2. Area ratio of irrigated and rainfed wheat and maize to the total cropland at the county level in the NCP in year 2000

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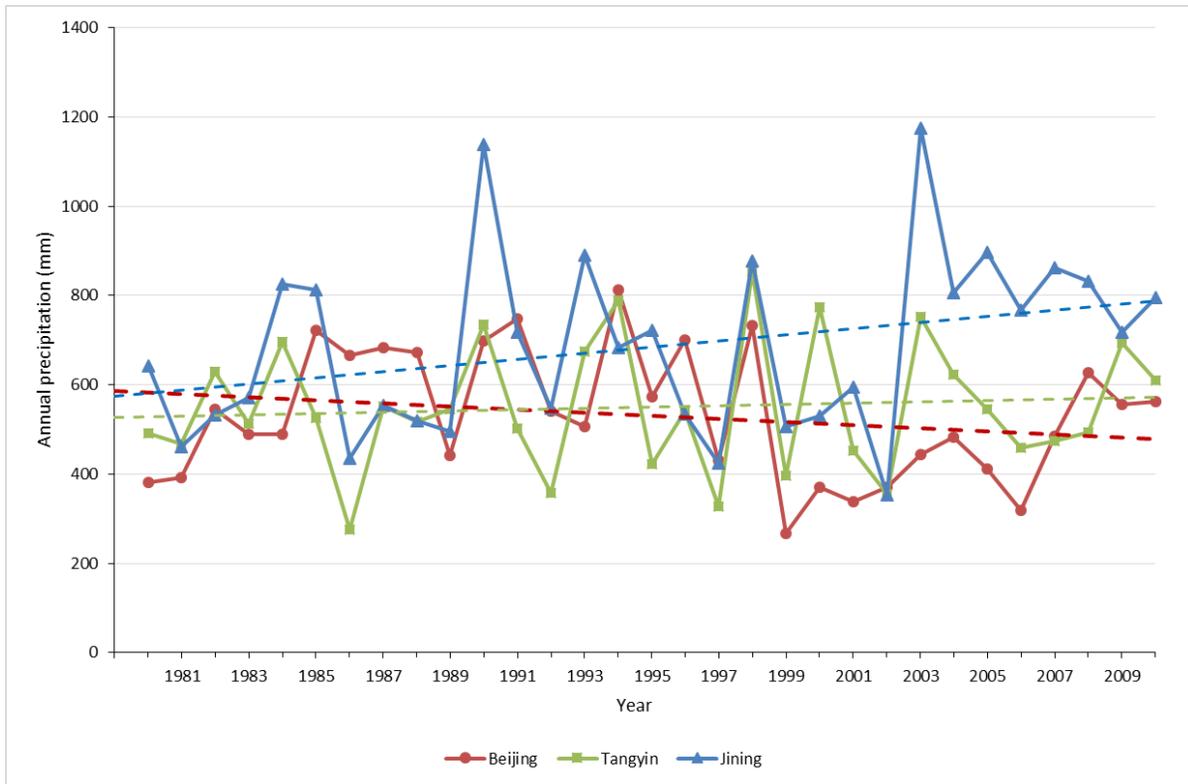


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Figure 3. Flow chart for establishing the regional cropping systems adaptation strategy

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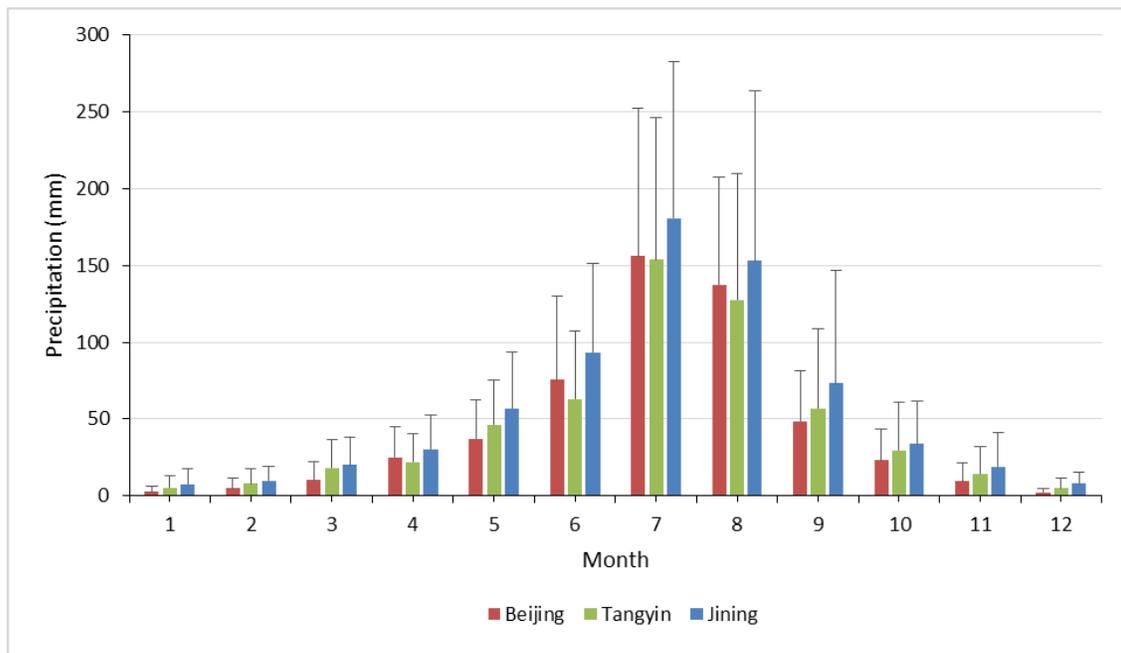


