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Can fisheries-induced evolution shift reference points for fisheries management?

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9 **Abstract**

10 Biological reference points are important tools for fisheries management. Reference
11 points are not static, but may change when a population's environment or the population
12 itself changes. Fisheries-induced evolution is one mechanism that can alter population
13 characteristics, leading to “shifting” reference points by modifying the underlying
14 biological processes or by changing the perception of a fishery system. The former causes
15 changes in “true” reference points, whereas the latter is caused by changes in the
16 yardsticks used to quantify a system's status. Unaccounted shifts of either kind imply that
17 reference points gradually lose their intended meaning. This can lead to increased

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18 precaution, which is safe, but potentially costly. Shifts can also occur in more perilous
19 directions, such that actual risks are greater than anticipated. Our qualitative analysis
20 suggests that all commonly used reference points are susceptible to shifting through
21 fisheries-induced evolution, including the limit and “precautionary” reference points for
22 spawning-stock biomass, B_{lim} and B_{pa} , and the target reference point for fishing mortality,
23 $F_{0.1}$. Our findings call for increased awareness of fisheries-induced changes and highlight
24 the value of always basing reference points on adequately updated information, to capture
25 all changes in the biological processes that drive fish population dynamics.

26

27 Keywords: biological reference points, fisheries-induced evolution, fisheries
28 management, population dynamics, precautionary approach, uncertainty.

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84 **Introduction**

85 Reference points are tools that facilitate assessing the status of a fishery system in relation
86 to management objectives (Table 1). Over the last two decades, reference points have
87 become established as important tools for fisheries management (FAO, 1996; Gabriel and
88 Mace, 1999; ICES, 2007a). Fishery reference points are expressed as targets that

89 management should aim to reach, or as limits beyond which a system should not pass
90 (Caddy and Mahon, 1995; Mace, 2001). Reference points are most commonly based on
91 stock-recruitment relationships, yield-per-recruit relationships, or production models.
92 Inherent to these models are the influences of growth, reproduction, and survival on
93 population dynamics. If these underlying processes change over time, the “true” values
94 of reference points that depend on them change accordingly. In particular, any trend in a
95 stock’s life-history traits will have demographic repercussions that could lead to a gradual
96 change in their true values. Similarly, a trend in life-history traits can lead to a gradual
97 change in our perception of a system’s state relative to its reference points. We refer to
98 both types of gradual change collectively as “shifting” reference points. Such shifts
99 should be accounted for if reference points are to maintain their intended interpretation
100 and utility for management.

101 Fisheries-induced evolution (FIE, Table 1) is a mechanism that can alter life-history
102 traits and resultant stock properties directionally, causing reference points to shift.
103 Starting from the seminal articles by Silliman (1975), Ricker (1981), Law and Grey
104 (1989), and Rijnsdorp (1993), there is an increasing body of observational studies,
105 experiments, and theoretical work supporting the hypothesis that fishing causes
106 contemporary evolution in traits related to growth, maturation, and fecundity (for reviews,
107 see Jørgensen *et al.*, 2007; Kuparinen and Merilä, 2007; Conover and Baumann, 2009;
108 Dieckmann *et al.*, 2009; Dunlop *et al.*, 2009b; Sharpe and Hendry, 2009). FIE is therefore
109 likely contributing to many of the ubiquitous phenotypic changes in fish life histories
110 (e.g., Trippel, 1995; Hutchings and Baum, 2005; Hsieh *et al.*, 2010), even though
111 phenotypic field studies alone can never conclusively prove that an observed phenotypic

112 change has a genetic component or a particular cause (e.g., Dieckmann and Heino, 2007;
113 Kuparinen and Merilä, 2007).

114 FIE is not the only source of concern regarding directional changes in reference points.
115 Fishing also changes life histories through phenotypic plasticity, and these changes often
116 occur in the same direction as the effects of evolution (e.g., Trippel, 1995). For example,
117 a well-documented compensatory response to fishing is earlier maturation due to the
118 faster body growth that may occur when population density is reduced by fishing (Trippel,
119 1995). The term fisheries-induced adaptive change (Table 1) covers such plastic changes
120 together with evolutionary changes. Furthermore, factors that are exogenous to fishery
121 systems (e.g., regime shifts, eutrophication or other changes in productivity, climate
122 change) alter fish population dynamics, and consequently may cause shifts in reference
123 points (e.g., Cook and Heath, 2005; Kell *et al.*, 2005; Köster *et al.*, 2009).

124 Management decisions based on reference points that do not account for directional
125 changes in life histories may become either more or less precautionary than originally
126 intended. As a concrete example, ICES continues to use a maturity ogive from the early
127 1980s in their stock assessment of North Sea plaice (Enberg *et al.*, 2010), despite evidence
128 for significant changes in life-history traits (van Walraven *et al.*, 2010, and references
129 therein). Since not all reference points utilize the same biological information (Gabriel
130 and Mace, 1999; Hall and Mainprize, 2004), the robustness of any particular reference
131 point to FIE will depend on which data are used to establish it, which traits are affected
132 by FIE, and how large the resultant changes are.

133 The objective of this article is to assess how currently used reference points are
134 expected to shift as a result of FIE and to draw attention to possible management
135 implications. We restrict the analysis to situations in which a fish population with an

136 iteroparous life history is adapting to ongoing exploitation of both immature and mature
137 fish. We compare how reference points based on the current life history differ from those
138 estimated in the past, when no or less FIE had occurred. Specifically, we do not consider
139 consequences of future FIE in this assessment (which is the remit of evolutionary impact
140 assessments or EvoIAs; Jørgensen *et al.*, 2007; Laugen *et al.*, 2013). We first review the
141 possible influences of FIE on life-history traits, stock dynamics, and productivity, and
142 then examine how such changes are expected to affect various types of reference points.

143 **Fisheries-induced evolution and its consequences for the dynamics** 144 **and productivity of fish stocks**

145 The potential for sustainably exploiting a fish stock depends on stock renewal through
146 recruitment and on how existing individuals grow and die. These processes are influenced
147 by life-history traits such as those governing maturation, reproductive effort, and somatic
148 growth. As the basis for understanding how reference points are influenced by FIE, this
149 section provides an overview of how FIE might influence these life-history traits, and
150 how these changes then influence fish population dynamics and the fishery (Fig. 1). We
151 focus on the evolution of growth rates, maturation schedules, and reproductive efforts
152 because FIE in these traits is theoretically best understood and empirically most widely
153 documented, and also because such changes have direct consequences for stock dynamics
154 and productivity (Law and Grey, 1989; Kaitala and Getz, 1995; Heino, 1998; Ernande *et*
155 *al.*, 2004; de Roos *et al.*, 2006; Andersen and Brander, 2009; Dunlop *et al.*, 2009a; Enberg
156 *et al.*, 2009, 2010; Jørgensen *et al.*, 2009; Okamoto *et al.*, 2009; Matsumura *et al.*, 2011;
157 Vainikka and Hyvärinen, 2012).

158 **Individual-level consequences of FIE**

159 In general terms, fishing, like any other factor reducing life expectancy, can be expected
160 to lead to the evolution of “faster” life histories: under many fishing regimes, fish improve
161 their lifetime reproductive success by reaping fitness gains early in life, even if this trades
162 off with their survival and reproduction later on. Such an acceleration of life histories can
163 result from changes in a number of traits (for a general discussion, see Jeschke and Kokko,
164 2009).

165 When fishing increases the mortality of both immature and mature fish, evolution
166 towards earlier maturation is expected (Law, 2000). All else being equal, earlier
167 maturation increases the abundance of potential spawners (Enberg *et al.*, 2010). An
168 average spawner will be younger and smaller; the latter because of the younger age, but
169 also because encountering the trade-off between growth and reproduction earlier in life
170 leads to smaller body size at age (Enberg *et al.*, 2012). Average per capita fecundity will
171 be reduced, because gonad size and fecundity show an isometric or positively allometric
172 relationship with body weight (Roff, 1983). Moreover, the duration of spawning can
173 decline with female body size or age, as shown for some batch spawners (Rijnsdorp, 1989;
174 Kjesbu *et al.*, 1996). Furthermore, size-dependent maternal effects have been observed in
175 several fish species, with smaller and younger females producing offspring that suffer
176 from lower viability compared to offspring of larger and older females (Birkeland and
177 Dayton, 2005; but see Marshall *et al.*, 2010). When present, such maternal effects may
178 aggravate the negative impacts of FIE on per capita reproductive capacity.

179 Theory also suggests that FIE will increase reproductive effort among mature
180 individuals, leading not only to elevated fecundity in relation to body size, but also to a
181 reduced frequency of skipped spawning (Jørgensen *et al.*, 2006). Increased energy

182 allocated to reproduction will lessen somatic growth and therefore negatively impact
183 fecundity later in life (Roff, 1983). Furthermore, increased reproductive effort might
184 reduce survival (Gunderson, 1997; Kuparinen and Hutchings, 2012). Current models
185 (Andersen and Brander, 2009; Dunlop *et al.*, 2009a, c; Enberg *et al.*, 2009; Matsumura *et*
186 *al.*, 2011) suggest that the FIE of reproductive effort might be relatively slow, and only
187 of modest magnitude. In line with these expectations, empirical studies of exploited
188 stocks have so far reported little or no change in reproductive effort (Yoneda and Wright,
189 2004; Rijnsdorp *et al.*, 2005; Baulier, 2009; Nusslé *et al.*, 2009; Thomas *et al.*, 2009; van
190 Walraven *et al.*, 2010; Wright *et al.*, 2011). It thus appears that earlier maturation, rather
191 than elevated reproductive effort, more readily absorbs the selection for a faster life
192 history.

