

Disaster resilience: what it is and how it can engender a meaningful change in development policy

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Abstract

Disasters pose a growing threat to sustainable development. Disaster risk management efforts have largely failed to arrest key drivers of uncontrolled urbanization and proliferation of assets in high risk areas. Resilience provides an opportunity to confront the social-ecological foundations of risk and development; yet it has been vaguely conceptualized, not offering a concrete approach to operationalization. We propose a conceptualization of disaster resilience centred on wellbeing: *'The ability of a system, community or society to pursue its social, ecological and economic development objectives, while managing its disaster risk over time in a mutually reinforcing way.'* We present a framework for understanding the interconnections between disasters and development, and outline how it is being operationalized by policy-makers and practitioners.

Keywords: Disasters, Resilience, Development, Policy, Systems.

1 Introduction

Flooding is the number one source of disaster loss and damage worldwide; globally the number of people exposed to floods each year is increasing at a higher rate than population growth (Miller *et al.*, 2008; UNISDR, 2011). This is largely due to high migration into high risk areas, particularly coastal zones. More than 90 per cent of flood-exposed people live in South Asia, East Asia and the Pacific. Kundzewicz *et al.* (2014) mapped the geographic centres of large floods over the period 1985-2010, demonstrating that many large floods hit key loci of socio-economic development. Unprecedented mobilization of populations and an increasingly globalized economy mean that economic opportunity is one of the factors drawing people to high risk areas (UNISDR, 2011; UNISDR, 2015). Low- and lower-middle-income countries have a

larger proportion of exposed population, and their exposure is growing. Current efforts in disaster risk management (DRM) have largely failed to tackle this driver and arrest associated trends.

Recently, the 2015 Sendai Framework for Disaster Risk Reduction 2015-2030 (United Nations, 2015), and the Global Assessment Report 2015 (UNISDR, 2015) have promoted the premise that disasters are an outcome of development and economic growth trends, rather than a series of exogenous and unpredictable misfortunes. The documents represent the state of the art of DRM, and reveal a shifting paradigm in this field. This paper explains why this shift in thinking is necessary and proposes a novel way to conceptualize and operationalize a holistic approach for DRM by focusing on the resilience of development goals and human wellbeing.

There is an increasing body of work on what disaster resilience is or is not (e.g., see NRC, 2012; UNISDR, 2011; ADB, 2013; DFID, 2011; IFRC, 2012; IPCC, 2012; Twigg, 2009)¹. However the theoretical underpinnings of disaster resilience remain ephemeral. Likewise the operationalization of the concept remains a significant challenge. In practice it is difficult to distinguish between DRM and enhancing disaster resilience; this situation is partially driven by the broad ways in which disaster resilience is defined, which we review. While resilience does have the potential to engender a meaningful change in both development and disaster policy, it is also at risk of being a new buzzword for business-as-usual. The challenge for disaster resilience is to break away from the narrow and static approach which has characterized actions to protect development gains from disasters.

We propose an approach which identifies and builds on the strengths in the current thinking on disaster resilience and brings these out explicitly. This framework and associated methodological approach is being applied in field work over the coming years via a participatory process, and is moving our understanding of disaster resilience forward via testing, refining, empirical validation, and synthesis of key lessons learnt. By building on the systems thinking roots of

¹ Some definitions of resilience are positivist in the sense that a system can be ‘resilient’ regardless of the values placed on that system functioning. For example, poverty could be said to be a powerfully resilient system. In this paper we take a normative approach to disaster resilience, arguing that it is a ‘good’ thing for communities. We do this because this is overwhelming the approach dominating the global discussion on disaster and climate resilience at the time of writing.

resilience, our approach helps identify and act upon the critical relationships and intervention points which drive long-term wellbeing outcomes in the face of disaster risk.

First we explain the key interrelationships which dynamically connect development and disaster risk, and how current practice in DRM also influences development and disaster risk. Next we summarize the discussion regarding definitions of disaster resilience and present our conceptualization. We posit that the disaster resilience concept can be a useful bridge between these two fields that allows both to be done in a way that creates a virtuous cycle leading to improved development outcomes and reductions in disaster burdens. Lastly we identify entry-points for tackling the gaps around operationalization and present an approach based on systems analysis.

2 Development and disasters are interconnected

So-called ‘natural’ disasters² have significant immediate and long-term impacts on development and wellbeing. They pose a profound threat to gains made in education, health, infrastructure, economic development and environmental sustainability worldwide. The losses from disasters are frequently just as significant as those from high inflation or armed conflict, yet efforts to manage disaster risks are rarely given attention and investment proportional to these concerns (UNISDR, 2011). The frequency and severity of disasters have increased substantially and this trend is expected to continue (UNISDR, 2015; IPCC 2012). In some low- and middle-income countries, national risk from disasters is not simply growing in proportion to economic growth, it is outpacing it (UNISDR, 2015). Efforts to reduce risk and prepare for events are often not keeping pace with the rate at which risk is increasing (UNISDR, 2011; UNISDR, 2015).