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Figure 4. Observed annual precipitation at Jining, Tangyin and Beijing sites in 1980-2010

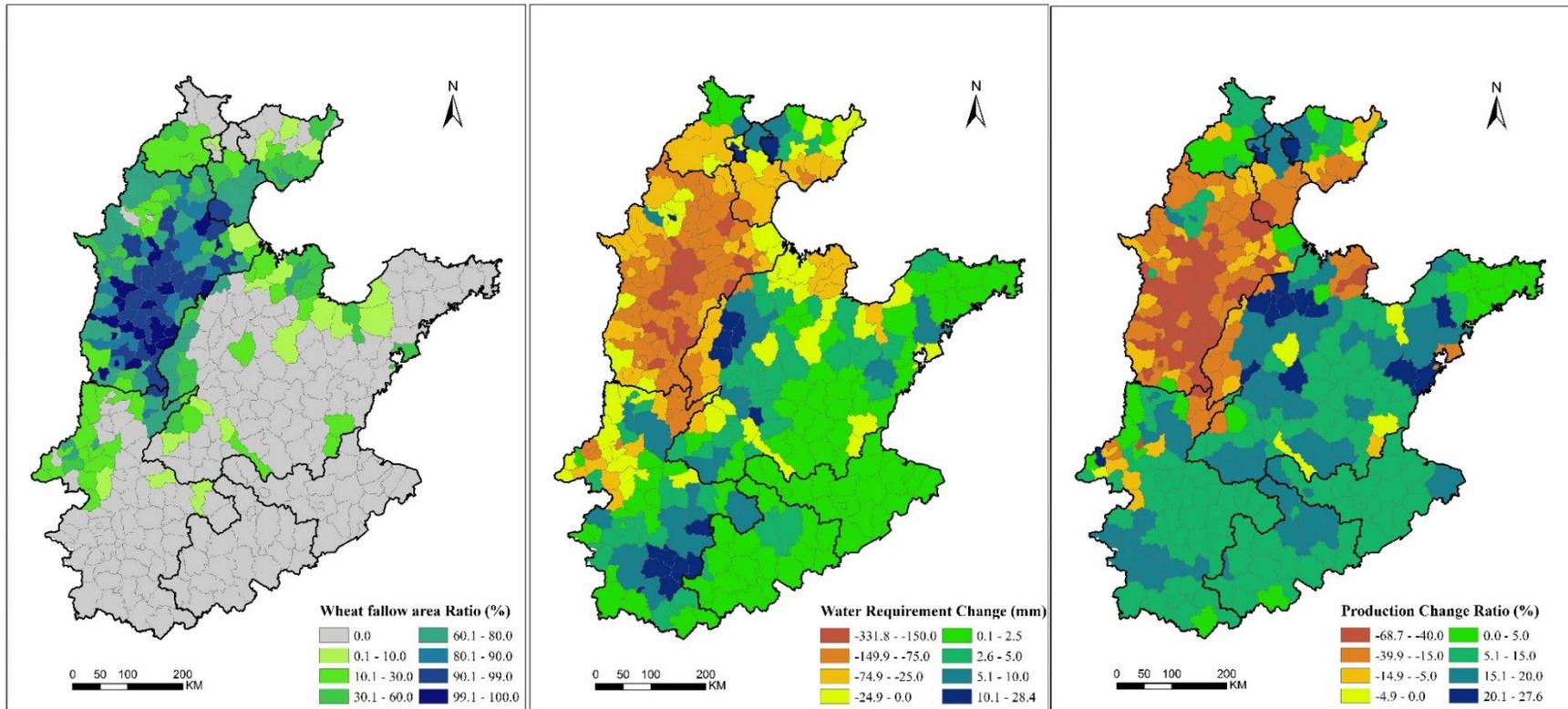
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Figure 5. Average monthly precipitation at Beijing, Tangyin and Jining sites over 1980-2010



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 682 Figure 6. Area ratio of winter fallow (Left), change of water requirement (Central) and changes in total grain production (Right) at the  
 683 county level (2001-2010)  
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