193 For adult fish, the aforementioned changes in maturation and reproductive effort
194 cause somatic growth to decrease. Positively size-selective fishing mortality may further
195 favour evolution towards smaller adult size. For juvenile fish, the situation is more
196 complex (Enberg *et al.*, 2012): current models show that evolution towards either faster
197 or slower growth is possible (Andersen and Brander, 2009; Dunlop *et al.*, 2009c; Enberg
198 *et al.*, 2009; Wang and Höök, 2009; Matsumura *et al.*, 2011). This is because, under
199 conditions of positively size-selective fishing, reduced somatic growth lessens an
200 individual's cumulative exposure to fishing mortality, but this fitness benefit comes at a
201 cost: cumulative energy intake is reduced, time to reach maturation size is prolonged, and
202 individuals maturing at smaller sizes will have reduced fecundity, implying three types
203 of fitness cost of reduced somatic growth (Bodin *et al.* 2012; Enberg *et al.*, 2012).
204 Furthermore, smaller size usually leads to higher predation mortality, amounting to a
205 fourth type of fitness cost. The balance among all resultant selection pressures needs to

206 be addressed on a case-by-case basis; an expectation of slower growth based on the
207 widely recognized laboratory experiment by Conover and Munch (2002) is not readily
208 generalized (Enberg *et al.*, 2012).

209 The aforementioned life-history adaptations caused by fishing may result in increased
210 natural mortality (Jørgensen and Fiksen, 2010). This is a compound effect of several
211 potential mechanisms. First, as already mentioned, decreased growth can result in
212 increased mortality from predation because the latter usually declines with body size
213 (Heino and Godø, 2002; Jørgensen and Fiksen, 2010). Second, increased fishing mortality,
214 by devaluing future, favours more risky behaviours (e.g., foraging and mating
215 behaviours), in turn implying higher natural mortality. Third, increased investment in
216 reproduction may elevate the mortality costs of reproduction (Jørgensen and Fiksen,
217 2010). While there is empirical evidence for increased natural mortality in some fish
218 stocks, in accordance with these predications, the observed effects could alternatively be
219 explained by non-evolutionary changes (Jørgensen and Holt, 2013).

220 **Population-level consequences of FIE**

221 Any evolutionary changes in individual traits that affect recruitment or mortality will have
222 population-level consequences. Combining insights from life-history theory and models
223 of FIE, we are now beginning to understand the generalities that apply to population-level
224 consequences of FIE. Synthesizing current knowledge, we derive two main predictions.
225 First, we can often expect that a population that adapts to fishing can maintain higher
226 population biomass under fishing than a population not adapted to fishing would under
227 the same conditions; conversely, if fishing is stopped after a population has been adapting
228 to fishing, it will usually recover to a lower equilibrium biomass (i.e., carrying capacity)
229 than observed before fishing started. Second, when fishing drives evolution towards faster

230 life histories, the consequence is that, at least initially, maximum population growth rate
231 will often increase. The reasoning behind these predictions is given below. The
232 predictions are not fully general, but we argue that they are general enough to guide us
233 further in understanding how FIE may change reference points.

234 To understand the reasoning behind the predicted population-level consequences of
235 FIE, we need to review life-history theory that is somewhat technical and little known
236 outside of theoretical biology. Below we first introduce the general theory underlying the
237 predictions, discuss the specific predictions and the conditions under which they apply,
238 and finally, review the supporting evidence.

239 A population's equilibrium biomass in the absence of fishing is a measure of its
240 carrying capacity K . This metric is jointly determined by the environment in which a
241 population lives and by its current life history. Consequences of FIE on population
242 biomass can be assessed based on so-called pessimization principles derived from life-
243 history theory (Mylius and Diekmann, 1995; Metz *et al.*, 2008). These principles
244 generalize the earlier, less general predictions that evolution maximizes a population's
245 equilibrium size (Roughgarden, 1976), or more specifically, the equilibrium size of the
246 population's age group that is critical for its density regulation (Charlesworth, 1994). In
247 general, pessimization principles state that the life-history trait that allows a population
248 to persist under the worst environmental condition cannot be invaded by any other such
249 trait (Mylius and Diekmann, 1995; Metz *et al.*, 2008). This implies that the biomass is
250 maximized of the life stage that is critical for the population's density regulation. It must
251 be noted, however, that this general prediction only holds for populations regulated by a
252 single source of density dependence (in which the strength of density regulation depends
253 on just a single quantitative feature of the population or its environment).

254 The pessimization principle has interesting implications. For example, for a
255 population in which density regulation occurs only at the newborn stage, theory predicts
256 that evolution maximizes newborn abundance, and thus, spawning-stock biomass (as the
257 former usually requires the latter), provided that the stock-recruitment relationship is not
258 overcompensatory. Thus, the life history that is best adapted to the current conditions is
259 also the one that has the highest spawning-stock biomass under these conditions. This
260 implies that a population that is adapted to fishing is able to maintain a higher equilibrium
261 spawning-stock biomass in the presence of fishing than a hypothetical population that is
262 exposed to the same fishing pressure without being adapted to it. Likewise, a population
263 adapted to fishing will have a lower equilibrium spawning-stock biomass in the absence
264 of fishing, and thus a reduced carrying capacity K , than its hypothetical counterpart best
265 adapted to the fishing-free environment.

266 A more heuristic argument as to why FIE reduces K can be made by noting that in
267 general, better adaptation to one particular set of conditions trades off against adaptedness
268 under other conditions. Thus, good performance under fishing occurs at the expense of
269 good performance in the absence of fishing (Conover, 2000; Heino and Dieckmann, 2008;
270 Jørgensen *et al.*, 2008). When equilibrium population biomass is a relevant metric of
271 performance (which it is under a suitable pessimization principle), the equilibrium
272 population biomass a population would reach in the absence of fishing (that is, K) is
273 expected to decline under FIE. This effect is readily seen in evolutionary fish population
274 models (Enberg *et al.*, 2009; Kuparinen and Hutchings, 2012).

275 In populations in which density regulation comes from multiple sources—for example,
276 through density-dependent survival among newborns and from density-dependent
277 somatic growth during later life stages—the pessimization principle no longer holds.

278 Nevertheless, when there is a single dominant source of density regulation, the
279 corresponding pessimization principle can still serve as an approximation, although it is
280 difficult to assess how accurate such an approximation will be. For example, in a model
281 including density regulation in recruitment (pre-recruit survival declines as population
282 egg production increases) and in somatic growth (growth declines as total population
283 biomass increases), Enberg *et al.* (2009) showed that FIE causes total population biomass
284 to increase relative to the hypothetical non-adapted population. When fishing ceases, the
285 adapted population recovers to a lower *total population biomass* than the non-adapted
286 population. Thus, the model shows behaviour that is in agreement with the expectations
287 based on the pessimization principle for populations in which density regulation depends
288 solely on total population biomass. In other words, from an evolutionary perspective,
289 growth regulation dominates recruitment regulation in the analysed model. In line with
290 this conclusion, the model also shows that a population adapted to fishing recovers to a
291 higher *spawning-stock biomass* than the non-adapted population, which, as expected,
292 contradicts what would apply to a purely recruitment-regulated population.

293 The result that populations adapted to fishing can maintain higher population biomass
294 under fishing than those with the original, non-adapted life history has now been reported
295 in several models (Enberg *et al.*, 2009, 2010), the most extreme case being that the non-
296 adapted population goes extinct (Kaitala and Getz, 1995; Heino, 1998). That a population
297 adapted to fishing recovers to a lower equilibrium total biomass under a fishing
298 moratorium has been found in models by Enberg *et al.* (2009) and Kuparinen and
299 Hutchings (2012). Recovery to a lower equilibrium spawning-stock biomass under a
300 fishing moratorium could also occur, in the special case that previous fishing has led to
301 an evolutionary regime shift (de Roos *et al.*, 2006).

302 Consequences of FIE on maximum population growth rate (r_{\max}) can be predicted by
303 combining insights from life-history theory with fundamentals of population demography.
304 The rate r_{\max} is defined by the Euler-Lotka equation and measures a population's
305 instantaneous growth rate at low density (i.e., in the absence of negative effects of density
306 dependence) and in the absence of fishing. Another metric, the basic reproduction ratio
307 (R_0 , also called the expected lifetime reproductive success), measures relative population
308 growth on a generational time scale; like for r_{\max} , we assume that R_0 is evaluated at low
309 density and in the absence of fishing. Despite their ignoring of population regulation,
310 these measures are useful in determining evolutionary outcomes in density-regulated
311 populations, but, as already discussed above, only in those that are regulated by a single
312 source of density dependence (Mylius and Diekmann, 1995; Metz *et al.*, 2008).
313 Specifically, when density dependence reduces the expected lifetime production of
314 offspring in a multiplicative manner—like in fish populations that are recruitment-
315 regulated—the life history maximizing R_0 corresponds to an evolutionary optimum in that
316 environment. In this case, a fish population adapted to its natural environment possesses
317 the maximum possible R_0 , so any change in its life history lowers R_0 . A change caused
318 by FIE is no exception to this rule, and thereby will necessarily decrease R_0 in the
319 environment without fishing (Fig. 2). When such a life-history change occurs in the
320 direction of faster life histories (e.g., through earlier maturation), r_{\max} will simultaneously
321 increase, at least as an initial response. This somewhat counterintuitive result is obtained
322 because in viable populations (with $r_{\max} > 0$), r_{\max} is maximized for a life history that is
323 “faster” than the one maximizing R_0 , barring some artificial examples (J. A. J. Metz, pers.
324 comm.). A heuristic explanation is that in viable populations an offspring produced late
325 in life counts less towards determining r_{\max} than one produced early in life, whereas

326 offspring produced early and late in life are equally valuable for determining R_0 .
327 Therefore, it is possible to increase r_{\max} while decreasing R_0 .