Ironically, the fundamental driver behind the increasing risk of disasters threatening development gains are initiatives designed to foster economic growth and development. Where economic necessity and/or the promise of economic opportunity is leading to uncontrolled urbanization, risk-blind infrastructure investment, and erosion of traditional livelihood systems, we are witnessing huge increases in people and assets relocating to hazard-prone areas, particularly flood plains (IPCC, 2012; UNISDR, 2013; UNISDR, 2015).

² This paper is concerned primarily with humanitarian disasters caused by meteorological and geophysical events, so-called ‘natural disasters’ rather than man-made disasters such as terrorist attacks.

2.1 Disasters: a profound threat to development gains

Globally the number of events which reach the level of disaster³, and the magnitude of their impacts, are increasing (UNISDR, 2013; UNISDR, 2015); consequently the threat to development gains is also increasing. Globally there has been partial success at reducing mortality from disasters, with the least success seen in low-income countries with weak governance (UNISDR, 2015). Impacts from disasters continue to be disproportionately borne by the most vulnerable (UNISDR, 2015; Neumayer & Plümper, 2007).

The immediate devastation caused by natural disasters, called direct damage, includes mortality, morbidity, and destruction of critical assets such as housing, schools, hospitals, transport infrastructure, and businesses. The risk of experiencing this direct damage is now commonly understood as a function of hazard, exposure and vulnerability (UNISDR, 2009; IPCC, 2012). Hazard is the meteorological or geophysical phenomenon, exposure is the ‘people, property, systems, or other elements present in the hazard zone’ (UNISDR 2009), and vulnerability is the characteristics of people and assets which make them ‘susceptible to the damaging effects of the hazard’ as a function of its intensity from 0 (no damage or loss) to 1 (total loss) (UNISDR 2009). The direct damage caused by disasters can be ameliorated by crisis management during and directly following the hazard event.

Figure 1 shows how the factors influencing disaster risk (hazard⁴, exposure and vulnerability), and crisis preparedness, co-determine direct damage. The direct economic damages from disasters, typically estimated in terms of value of destroyed and damaged physical assets, are a relatively well-understood problem for development.

³ UNISDR (2009) defines a disaster as ‘A serious disruption of the functioning of a community or a society involving widespread human, material, economic or environmental losses and impacts, which exceeds the ability of the affected community or society to cope using its own resources.’

⁴ Hazard here is refined to floods because flooding is the focus of our current work. However the theory is generalizable to other hazards.

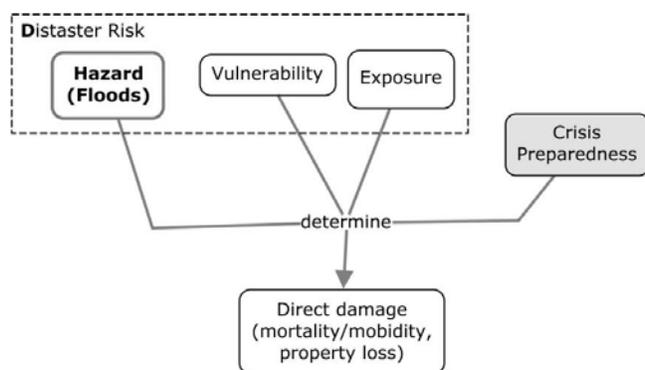


Figure 1: Factors influencing disaster risk and determinants of direct damage

Source: Authors.

We focus now on the indirect or longer-term impacts, often called ‘losses’, that disasters can have on development (Figure 2) because these are typically more poorly understood. Studies generally find very limited aggregate macroeconomic (national level) impacts of disasters in developed countries, but important regional economic and distributional effects (Okuyama, 2003). In developing countries, disasters have been found to lead to important adverse macroeconomic and developmental impacts and to affect the pace and nature of socioeconomic development (Mechler, 2004; Otero and Marti, 1995; Benson and Clay, 2004; ECLAC, 2003; Charveriat, 2000; Raddatz, 2007; Kellenberg and Mobarak, 2008; Hochrainer, 2009; Noy, 2009; Cavallo and Noy, 2009; IPCC, 2012). These analyses typically have low- to medium-confidence regarding the extent of the link between disasters and macroeconomic outcomes, possibly due to inherent limitations of economic indicators, such as GDP, lack of data availability and otherwise significant regional impacts being drowned out at the national scale (Mochizuki *et al.*, 2015).

Newer research, such as that compiled and analysed in UNISDR (2013), finds that disasters have deep and far reaching impacts on micro-economic levels as well. Disasters undermine long-term competitiveness and sustainability, which then can impede development. This is particularly devastating in developing countries, where it is the poor who tend to bear the brunt of disaster impacts (UNISDR, 2013), particularly in pockets where repeated disasters erode the capacity to recover. In the worst circumstances, recurrent disasters can trap people and communities in a vicious cycle of poverty from which they cannot escape (Berhanu, 2011). For instance, disasters may result in poor and marginalized households adopting coping strategies which erode their

long-term wellbeing, such as unsustainable environmental exploitation, taking children out of school, or selling productive assets (Heltberg et al., 2012; Hochrainer-Stiger *et al.*, 2011) (Figure 2).

The lack of formal economic (amongst other) safety nets such as adequate government assistance, property and crop insurance, or availability of loans is a common feature found in developing countries due primarily to affordability issues, lack of insurance culture, and prohibitive transaction costs. In the absence of formal insurance, households and firms turn to ‘informal’ insurance such as kinship exchange of food and money. The availability of these informal arrangements, and their effectiveness, are strongly tied to resource endowments. Furthermore, informal risk sharing at the community level can have limited effectiveness for managing disasters if and when events are at a scale which affects the whole community, thereby wiping out sharing potential (Linnerooth-Bayer, 2008; Fafchamps and Lund, 2003; Townsend, 1994). Therefore resources available for coping and reconstruction, combined with individual actions taken in pre- and post-disaster periods, determine how well an individual, household, firm or community respond to, cope with, and adapt to risks over-time.

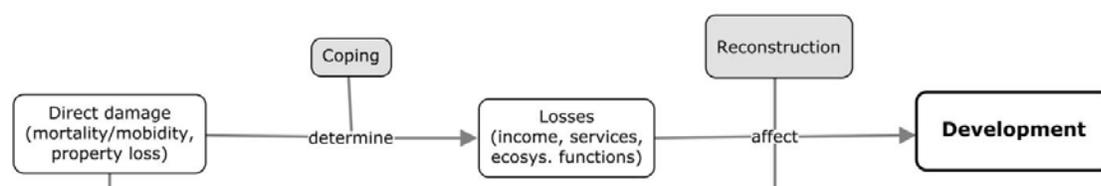


Figure 2: Direct damage and coping strategies co-determine indirect losses from disasters; direct damages, losses and reconstruction decisions all affect development

Source: Authors.

2.2 *Development is driving the increase in disaster risk*

The type of development pursued also affects disaster risk, typically via three main channels: (1) by changing the absolute number/value, and/or the proportion, of assets and people located in high risk areas (see Figure 3); (2) by influencing physical and social vulnerability depending on different development outcomes (Figure 3); and (3) by influencing the capacity to undertake risk reduction, preparedness, response and recovery operations (Figure 4). Development here is understood holistically, rather than taking a narrow proxy such as economic wealth or income.

Following the Sustainable Livelihoods Framework (DFID, 1999), which is widely known and applied in the development sector, we characterize development based on the Five C's (five capitals or asset groups): human, social, natural, physical and financial (Figure 3). These complementary sources of capital influence people's wellbeing. From an analytical perspective, the Five Cs provide greater richness of data about a community's sources of risk and resilience (as we will see later) than any single metric.

Figure 3 shows a simplified relationship between development and factors of disaster risk (exposure and vulnerability) via changes in land use, infrastructure and assets in at-risk areas. Prevailing development trends in an area have a profound impact on disaster risk. Strong protection and regeneration of environmental assets for example, typically enhances flood provisioning ecosystem services. However, the dominant type of economic development pursued globally is resulting in an increase in disaster risk. Particularly in developing countries, the regions which have been most attractive for investment and are subsequently experiencing rapid economic growth, are overwhelmingly in areas exposed to hazards (UNISDR, 2013; UNISDR, 2015). Hallegatte (2011) points out that hazardous sites often provide comparative advantage for investment. For example, sites close to ports are important for export despite being exposed to storm surge. The UNISDR (2013) reports that the 'number of export oriented Special Economic Zones has expanded from 176 zones in 47 countries in 1986 to 3,500 zones in 130 countries in 2006.' Many of these zones of high economic growth are located in hazardous areas such as coasts and near major rivers (Hallegatte, 2011; UNISDR, 2013).

A further way that certain types of development initiatives can inadvertently increase disaster risk via changes in land use, infrastructure and assets in at-risk areas, might be a decision to encourage the cultivation of a highly lucrative but climatically vulnerable cash crop. This choice not only increases disaster risk, it also erodes traditional livelihood diversification which may have supported communities to weather shocks. For example in Sri Lanka, increasing cultivation of tobacco on slopes has contributed to increasing landslide hazard (Zubair *et al.*, 2006).