328 The prediction of increased r_{\max} is supported by models showing that populations
329 adapted to fishing can tolerate higher fishing pressures than non-adapted populations
330 (Kaitala and Getz, 1995; Heino, 1998; Enberg *et al.*, 2009), and that the slope at the origin
331 in their stock-recruitment relationships increases (Enberg *et al.*, 2010). The limitations to
332 the generality of this prediction is that it may not apply to populations that are not
333 recruitment-regulated, and that it may not apply after the early phases of FIE.
334 Nevertheless we know of no example showing a significant deviation from this prediction.
335 A slight decrease in population growth rate was observed by Kuparinen and Hutchings
336 (2012) in a model population that was regulated through both somatic growth and
337 recruitment, and for which the prediction based on recruitment-regulated populations
338 does not apply. A larger effect was reported by Hutchings (2005), who showed that in a
339 model of cod a reduction in the age at maturation from 6 to 4 years could result in a
340 reduced r_{\max} (or more precisely, in a reduction of the proxy for r_{\max} considered in that
341 study). However, reduced age at maturation was an assumption, not an outcome of
342 evolution. Consequently, what Hutchings (2005) showed was that a reduced age at
343 maturation can reduce r_{\max} , but not that FIE reduces r_{\max} . Thus, we consider the prediction
344 that FIE increases maximum population growth rate as a good working hypothesis, in the
345 absence of evidence to the contrary.

346 **Fishery-level consequences of FIE**

347 FIE can have important implications for fisheries. The most dramatic consequence is that
348 FIE might allow a population to avoid extinction caused by excessive fishing (Kaitala and
349 Getz, 1995; Heino, 1998; Ernande *et al.*, 2004; Enberg *et al.*, 2009). Other effects,

350 however, are often negative from a human perspective. Spawning stock consisting of
351 young and small individuals may reduce a population's resilience to low-frequency
352 environmental perturbations (Longhurst, 2002; Jørgensen *et al.*, 2008). FIE will usually
353 lead to smaller average adult size (Heino, 1998; Matsumura *et al.*, 2011), while consumers,
354 recreational anglers, and the fishing industry tend to prefer large fish and are willing to
355 pay a price premium for such fish (Hilborn and Walters, 1992; Oh *et al.*, 2005;
356 Zimmermann *et al.*, 2011). Models also suggest that FIE leads to reduced sustainable
357 yield (Law and Grey, 1989; Heino, 1998; Andersen and Brander, 2009; Matsumura *et al.*,
358 2011; Vainikka and Hyvärinen, 2012), and experimental work supports these results
359 (Edley and Law, 1988; Conover and Munch, 2002). Moreover, FIE may also result in
360 reduced overall catchability when the vulnerability to capture is a heritable trait (Philipp
361 *et al.*, 2009).

362 Finally, FIE will influence fishery advice, even when it is not explicitly accounted for.
363 Management advice is based on estimating the past and predicting the future. The advice
364 is therefore influenced by changing stock parameters, with FIE being one of the drivers
365 of such change. An important avenue through which FIE will influence advice is that
366 reference points for fisheries management are likely to change, as we shall show below.

367 **Consequences of fisheries-induced evolution for reference points**

368 In this section we review how FIE might influence reference points that are often used in
369 fisheries management. We start with reference points based on stock-recruitment
370 relationships and yield-per-recruit analyses that focus on certain parts of the life cycle. In
371 contrast, production models cover the whole life cycle but in much less detail. Finally,
372 we briefly discuss reference points based on virgin biomass.

373 **Reference points based on stock-recruitment relationships**

374 Stock-recruitment relationships describe the average relationship between the size of a
375 stock's spawning component and its offspring production (e.g., Quinn and Deriso, 1999).
376 The spawning component is typically characterized by its spawning-stock biomass (*SSB*).
377 Offspring production is often measured as the mean number of recruits (*R*), defined as
378 members of the first age class for which effective abundance estimation becomes possible
379 (because such individuals appear either in catches or in surveys). Typically, stock-
380 recruitment relationships are not meant to account for variations in *R* through other
381 important factors, including environmental conditions and spawning-stock composition
382 (for exceptions, see e.g. Marshall *et al.*, 2000; Mantzouni *et al.*, 2010). Stock-recruitment
383 relationships thus mainly capture two biological processes: spawning limitation (when
384 few fish spawn, *R* increases with *SSB*) and survival limitation (when many fish spawn,
385 pre-recruit survival is diminished through density regulation).

386 The most commonly used stock-recruitment models are the Ricker model and the
387 Beverton-Holt model (Quinn and Deriso, 1999). These specify, respectively, humped
388 (over-compensatory) and monotonically increasing (compensatory) dependences of *R* on
389 *SSB*. However, for many fish stocks, stochasticity in *R* overwhelms the average effect of
390 *SSB* on *R* across a large range of *SSB*. Stock-recruitment relationships can then be
391 approximated in a piecewise fashion by two linear parts: (i) *R* is proportional to *SSB* when
392 *SSB* is low, and (ii) *R* is constant, and thus independent of *SSB*, when *SSB* is high (Fig.
393 3). When fisheries management aims to avoid recruitment overfishing, *SSB* must be
394 prevented from falling below the range across which *R* is thought to be constant. The
395 lower boundary B_{lim} of that range thus assumes the role of a limit reference point,
396 operationally defined through the simplistic “hockey-stick” stock-recruitment

397 relationship just described (ICES, 2007a). By analyzing how FIE may affect stock-
398 recruitment relationships and estimations of SSB , we can assess its impacts on B_{lim} , as
399 well as on the reference points whose values depend on B_{lim} by definition: the
400 precautionary reference point B_{pa} , and the corresponding fishing-mortality reference
401 points F_{lim} and F_{pa} (Table 1).

402 Stock-recruitment relationships of the simple form described above are determined
403 by two variables: at low SSB , by the mean number of recruits per spawning-stock biomass
404 (the slope of the relationship when R is proportional to SSB), and at high SSB , by the mean
405 number of recruits (the ceiling attained when R is constant). FIE can affect both values.
406 When recruitment at a given SSB is higher (R_+) or lower (R_-) than before, the
407 relationship's slope is, respectively, increased or decreased (Fig. 3a). This may occur
408 when FIE changes a species' reproductive investment (either in egg number or size), or
409 the survival of its pre-recruits. Figure 3a shows that R_+ lowers B_{lim} , whereas R_- shifts B_{lim}
410 to a higher value. Shifts of this kind are particularly likely when FIE causes earlier
411 maturation, because skewing spawning-stock composition towards younger and smaller
412 fish can lower pre-recruit survival (e.g., Kjesbu *et al.*, 1991; Trippel *et al.*, 1997;
413 Marteinsdóttir and Steinarsson, 1998; Brunel, 2010). Such evolutionary changes thus
414 raise B_{lim} . If undetected, implications of a raised B_{lim} for the sustainable exploitation of a
415 stock are potentially serious: fishing at levels based on the lower B_{lim} (uncorrected for
416 FIE) could diminish SSB below the actual threshold B_{lim} , and thus impair the stock's
417 reproductive potential.

418 Shifts in the ceiling of a stock-recruitment relationship can also be caused by FIE (R_+
419 and R_- in Fig. 3b). Reflecting the density-dependent survival of pre-recruits, such a ceiling
420 describes a stock's carrying capacity for pre-recruits expressed in the resultant number R

421 of recruits. For example, if FIE caused slower pre-recruit growth, without prolonging the
422 pre-recruit stage, each pre-recruit would require fewer resources, and the ceiling might
423 increase accordingly (R_+). By contrast, if FIE causes lower pre-recruit survival after the
424 early density-dependent phase, the ceiling might decrease (R_-). The ecological
425 mechanisms underlying changes in the ceiling's position could be manifold and naturally
426 become more involved when pre-recruits undergo ontogenetic niche shifts; generalized
427 predictions are therefore difficult to make. However, any changes in the ceiling that do
428 occur will alter B_{lim} . Figure 3b shows that R_+ raises B_{lim} , whereas R_- reduces B_{lim} . This
429 suggests that FIE towards slower pre-recruit growth could be most problematic, since it
430 may lead to the underestimation of B_{lim} , and thus to the stock's exploitation beyond safe
431 biological limits.