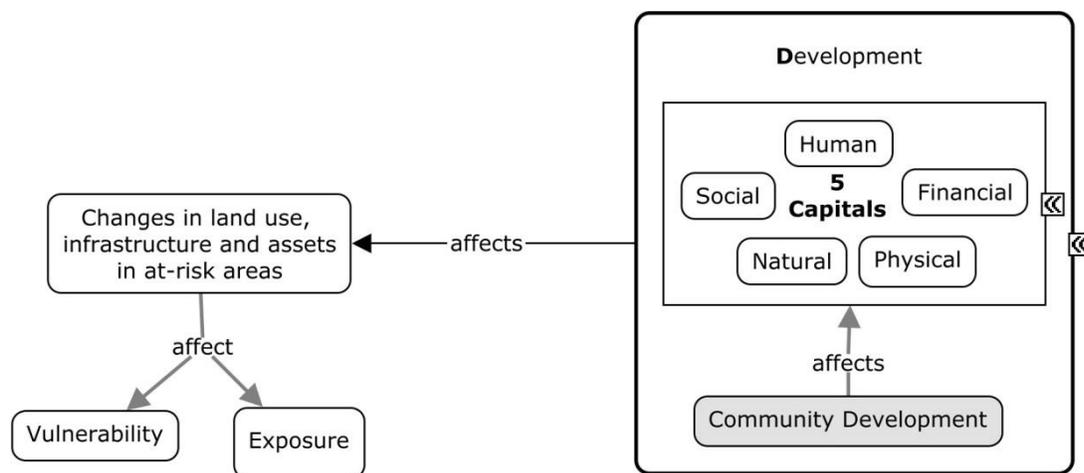


Figure 3: Development decisions affect land use in at-risk areas, which in turn affects vulnerability and exposure

Source: Authors.

Development not only impacts exposure, it also increases or decreases vulnerability based on the specifics of the development strategies chosen, thereby contributing to increasing or reducing disaster risk. While exposure has been increasing, since 1990 overall vulnerability to disasters has been decreasing or stable across the globe - with some exceptions, noticeably in South Asia (UNISDR, 2011). The impact of variation in vulnerability when projecting impacts of disasters and climate change has been largely ignored, possibly because quantifying vulnerability is a significant challenge (IPCC, 2012; Mechler and Bouwer, 2014). The relationship between development decisions and vulnerability, and in turn disaster risk, provides a substantial opportunity to arrest the growth in disaster risk which is yet to be fully taken advantage of (Mechler and Bouwer, 2014).

More positively, development influences capacity to undertake DRM⁵ by providing the resources needed to undertake *ex-ante* and *ex-post* action in relation to disaster risk and disaster events. In cross-national analysis, development in human, social, and financial capitals is positively

⁵ The disaster risk management cycle relates to both *ex-ante* actions to reduce risk and prepare for events, and *ex-post* action to respond to and recover from events. Here we define this cycle as consisting of: prospective risk reduction (UNISDR, 2009) – actions to avoid the creation of more risk; corrective risk reduction (UNISDR, 2009) – reducing risk to existing at-risk people and assets; crisis preparedness – preparation of people and assets for events; coping (Heltberg et al., 2012) – actions taken following an event to manage its consequences; and, reconstruction (as in recovery as defined by UNISDR, 2009) – actions following disaster to recover and rebuild assets and livelihoods.

correlated with the development and execution of DRM planning (Figure 4) (UNISDR, 2011). It is hypothesized that many (but not all) countries experiencing steady growth in GDP are also experiencing increasing budgetary, institutional and governance capacity required to undertake DRM.

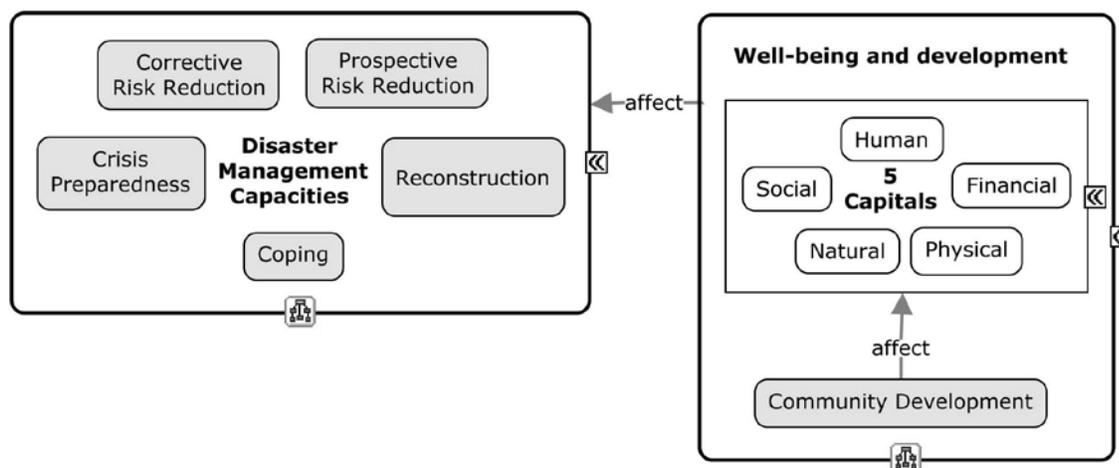


Figure 4: Development status influences disaster risk management capacity

Source: Authors.

2.3 *More and better action needed to protect development gains*

Changes in land use, infrastructure, and assets which lead to increased disaster risk are undertaken because they afford (some groups) an advantage in terms of income generation or wellbeing more broadly. The evidence on rapidly increasing exposure indicates that this trade-off between development benefits and increased disaster risk is not being adequately managed. The Hyogo Framework for Action (United Nation, 2005) was designed to address increasing risk, and under its guidance countries have been successful at bringing down disaster mortality, in relative terms (UNISDR, 2013). This work addressing the symptom of disasters must continue, however a change in approach is needed because a review of the success of HFA initiatives shows that there has not been significant success in arresting the increasing loss and damage from disasters (UNISDR, 2015), which are driven by prevailing development trends. Avenues for addressing this challenge are limited under the dominant operational environments of DRM and development.

Only a miniscule proportion of disaster related spending goes towards ex-ante action (Benson and Twigg, 2004). In practice there is a significant neglect of initiatives to reduce risk and prepare for disasters before they happen (ex-ante actions), rather than simply respond and attempt to recover (ex-post actions). Kellett and Caravani (2013, pg. 5) find that ‘for every \$100 spent on development aid, just 40 cents has been invested in defending that aid from the impact of disaster’. From households to national and international bodies, people across the globe are found to be biased when it comes to reducing risk. Research has identified some broad drivers of ex-post versus ex-ante action. These are (1) biased perceptions of the risk, (2) cognitive biases when it comes to dealing with low-probability and/or uncertain events, (3) budget and affordability concerns, and (4) political visibility effects (Kunreuther et al., 2013).

The dominance of ex-post response and recovery over ex-ante risk reduction, risk transfer/sharing, and preparedness occurs despite the presence of theory and supporting evidence, as laid out in the Hyogo Framework (UN, 2005) and UNISDR (2015), that disasters are not ‘natural’. If disasters are not ‘natural’ or exogenous, then the experience of the hazard is mediated by exposure and vulnerability – namely development - which can be altered to alter risk. It also occurs despite the demonstrated cost-effectiveness of ex-ante actions. Foresight (2012) finds that the benefits of investment in ex-ante risk reduction outweighs costs in terms of damages avoided and losses reduced, by an average factor of four to one across a number of interventions and hazards (for further cost-effectiveness studies see Mechler et al., 2014; Kreibich and Thieken, 2007; Bubeck et al., 2012).

At the level of government and international assistance, several perverse incentives exist that contribute to the majority of resources going to ex-post response and recovery. Firstly, there is the continued perception of disasters as natural and unavoidable ‘acts of God’ among some politicians, planners and populations (Lavell and Maskrey, 2014; Cardona, 2003). Secondly, in regards to international aid, populations in donor countries like to see concrete outcomes from their aid dollars (Kellett and Caravani, 2013). Donor populations are also prone to compassion effect (van Aalst *et al.*, 2013): when a disaster strikes, donor populations demand a substantial response to the immediate suffering. These and other influences mean that for official development assistance and international NGOs, response and recovery is far more achievable.

The third aspect identified is an internal political dimension. It is difficult to estimate and politically justify the expense of scarce resources on prevention for something perceived to be a rare occurrence. This makes the benefits of risk reduction largely invisible because they are what did not happen in a disaster (the unseen); response and relief on the other hand are politically positive because they are visible and demanded by people (van Aalst *et al.*, 2013). Because populations are largely myopic about risk, there is not significant demand from the population on elected officials to invest public money in prevention over other, more immediate, public services. Further to this is the fact that disasters occur at the local level and hence the money can be targeting; when it comes to risk reduction on the other hand, governments are faced with multiple at-risk locations and multiple hazards while knowing that their limited budget could not protect everyone.