432 FIE not only alters stock-recruitment relationships, but may also bias estimations of
433 SSB (Enberg *et al.*, 2010; Rijnsdorp *et al.*, 2010). In practice, SSB is often estimated in
434 two steps. First, a stock's observed abundance-at-age structure is multiplied by the stock's
435 maturity ogive to determine the population size of its spawning component. Second, the
436 result is translated into SSB by multiplication with the stock's weight-at-age key and
437 summing this product over all mature ages. Because FIE can affect the maturity ogive as
438 well as the weight-at-age key, and because the former may not be updated in every
439 assessment cycle, FIE will interfere with such estimations of SSB . Naturally, the resultant
440 bias depends on the degree to which the maturity ogive used, and potentially the weight-
441 at-age key used, are determined by old data. For example, when FIE has shifted
442 maturation to younger ages, using an old ogive will underestimate SSB (SSB_- in Fig. 3c).
443 The same may happen if skipped spawning negatively biases maturity-at-age and FIE
444 has reduced the frequency of skipped spawning and thereby the bias (Jørgensen *et al.*,

2006). Conversely, when FIE has diminished the weight-at-age of mature fish, using an old weight-at-age key would result in an overestimation of SSB (SSB_+ in Fig. 3c). In terms of comparing SSB with B_{lim} , a systematic under- or overestimation of SSB bears the same risks for sustainable exploitation as if B_{lim} were, respectively, increased or decreased. In particular, when SSB is overestimated, recruitment overfishing becomes more likely.

Finally, FIE can affect stock-recruitment relationships beyond the simplified piecewise linear shapes assumed so far. In particular, FIE could lead to, or aggravate, the effects of depensation, that is, declining per capita reproductive success at low abundances. For example, once fishing has removed large fish and FIE has caused maturation at younger ages and smaller sizes, Allee effects (Myers *et al.*, 1995; Frank and Brickman, 2000) in the remaining spawning population of small fish may result in impaired reproduction. Given that stock-recruitment data tend to be scarce and highly variable at low SSB , reliable detection of depensation tends to be difficult (Shelton and Healey, 1999). This means that FIE not only changes limit reference points for recruitment overfishing, but can also elevate the risk of collapse once such limits are violated.

Reference points based on yield-per-recruit analyses

Yield-per-recruit analysis is a tool to study how the yield Y from a cohort, divided by the number of recruits R , depends on the fishing mortality rate F (age-unspecific, describing overall fishing intensity) and on the age-specific vulnerability to fishing, captured by the so-called selection pattern. Usually, the goal is to find a combination of fishing mortality rate and selection pattern that confers a high yield. Such analyses assume growth rates and natural mortalities to be constant and independent of changes in recruitment (Fig. 4a). The challenge is to find an exploitation regime that avoids harvesting fish too early, when

469 they have not yet realised much of their growth potential (growth overfishing; Table 1),
470 but also not too late, when too much of potential harvest is lost to natural mortality (Fig.
471 4b). A standard result derived from simple models (Beverton and Holt, 1957; Quinn and
472 Deriso, 1999) is that the maximum yield from a single cohort is obtained by harvesting
473 all fish at the age a_{opt} (Fig. 4b) at which a cohort's biomass reaches its maximum.

474 The selection pattern of an exploitation regime is assumed to be fixed and often has a
475 logistic shape (Fig. 4c) that can be summarized by the age a_{50} at which half of the maximal
476 selectivity is reached. If the selection pattern is such that harvesting starts late relative to
477 a cohort's peak biomass ($a_{50} > a_{\text{opt}}$), Y/R increases monotonically with F . In the more
478 typical alternative case (which we will focus on here) in which harvesting starts early
479 relative to a cohort's peak biomass ($a_{50} < a_{\text{opt}}$), the relationship between Y/R and F is
480 humped, and a finite fishing mortality rate, known as F_{max} , maximizes the yield from a
481 cohort (Fig. 5). Situations with $F > F_{\text{max}}$ will then lead to growth overfishing.

482 Yield-per-recruit relationships are the basis for defining two commonly used
483 reference points (e.g., Caddy and Mahon, 1995). The goal of maximizing yield and
484 avoiding growth overfishing suggests F_{max} as a biological reference point. However,
485 because F_{max} can be very sensitive to changes in growth, natural mortality, and selection
486 pattern, its use as a target reference point is discouraged (Quinn and Deriso, 1999).
487 Moreover, fishing at the rate F_{max} , even when accurately estimated and implemented,
488 could still result in recruitment overfishing (Hilborn and Walters, 1992; Table 1).
489 Therefore, F_{max} has largely been replaced by the more conservative reference point $F_{0.1}$,
490 which is defined as the fishing mortality rate for which the slope of the yield-per-recruit
491 curve is 10% (rather than 0%) of its value at the origin (Table 1, Fig. 5).

492 As discussed above, FIE typically favours “fast” life histories characterized by an
493 earlier onset of maturation and an increased reproductive effort. Both effects occur at the
494 expense of somatic growth after maturation, and may also entail riskier behaviours
495 (Jørgensen and Fiksen, 2010) and reduced investments into maintenance, leading to
496 diminished survival. All else being equal, these life-history changes therefore imply a
497 lower expected size after maturation and lower survival. Under these conditions, we can
498 predict how FIE changes the dynamics of a cohort: owing to the “fast” life histories, the
499 cohort’s biomass will reach its peak earlier than in the absence of FIE (Fig. 4b). And for
500 a selection pattern that has fixed size selectivity, age-specific selectivity is reduced (Fig.
501 4c). These changes translate into changes in yield-per-recruit curves (Fig. 5). As more of
502 a cohort’s biomass production is realized earlier in that cohort’s lifespan, it would be
503 optimal to increase fishing mortality on those early ages. However, when the selection
504 pattern is fixed, this can only be achieved through elevating the overall fishing intensity
505 F , which means that F_{\max} shifts to higher fishing mortalities (Fig. 5). Because $F_{0.1}$ is
506 correlated with F_{\max} , we can usually expect that $F_{0.1}$ follows this shift and thereby
507 increases too.

508 These changes can be amplified when selection is primarily size-specific and only
509 secondarily age-specific, which is almost always the case. When FIE reduces size-at-age,
510 a fixed size-specific selection pattern means that selectivity-at-age is effectively lowered,
511 so the resultant age-specific selection pattern shifts to older ages (Fig. 4c), which in turn
512 shifts F_{\max} and $F_{0.1}$ to even higher values.

513 In summary, we thus expect FIE to shift the “true” reference points F_{\max} and $F_{0.1}$ to
514 higher values. This implies that managers failing to account for FIE would allow to less
515 intensive harvesting than those who do.

516 **Reference points based on production models**

517 The Johannesburg Declaration's goal (United Nations, 2002) to "maintain or restore
518 stocks to levels that can produce the maximum sustainable yield" has considerably raised
519 the profile of the time-honored concept of maximum sustainable yield (MSY), and
520 consequently, of the corresponding reference points for stock biomass, B_{MSY} , and for
521 fishing mortality, F_{MSY} , despite criticisms and uncertainties associated with the MSY
522 concept (Larkin, 1977; Hilborn and Walters, 1992; Caddy and Mahon, 1995; Mace, 2001;
523 ICES, 2007a). Estimating B_{MSY} and F_{MSY} requires models that cover a population's full
524 life cycle, i.e., from spawning stock to recruitment and from recruitment back to spawning
525 stock. The simplest full-life-cycle models are surplus-production models (Schaefer, 1954;
526 Pella and Tomlinson, 1969). These are also known as biomass-dynamic models (Hilborn
527 and Walters, 1992) and can be used to estimate MSY , B_{MSY} , and F_{MSY} . Despite their
528 relative simplicity (e.g., lack of age structure), production models are still in use for the
529 assessment of several fish stocks, in particular when age-specific data are unavailable.
530 Production models therefore provide a useful starting point for understanding the possible
531 effects of FIE on B_{MSY} and F_{MSY} .

532 The simplest production model, known as the Schaefer (1954) model, is based on the
533 logistic population model and predicts the well-known parabolic dependence of
534 equilibrium yield on fishing effort. Our argument in what follows below is readily
535 extended to the more general Pella-Tomlinson (1969) model, but we nevertheless use the
536 Schaefer model for the sake of greater clarity. The aforementioned parabolic relationship
537 arises from the assumption of two underlying linear relationships (Fig. 6): when fishing
538 mortality increases from zero to F_{crash} , the (lowest) fishing mortality that brings the stock
539 to a collapse, total population abundance linearly decreases from its carrying capacity K

540 to zero (Fig. 6a), whereas an individual's biomass growth rate linearly increases from
541 zero to its maximum (Fig. 6b). Surplus production, corresponding to equilibrium yield, is
542 defined in terms of population-level growth rate, and is therefore obtained as the product
543 of the biomass growth rate of each individual with total population abundance. Because
544 in this model F_{crash} is equal to the maximum growth rate r_{max} , the assumed linear
545 dependences, and thus the effort-yield relationship, are determined by just two parameters:
546 the carrying capacity K and the maximum growth rate r_{max} .

547 The principles of life-history theory we have reviewed above provide relevant
548 indications as to how K and r_{max} are expected to be influenced by FIE. As explained, fish
549 populations adapted to fishing can tolerate higher fishing pressures (Kaitala and Getz,
550 1995; Heino 1998; Enberg *et al.*, 2009), because evolution towards faster life histories
551 increases r_{max} ; consequently F_{crash} increases too. As explained, predictions regarding K
552 are more ambiguous, but when density regulation has a single source such that a
553 pessimization principle applies, we can expect K to decline.