When risk reduction actions are undertaken (which also leads to changes in land use, see Figure 5), there is a general lack of integration of human, social and environmental factors in intervention design. Decisions are typically dominated by economic and physical considerations. For example, the impacts of embankments on riverine ecosystems are rarely seriously considered when the investment in embankments is decided (Sendzimir *et al.*, 2008; Heine & Pinter, 2012). Similarly, the practice of disaster impact assessment rarely includes impacts beyond loss of life counts, physical damage inventory and some estimates of impact on the formal economy (see for example the EM-DAT database, Guha-Sapir *et al.*); so-called intangible impacts on social and environmental assets are only estimated on an ad-hoc basis, typically for large events in developed countries. Since disaster impact assessments are a key informant of disaster risk related decision-making, their narrow focus feeds back into these decisions and further biases them against looking beyond physical and economic factors.

Pearce (2003) finds that disaster preparedness initiatives fail when they have insufficient community involvement. We posit that the effectiveness of DRM activities is likely to improve by accounting for the incentives that guide individual and community decision-making – i.e., an approach which demonstrates how preparedness initiatives help a community achieve its human development and wellbeing goals. Complimentarily, an incorporation of human and social capital aspects is a notion central to modern development theory and practice, as well as natural resource management (Mostert *et al.*, 2007).

Decisions relating to risk reduction activities tend to take a static and marginal approach, implicitly assuming that risk and socioeconomic conditions will not significantly change in the future or have feedback relationships with the initiative itself. This is particularly disconcerting considering increasing uncertainty regarding future climatic and socioeconomic trends. Similarly, detailed disaster impact assessments are typically undertaken in the months immediately following a disaster, and at best may consider impacts out to one year. While there is some notable exceptions in the macroeconomics field (Hallegatte, 2008; Okuyama and Chang, 2004; Rose and Lim, 2002), the majority of data on disaster impacts struggle to incorporate indirect or flow impacts of disasters.

An overarching approach to DRM which neglects human, social and environmental dynamics leads to decisions about managing disaster risk which can have unintended and/or negative consequences for both risk and development in the longer term via changes in land use, infrastructure and assets in flood prone areas (Figure 5). At the 'risk reduction' phase of the disaster-risk management cycle, the classic example here is of the 'levee effect' (White, 1945; Burby, 2006). Levees are built to protect against flooding, yet they can alter and ultimately degrade the hydrology of the river system, eroding the environmental capital and provisioning services which support livelihoods, human wellbeing and actually absorb flood waters. At the same time, the people erroneously perceive that the levee provides a guarantee of safety, which induces development in the area. This alters the trajectory of development and increases exposure as more people and assets locate behind the levee. When the levee fails, as it is bound to do at some extreme point, the disaster is much bigger than would have been otherwise (Burby, 2006; Sendzimir et al., 2007).

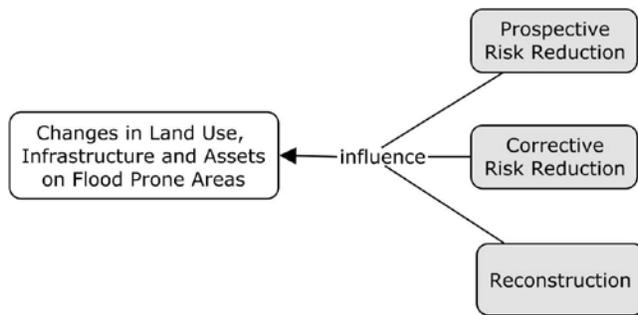


Figure 5: Disaster reduction and reconstruction decisions influence land use, infrastructure and assets in flood prone areas

Source: Authors.

At the same time that overall risk is increasing due to increases in exposure, there exists additional uncertainties in future socio-demographic, economic and climatic conditions. Climate change is modifying intensity and frequency of hydrological hazards (Jongman et al., 2014; UNISDR, 2015). Often neither policy makers nor practitioners in DRM and elsewhere are experienced in making decisions under these types of uncertainty (Hallegatte *et al.*, 2012). One significant uncertainty is around thresholds in social-ecological systems, which once crossed plunge the system into a new regime. Such socio-ecological system changes can happen very abruptly, persist strongly under the new regime, and may entail near or absolute irreversibility. The possibility of exceeding these types of system-altering thresholds is contributing to the impetus for applying the concept of resilience to disasters (Davoudi, 2012; O'Brien et al., 2012), as we explore below.

We have outlined a dynamic interconnection between disasters and development. This interconnection is widely and ever increasingly discussed, yet realizing it in practice to arrest growth in risk remains a challenge. The Hyogo Framework for Action (United Nations, 2005) laid out an ambitious program for addressing disaster risk and deliberately incorporated the interconnection between disasters and development into its priorities for action (UNISDR, 2015). However, a decade later the UNISDR (2015) has surmised that in the majority of countries the approach has been handled by environment ministries or emergency response agencies without the strategic capacity to truly influence change. DRM actions have been centred on the

emergency response to hazard events, which continue to be viewed as exogenous to development.