554 In the Schaefer model, the parabolic effort-yield relationship implies $F_{\text{MSY}} = F_{\text{crash}}/2$,
555 so F_{MSY} is expected to increase through FIE (Fig. 6c). Analogously, $B_{\text{MSY}} = K/2$, so B_{MSY}
556 is expected to decrease through FIE. Both predictions are supported by an age-structured
557 model (Heino, 1998) that is considerably more realistic than the simple Schaefer model.
558 The effect of FIE on MSY is qualitatively ambiguous, because $\text{MSY} = r_{\text{max}}K/4$, so that the
559 net change resulting from the increase of r_{max} and the decrease of K depends on which of
560 these two quantities is changing more as the result of FIE. Models that are more realistic
561 than the simple Schaefer model suggest that FIE usually reduces MSY (Law and Grey,
562 1989; Heino, 1998; Andersen and Brander, 2009; Matsumura *et al.*, 2011; Vainikka and
563 Hyvärinen, 2012).

564 A problem associated with production models is their aggregate nature, which does
565 not distinguish between the various processes affecting a stock's dynamics. However,
566 even in more complex models, yield can still be determined as the product of per capita
567 growth rate with population abundance. The dependence of these two factors on fishing
568 mortality will remain qualitatively similar, with the former being an increasing function
569 of fishing mortality, and the latter a decreasing function (as long as Allee effects do not
570 come into play). For this reason, we can expect that the predictions provided by the simple
571 Schaefer model provide a valuable indication of how more complex models will behave.

572 **Reference points based on virgin biomass**

573 Biomass reference points are sometimes defined in terms of a stock's virgin biomass B_0
574 (Beddington and Cooke, 1983; Caddy and Mahon, 1995; Hilborn, 2002; ICCAT, 2009),
575 where B_0 describes a stock's pristine, unfished equilibrium biomass and thus equals its
576 carrying capacity K . The objective is usually to secure a spawning-stock biomass that is
577 sufficiently large to ensure that recruitment is not impaired, without specific knowledge
578 about the stock-recruitment relationship. The reference point pB_0 is therefore expressed
579 as a fraction of the virgin biomass, with p usually set to 20% or 30%.

580 A stock's virgin biomass is often inferred from the earliest available observations and
581 corresponding stock assessments. Thus, pB_0 is expressed in terms of a static quantity B_0
582 that describes past conditions, when fishing pressure was low and the stock's biomass
583 might therefore have been closer to its K . As a result, B_0 reflects the properties the stock
584 had then and, by definition, is unaffected by FIE.

585 Yet, accounting for FIE might change our perception of what a stock's virgin biomass
586 was, or currently is. First, as explained above, ongoing FIE will gradually erode the
587 hypothetical K characterizing the current stock. Using the reference point pB_0 to prevent

588 recruitment overfishing can then lead to harvest policies that are more conservative than
589 intended. A second effect is more worrisome. If the stock had already been exposed to
590 significant fishing pressure by the time observations underlying B_0 were taken, and had
591 already been adapting to fishing, the reference point pB_0 will be affected by past,
592 undocumented FIE. Because FIE is typically expected to reduce a stock's K , this is likely
593 to result in an underestimate of the “true” B_0 , defined for a hypothetical stock not yet
594 adapted to fishing.

595 **Discussion**

596 Reference points for fisheries management are not static quantities, but instead may shift
597 when the environment in which a population is living is altering, or when the population
598 itself is changing (Murawski *et al.*, 2001; ICES, 2007c). Here we have argued that
599 fisheries-induced evolution (FIE) is one mechanism that can drive trends in population
600 characteristics, leading to the shifting of reference points either by changing their “true”
601 values or by confounding their estimation. If unaccounted for, such shifting means that
602 reference points can become systematically biased, gradually losing their intended
603 meaning, and hence, their utility as reliable tools for fisheries management (Enberg *et al.*,
604 2010).

605 Our qualitative analysis suggests that the biomass reference point B_{lim} derived from
606 stock-recruitment relationships, together with its precautionary counterpart B_{pa} , will shift
607 under FIE. These shifts will influence the associated fishing-mortality reference points,
608 F_{lim} and F_{pa} , denoting the fishing mortalities that would drive a stock to the respective
609 biomass reference point. These reference points currently form an important part of many
610 fisheries-management frameworks, including the advice provided by ICES for northeast

611 Atlantic fish stocks (ICES, 2007a, 2012). When populations evolve to mature earlier, the
612 resultant younger spawning stock might, at least initially, produce less viable pre-recruits,
613 which will increase the “true” B_{lim} . If undetected, this shift can have detrimental
614 consequences. At the same time, maturation evolution can cause a population’s “true”
615 spawning-stock biomass to be underestimated, which could counteract the
616 aforementioned negative effect of FIE. Similarly, gradual erosion of a population’s
617 carrying capacity undermines the meaning of the static limit reference point pB_0 ,
618 expressed relative to the stock’s estimated virgin biomass B_0 . Also reference points based
619 on yield-per-recruit analyses—including $F_{0.1}$, a widely used fishing-mortality reference
620 point also serving as a proxy for F_{MSY} (ICES, 2007a)—are predicted to increase through
621 FIE. The same applies to F_{MSY} itself, at least when derived from the Schaefer model. The
622 corresponding biomass reference point B_{MSY} is predicted to decrease. Curiously, these
623 changes imply that management ignoring the shifting of these reference points would act
624 more cautiously than when accounting for FIE. However, this might not apply in the
625 longer term, as MSY itself is likely to erode under FIE (Law and Grey, 1989; Kaitala and
626 Getz, 1995; Heino, 1998). In the long run, accounting for FIE is thus likely to pay off.

627 FIE is one of several mechanisms that can lead to shifting reference points. More
628 generally, all fisheries-induced adaptive changes (Table 1), whether plastic or genetic,
629 can shift reference points. Factors extraneous to fishery systems can have similar effects.
630 For example, if a stock’s productivity changes because of a regime shift, eutrophication,
631 or other environmental fluctuations, precautionary reference points need to be adjusted
632 (King and McFarlane, 2006; ICES, 2007c; Kell and Fromentin, 2007; Köster *et al.*, 2009).
633 Climate change is another potential driver of changes in the “true” values of reference
634 points (Cook and Heath, 2005; Kell *et al.*, 2005; Perry *et al.*, 2010). In some respects, the

635 way climate change affects reference points is akin to the influence of FIE: both kinds of
636 change typically accrue slowly and become prominent only at decadal timescales. Thus,
637 while the effects of climate change and FIE may appear insignificant in the short term,
638 their cumulative effects can be significant, warranting timely attention by fisheries
639 managers.

640 Our analyses here are based on qualitative insights arising from general life-history
641 theory and from models specifically addressing FIE. To date, only one quantitative study
642 has focused on the influence of FIE on reference points (Enberg *et al.*, 2010). We
643 therefore highlight that our qualitative analyses may be subject to important limitations.
644 In particular, the considerations presented here do not address how rapidly, or how much,
645 FIE is expected to shift reference points. Such information can only be obtained by
646 studying quantitative models that are sufficiently detailed biologically and calibrated to
647 specific systems. For example, eco-genetic models (Dunlop *et al.*, 2009c) have been
648 specifically designed for addressing such tasks. Several stock-specific eco-genetic models
649 have recently been developed (Dunlop *et al.*, 2007; Thériault *et al.*, 2008; Okamoto *et al.*,
650 2009; Pardoe, 2009; Eikeset, 2010; Mollet, 2010), enhancing the scientific basis for
651 making reliable quantitative predictions. A second limitation concerns the generality of
652 our qualitative analyses. Our investigations of FIE effects on reference points have
653 deliberately focused on “typical” fishery systems, featuring iteroparous fish populations
654 with several age classes and harvesting regimes that do not discriminate between
655 immature and mature fish. The selection pressures underlying FIE, and therefore the
656 implications of FIE for reference points, are different for those few stocks in which
657 harvesting primarily targets mature fish (Law and Grey, 1989; Heino, 1998; Ernande *et*
658 *al.*, 2004; Andersen and Brander, 2009; Dunlop *et al.*, 2009a), as well as for semelparous

659 species (Heino and Godø, 2002) and sequential hermaphrodites (Sattar *et al.*, 2008).
660 Populations undergoing important ontogenetic niche shifts or migrations may also show
661 responses deviating from our general predictions. Furthermore, we emphasize that, in a
662 changing environment, it cannot be taken for granted that FIE makes fish populations
663 more robust to exploitation, as models so far have suggested (Kaitala and Getz, 1995;
664 Heino, 1998; Ernande *et al.*, 2004; Enberg *et al.*, 2009). Instead, general theoretical
665 arguments lead us to expect that FIE might reduce a population's resilience to low-
666 frequency environmental perturbations (Longhurst, 2002; Jørgensen *et al.*, 2008; Hsieh
667 *et al.*, 2010). Ultimately, no natural system is ever truly typical, and care must always to
668 be taken to assess whether its special characteristics may invalidate the general qualitative
669 predictions presented here.

670 While existing reference points are subject to changes caused by FIE, new reference
671 points can (and should) be devised to monitor and manage FIE. For example, Olsen *et al.*
672 (2005) suggested the use of a reference point based on monitoring trends in a stock's
673 maturation schedule (as quantified through its probabilistic maturation reaction norm).
674 Another, simpler, option is to define limit reference points relative to estimated or
675 assumed pre-fishing trait values, considering as undesirable those changes that exceed a
676 certain percentage. Moreover, Hutchings (2009) suggested a reference point F_{evol} , defined
677 as the highest fishing mortality for which evolution in the considered traits is avoided.
678 However, this fishing mortality will usually be very low or equal to zero (Matsumura *et*
679 *al.*, 2011), unless a stock has already significantly adapted to fishing.

680 While FIE has been suggested to have occurred in many fish stocks, unequivocal
681 evidence for its occurrence in the wild is still lacking. Nevertheless, in qualitative terms,
682 it is difficult to argue against the position that some FIE is likely occurring. However,

683 there is considerable uncertainty, and no scientific consensus, regarding rates of FIE (is
684 FIE slow or fast?) as well as the relative contributions of evolutionary and plastic
685 processes in documented long-term changes in life histories (are they mostly genetic or
686 mostly plastic?). This uncertainty has led to differing conclusions regarding the
687 importance of considering FIE in fisheries management (e.g., Jørgensen *et al.*, 2007;
688 Andersen and Brander, 2009). We have highlighted a new angle in this discussion by
689 showing how reference points for fisheries management can be impacted by FIE.

690 Whether reference points shift because of FIE, climate change, or other drivers, our
691 work emphasizes that their intended meaning can only be relied upon if the biological
692 information underlying their estimation is scrupulously kept up to date. In this context,
693 we must also bear in mind that estimates of reference points and of the metrics they are
694 based on can be highly uncertain, which implies that distinguishing between trends and
695 noise often is challenging. This applies in particular to reference points based on stock-
696 recruitment relationships, which by their very nature require the integration of
697 information over many years. In practice, stochasticity and lack of contrast in the data
698 may result in insufficient statistical power to discern changes caused by FIE. Nonetheless,
699 the potential for significant recruitment decline if changes are undetected calls for an
700 acknowledgement of, and heightened attention to, the additional model uncertainty
701 caused by FIE, i.e., uncertainty in structural assumptions and parameter values in models
702 of stock dynamics (Francis and Shotton, 1997). Similarly, natural mortality estimates,
703 which are notoriously difficult to obtain, are needed when calculating reference points
704 based on yield-per-recruit analyses, or when age-structured models are used to estimate
705 reference points related to spawning-stock biomass and MSY. On the positive side,
706 maturity ogives and weight-at-age keys, which are crucial for estimating spawning-stock

707 biomass and for process-based assessments of MSY and yield-per-recruit, are more
708 readily estimated. Such estimates can therefore be updated annually, which can help
709 reduce undetected shifts in the corresponding reference points. Furthermore, the general
710 qualitative insights laid out in this paper, particularly when accompanied by quantitative
711 predictions derived from stock-specific models, should help guard against unpleasant
712 surprises caused by shifting reference points.

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1044

1045 **Tables**

1046 Table 1. Terms and definitions.

1047

Term	Definition
Biological reference points	Quantitative benchmarks against which fish biomass, fishing mortality rate, or other stock properties can be compared to determine stock status and provide management advice (Caddy and Mahon, 1995; Gabriel and Mace, 1999). Reference points can be used either as limits or targets (e.g., Caddy and Mahon, 1995; Mace, 2001).
Target reference points	Desirable levels of stock properties such as biomass or fishing mortality that a management regime should aim to achieve on average (Hall and Mainprize, 2004). For example, these could be values that allow for the largest possible catch, while ensuring sustainable exploitation over the long-term (Cadima, 2003).
Limit or threshold reference points	Benchmark values of stock properties that, if passed, indicate that a stock is being over-exploited and that its capacity for self-renewal and its long-term sustainability may be impaired (Caddy and Mahon, 1995; Cadima, 2003). Biomass levels below, and/or fishing mortality rates above, limit reference points are considered undesirable and should be avoided by management actions (Caddy and Mahon, 1995).

- B_{lim} and F_{lim} Limit reference points based on spawning-stock biomass SSB and fishing mortality F , respectively. B_{lim} is defined by ICES (2007a) such that if SSB is depressed below this level, there is a high risk that recruitment will be impaired (i.e., that, on average, it will be significantly lower than at higher SSB), or alternatively, B_{lim} is defined as the lowest observed SSB , below which the stock dynamics are unknown. F_{lim} is the fishing mortality that, if maintained, will drive the stock to B_{lim} (ICES, 2007a).
- B_{pa} and F_{pa} So-called precautionary reference points (ICES, 2007a). These reference points provide a buffer zone relative to B_{lim} and F_{lim} , and were established to account for the uncertainty associated with estimating fishing mortality and spawning-stock biomass. B_{pa} is defined such that if the estimated SSB exceeds this benchmark, then the true SSB exceeds B_{lim} with a high probability (usually 95%). F_{pa} is defined analogously.
- B_{MSY} and F_{MSY} Reference points that describe, respectively, the biomass and fishing mortality that enable maximum sustainable yield (MSY). Reference points based on MSY can be used either as targets or as limits (Mace, 2001; ICES, 2007a). B_{MSY} and F_{MSY} are usually estimated using a production model or an age-based model coupled with a stock-recruitment model (Gabriel and Mace, 1999).

F_{\max} and $F_{0.1}$	Reference points based on yield-per-recruit relationships. F_{\max} is the level of fishing mortality that maximizes the average fishing yield from a recruit, given a constant selection pattern of the fishery (Caddy and Mahon, 1995). $F_{0.1}$ is defined as the fishing mortality at which the slope of the yield-per-recruit relationship equals 10% of its value at the origin. Even though this choice of slope is somewhat arbitrary, it guarantees that $F_{0.1}$ is more conservative than F_{\max} (Caddy and Mahon, 1995).
Recruitment overfishing	A situation in which the rate of fishing is so high that recruitment to the stock becomes significantly reduced, characterized by greatly reduced <i>SSB</i> (e.g., ICCAT, 2009).
Growth overfishing	A situation in which fish are harvested too early in their life, before they have realized most of their growth potential. Usually defined relative to F_{\max} , with fishing mortalities in excess of F_{\max} implying growth overfishing (e.g., ICCAT, 2009).
Phenotypic plasticity	Dependence of an individual's phenotype on the environmental conditions it encounters. For example, conditions allowing for rapid growth usually facilitate maturation (Trippel, 1995).
Fisheries-induced evolution (FIE)	Defined by ICES (2007b) as a genetic change in a population with fishing serving as the driving force of evolution.

Fisheries-
induced
adaptive
change

Defined as genetic and phenotypically plastic individual-level changes that increase the fitness of phenotypes in an exploited system (see also ICES 2007b).

1049 **Figure captions**

1050 **Figure 1.** Fisheries-induced evolution impacts life-history traits and other individual-
1051 level properties (a), with repercussions for the demography of fish stocks (b) and for
1052 fisheries (c). Impacts and interdependencies exist also within each group, e.g., maturation
1053 influences growth and reproduction, and changes in age structure influence spawning-
1054 stock biomass.

1055

1056 **Figure 2.** Evolution towards a faster life history can result in an increased maximum
1057 population growth rate (r_{\max} ; black curve), here illustrated for an evolving age at
1058 maturation. In populations that are recruitment-limited (recruitment success declines as
1059 population density increases), selection favours an age at maturation that corresponds to
1060 the maximum of the basic reproduction ratio (R_0 ; grey curve). Both metrics describe a
1061 population's capacity to grow (r_{\max} measures its absolute instantaneous rate of increase,
1062 while R_0 measures its relative increase per generation) under standard environmental
1063 conditions, usually in the absence of fishing and without density dependence. Because R_0
1064 is blind to changes in generation length, whereas a shorter generation length increases
1065 r_{\max} , in a viable population r_{\max} almost always reaches its maximum for a lower age at
1066 maturation than R_0 . Under these conditions, acceleration of the life history results in
1067 increased r_{\max} and decreased R_0 , at least as an initial response. However, such acceleration
1068 might not stop near the maximal r_{\max} (upper arrow), but may continue beyond this
1069 maximum and thus result in an r_{\max} that again decreases (middle arrow) and eventually
1070 may even fall below its original value (lower arrow). See text for a detailed explanation.

1071

1072 **Figure 3.** Potential effects of fisheries-induced evolution (FIE) on reference points based
1073 on stock-recruitment relationships (a and b) and on the estimation of spawning-stock
1074 biomass SSB (c). Recruitment is measured by the mean number R of offspring reaching
1075 the age of recruitment. FIE may increase reproductive effort (R_+ in a), decrease pre-recruit
1076 survival (R_- in a and b), or decrease pre-recruit growth (R_+ in b), resulting in
1077 corresponding shifts of the limit reference point B_{lim} for avoiding recruitment overfishing.
1078 FIE may also bias the estimation of SSB , resulting in the underestimation of SSB (SSB_- in
1079 c) when FIE causes earlier maturation and old maturity ogives are used, or in the
1080 overestimation of SSB (SSB_+ in c) when FIE lowers weight-at-age and old weight-at-age
1081 keys are used.