3 Resilience of Community Well-being versus Resilience to Risk

There is growing recognition by scholars, policy-makers, and practitioners of the need for a dynamic and holistic approach which focusses on human wellbeing rather than hazards *per se*. This is compounded by the recognition that increasing interconnectedness and uncertainty are becoming critical features of the socio-ecological systems which support human life. It is against this backdrop that resilience has emerged as a popular concept in disasters. This is an unsurprising development since resilience has its roots in how systems respond to shocks.

3.1 The evolution of disaster resilience

The concept of ‘resilience’ has gained prominence in the disasters field in conjunction with a growing recognition of the problem of investing in ex-ante risk reduction and protection. Definitions have been proposed by physical and social scientists, multilateral donors, and practitioners (see table 1). We review and then build on these to conceptualize and define disaster resilience in a way which more explicitly addresses the prevailing challenges in the field and opportunities presented by the concept.

Table 1: Definitions of disaster resilience

Source	Report/paper title	Disaster Resilience definition (emphasis added)
<i>Multilaterals</i>		
United Nations International Strategy for Disaster Reduction (UNISDR) 2011	Global Assessment Report 2011	The ability of a system, community or society exposed to hazards to resist, absorb, accommodate to and recover from the effects of a hazard in a timely and efficient manner.
Economic and Social Commission for Asia and the Pacific (ESCAP) 2013	Building Resilience to Natural Disasters and Major Economic Crises	The capacity of countries to withstand, adapt to, and recover from national disasters and major economic crises – so that their people can continue to lead the kind of life they value .
Asian Development Bank (ADB) 2013	Investing in Resilience: Ensuring a Disaster-Resistant Future	The ability of countries, communities, businesses, and individual households to resist, absorb, recover from, and reorganize in response to natural hazard events, without jeopardizing their sustained socioeconomic advancement and development.
<i>Development agencies and NGOs</i>		

Department for International Development (UK) (DFID) 2011	Defining Disaster Resilience: A DFID Approach Paper	The ability of countries, communities and households to manage change, by maintain or transforming living standards in the face of shocks or stresses – such as earthquakes, drought or violent conflict – without compromising their long-term prospects.
The International Federation of Red Cross and Red Crescent Societies (IFRC) 2012	The road to resilience: Bridging relief and development for a more sustainable future	The ability of individuals, communities, organizations, or countries exposed to disasters and crises and underlying vulnerabilities to: anticipate, reduce the impact of, cope with, and recover from the effects of adversity without compromising their long-term prospects.
Pasteur 2011 (Practical Action)	From Vulnerability to Resilience	The ability of a system, community or society to resist, absorb, cope with and recover from the effects of hazards and to adapt to longer term changes in a timely and efficient manner without enduring detriment to food security or wellbeing.

Academia

International Panel on Climate Change (IPCC) 2012	Managing the Risks of Extreme Events and Disasters to Advance Climate Change Adaptation	The ability of a system and its component parts to anticipate, absorb, accommodate, or recover from the effects of a hazardous event in a timely and efficient manner, including through ensuring the preservation, restoration, or improvement of its essential basic structures and functions.
National Research Council (NRC) 2012	Disaster Resilience: A National Imperative	The ability to prepare and plan for, absorb, recover from, and more successfully adapt to adverse events.
Twigg 2009	Characteristics of a Disaster Resilient Community	System or community resilience can be understood as the capacity to: • anticipate, minimize and absorb potential stresses or destructive forces through adaptation or resistance • manage or maintain certain basic functions and structures during disastrous events • recover or ‘bounce back’ after an event

Cutter et al. 2008	A place-based model for understanding community resilience to natural disasters	Resilience is the ability of a social system to respond and recover from disasters and includes those inherent conditions that allow the system to absorb impacts and cope with an event, as well as post-event, adaptive processes that facilitate the ability of the social system to re-organize, change, and learn in response to a threat.
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All definitions listed in Table 1 refer to the ‘ability’ or ‘capacity’ to withstand and recover (UNISDR, 2011; ESCAP, 2013; ADB, 2013; DFID, 2011; IFRC, 2012; Pasteur, 2011; IPCC, 2012; NRC, 2012; Twigg, 2009; Cutter et al., 2008). There is a distinction between definitions that tend to assume that the current level of development is acceptable and those that assume development is, or ought to be, on an upwards trajectory. As an example of the latter, DFID (2011) includes ‘by maintain or transforming living standards’ thereby suggesting that a key component of resilience is ensuring that disasters do not halt or reverse positive trends in development outcomes.