1082

1083 **Figure 4.** Potential effects of fisheries-induced evolution (FIE) on the optimal age at
1084 harvest (a and b) and on the age-specific selection pattern (c). The illustrative example
1085 shown here is based on a quantitative model for trawl fisheries of North Sea plaice in
1086 which FIE results in earlier maturation, slower growth, and increased reproductive effort
1087 (Mollet, 2010). The development of a cohort's abundance (left black curve in a) and of
1088 the mean weight of its individuals (right black curve in a) as the cohort ages determine its
1089 biomass in dependence on its age (black curve in b). The yield from a single cohort can
1090 be maximized by harvesting all fish at the age a_{opt} at which the cohort's biomass peaks.
1091 Because FIE typically results in lower weight-at-age and lower survival-to-age, we expect
1092 that a cohort's biomass peaks at an earlier age (a_{opt-}) after evolution (grey curves).
1093 However, in a typical fishery's selection pattern (black curve in c), fishing starts earlier
1094 than the optimum, so the age a_{50} at which selectivity equals 50% is less than optimal (a_{50}
1095 $< a_{opt}$). When selectivity is size-dependent, slower somatic growth caused by FIE leads

1096 to a rightward shift of the age-dependent selectivity curve (grey curve in c), and thus to
1097 an increased age at 50% selectivity (a_{50+}). Consequently, the distance between a_{opt} and
1098 a_{50} diminishes ($a_{\text{opt-}} - a_{50+} < a_{\text{opt}} - a_{50}$, as highlighted by the arrows in c).

1099

1100 **Figure 5.** Potential effects of fisheries-induced evolution (FIE) on reference points based
1101 on yield-per-recruit models. When fishing starts before the age of maximum biomass (a_{50}
1102 $< a_{\text{opt}}$), yield-per-recruit is a humped function of fishing mortality F (continuous thick
1103 black curve). The reference point F_{max} (right dashed black line) is defined as the fishing
1104 mortality that maximizes yield-per-recruit. As explained in the text, FIE is expected to
1105 change the yield-per-recruit curve (continuous grey curve) so as to shift this reference
1106 point to the right ($F_{\text{max+}}$, right dashed grey line). The reference point $F_{0.1}$ (left dashed
1107 black line) is defined as the fishing mortality for which the slope of the yield-per-recruit
1108 curve equals 10% (dotted black line) of its value at the origin (thin continuous black line).
1109 Also this reference point is expected to shift to the right ($F_{0.1+}$, left dashed grey line). The
1110 shown curves are based on the same quantitative analysis as Figure 4.

1111

1112 **Figure 6.** Potential effects of fisheries-induced evolution (FIE) on reference points based
1113 on production models. The Schaefer production model describes how fishing mortality F
1114 affects population abundance (black curve in a) and per capita growth rate r_{max} (black
1115 curve in b), and thus sustainable yield (black curve in c). The maximum sustainable yield
1116 MSY occurs at an intermediate level of F , where the product of abundance and per capita
1117 growth rate is maximized (c). Under FIE, carrying capacity K is often expected to decline
1118 (K_{-} , grey curve in a), whereas F_{crash} , which is equal to the maximum per capita growth
1119 rate r_{max} , is expected to increase ($F_{\text{crash+}}$, grey curve in b). Depending on whether the

1120 decline in K is larger or smaller than the increase in r_{\max} , MSY is expected to decline
1121 (MSY_- , for the lower grey curve in c) or increase (MSY_+ , for the upper grey curve in c),
1122 respectively. Either way, the reference point defined by the fishing mortality
1123 corresponding to MSY is expected to increase (F_{MSY_+} , for both grey curves in c).

Figure 1

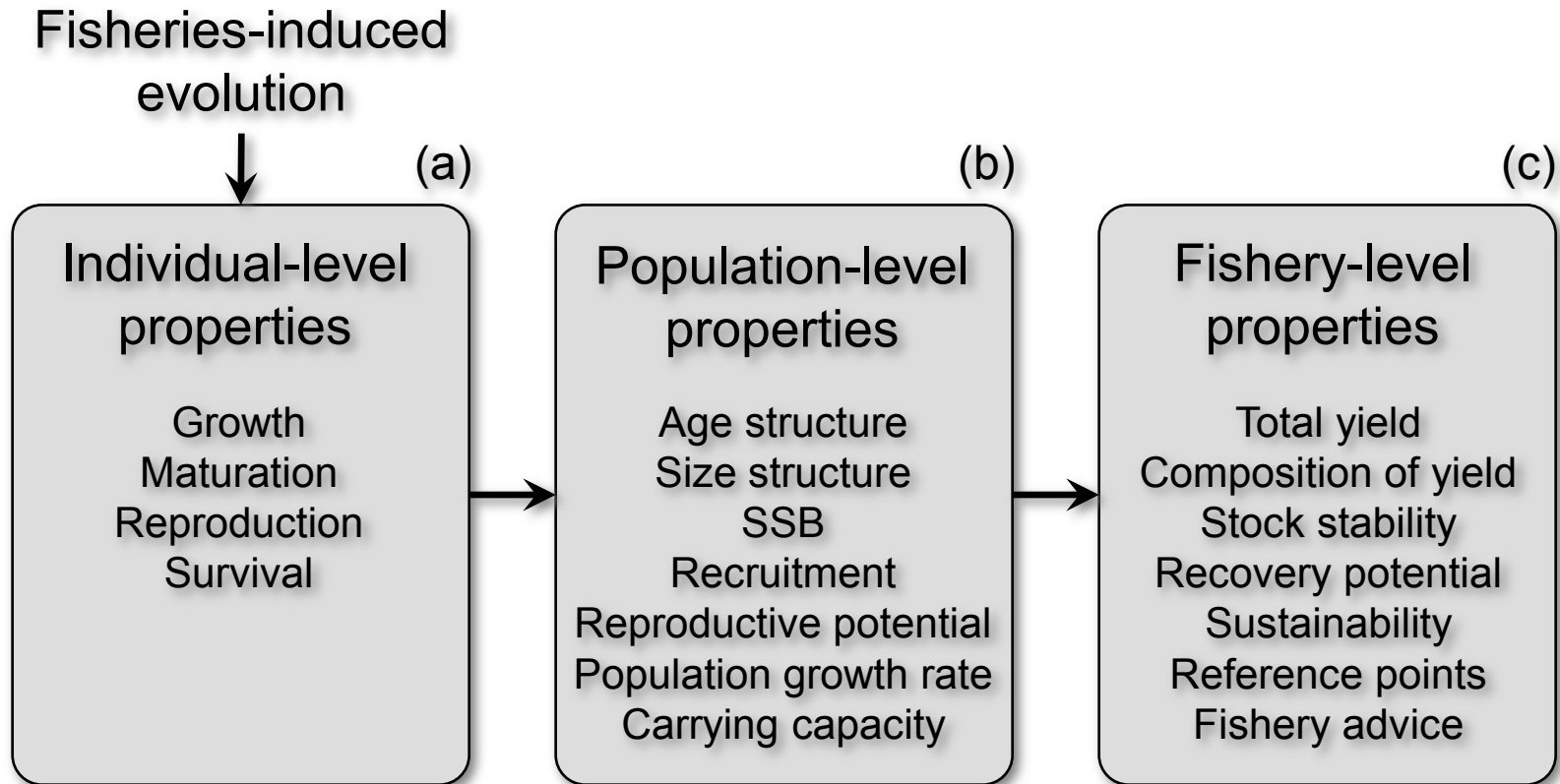


Figure 2

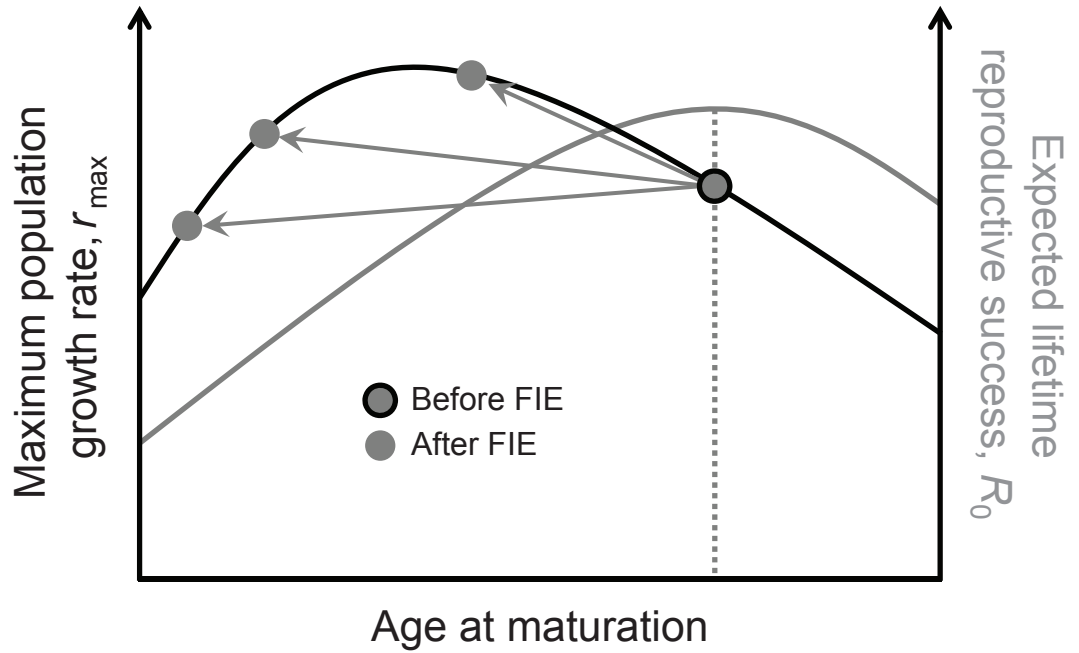


Figure 3

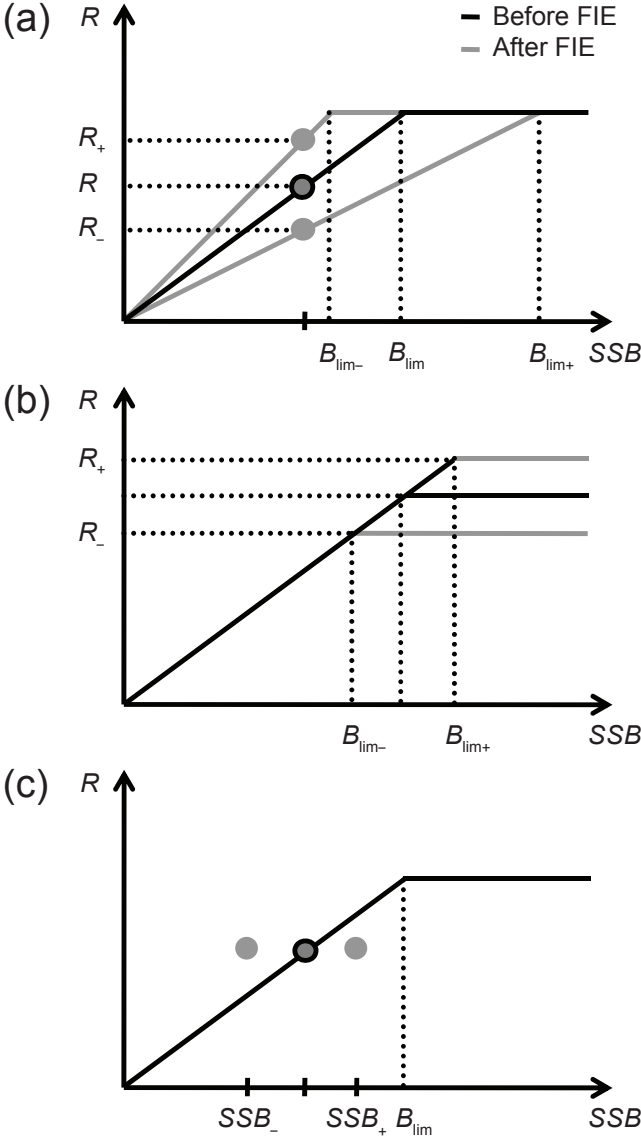


Figure 4

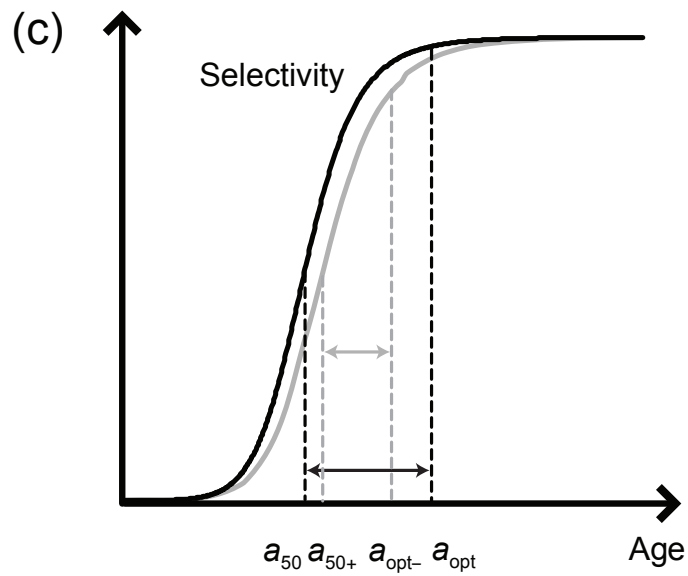
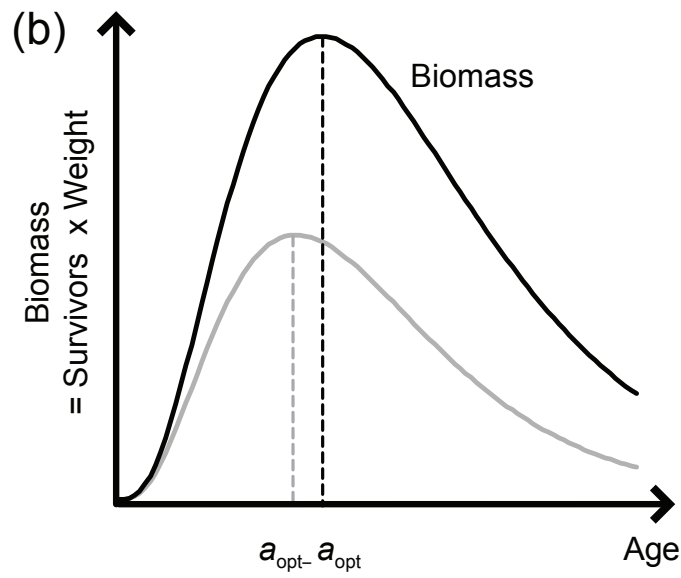
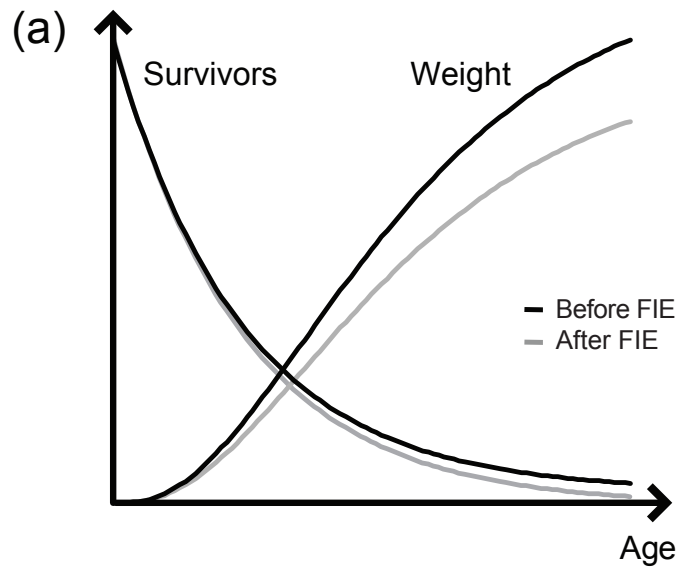


Figure 5

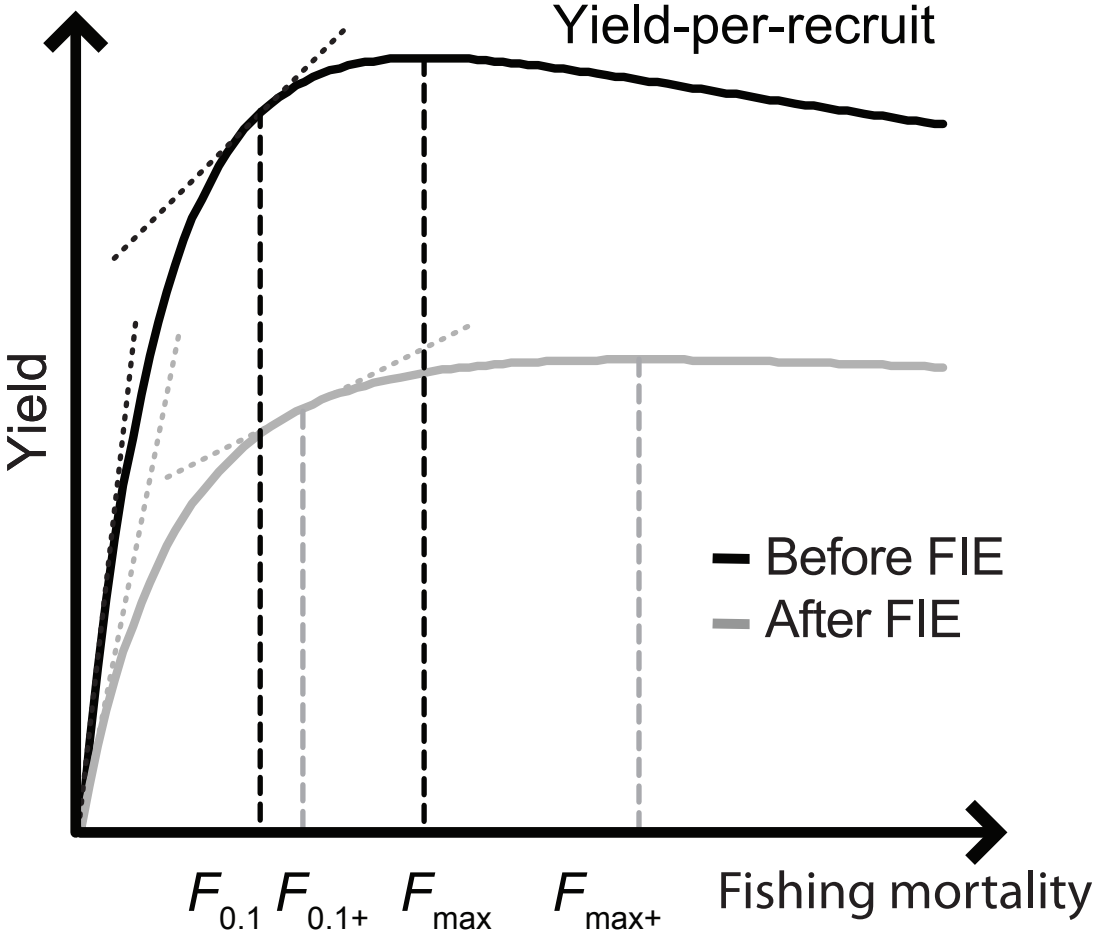


Figure 6