The definitions have many common elements and reflect much of the thinking outlined in this paper. Many of the definitions recognize the importance of DRM, in particular including aspects of risk reduction shown in the use of the words ‘plan’, ‘anticipate’ and ‘adapt to’. Many also include mention of development opportunities. For instance, the definition by the Asian Development Bank (ADB 2013), states that disaster resilience is ‘[t]he ability of countries, communities, businesses, and individual households to resist, absorb, recover from, and reorganize in response to natural hazard events, *without jeopardizing their sustained socioeconomic advancement and development*’ (emphasis added). Similarly DFID (2011) and IFRC (2012) mention ‘without compromising their long-term prospects’ at the end of their

definitions; Pasteur (2011) (Practical Action) ends with the phrase ‘without enduring detriment to food security or wellbeing.’ These definitions all hint at the fact that disasters can impede development or wellbeing over time.

Our reading of these definitions has identified a number of strides already taken and also a number of opportunities for enhancing the significance of resilience as a concept in the disasters discourse and corresponding development policy. Firstly, we propose that the importance of the long-term interconnection between disaster risk and development – which drives wellbeing (the ultimate purpose of DRM and development) be brought to the forefront of definitions of disaster resilience. Secondly, the *ex-post* aspects of response and ‘bouncing back’ are typically well covered, and this should be more fully complemented by an emphasis on *ex-ante* action in the form of prospective risk reduction (avoiding risk creation via development decisions), and corrective risk reduction (reducing risk to existing assets).

3.2 Defining development-centred disaster resilience

Taking the existing definitions and current thinking outlined above forward, we propose a novel conceptualization of disaster resilience that (1) explicitly emphasizes development opportunity, as this is arguably the reason disaster resilience is desirable, (2) sees disaster resilience embedded in complex adaptive systems, (3) identifies disaster resilience as being able to survive events, thrive in the face of uncertain future events and continue to strive towards new opportunities in the face of changing disaster risks, and (4) includes the capacity of the system to transform/reorganize in the face of changing social, economic, and environmental trends. These elements of a more holistic framework appear in a number of the definitions mentioned above. Bringing these out more explicitly, we suggest a broad-based working conceptualization of disaster resilience as:

‘The ability of a system, community or society to pursue its social, ecological and economic development objectives, while managing its disaster risk over time in a mutually reinforcing way.’

The conceptualization of disaster resilience presented here is built on the assertion that the overarching objective of both development and DRM is to promote the wellbeing of people. We argue that by conceptualizing disaster resilience in this way, the concept’s usefulness in bridging

the DRM and development fields is realized. Furthermore, this approach is founded in systems thinking, which is critical in an increasingly interdependent world. If resilience can explicitly emphasize these aspects, then it becomes more than just a passing buzzword.

We contend that communities and societies are complex adaptive systems; this means they are able to learn and change and operate in an environment that is changing (Levin, 1998; Lansing, 2003; Holland, 2006). This also means that the community and society (depending on the scale in question) faces risks and totally eliminating these risks is neither possible nor desirable. As they are dynamic and the environment is changing, over time the community's wellbeing and development opportunities will likely change. To continuously grow and develop in the face of risk implies the need for a risk management process (identifying, mitigating, preparing for and responding to the risk). That is, communities or societies that are always pursuing development opportunities must do so in a way that balances the risks, if they hope to continue to pursue their objectives and thrive. Thus we do not define resilience as doing the steps of DRM (see Figure 4) (albeit this should be a part of enhancing disaster resilience capabilities), but rather as a concept inherently linked to development and wellbeing.

Enhancing disaster resilience both reduces the incidence and severity of the hazard, and fosters capabilities within societies so that they are less disturbed by disasters when they do occur.

While economic growth and development can be a driver of risk by increasing the value exposed to a hazard, economic growth and development can also increase the sources of resilience by increasing the capacity to avoid risk creation in the first place, invest in protection, undertake preparedness measures, enable better coping strategies and afford recovery and reconstruction.

4 Development-centred disaster resilience in action

Building on our research and definition of disaster resilience, we now present a simplified conceptual framework of disaster resilience which explicitly focuses on the system interactions between disaster risk (both direct and indirect), DRM practices, and development (holistically understood). This framework has been developed within collaborative work in flood prone communities, hence it is currently structured around the community level and the specifics of flood risk; it is currently called the Flood Resilience (FLORES) Framework. However the framework could be generalized to different scales and hazards.

This systems perspective is a way to conceptualize and analyse the dynamic interconnections which result in human development and wellbeing outcomes. Because this framework is more holistic and explicitly aims to take account of interdependencies, it should be executed by decision-makers, or ideally a group of stakeholders, with a coordinated mission and the capacity to affect real change in the drivers of disaster risk – e.g., infrastructure, land use planning, economic development, to name a few.

A key to systems thinking is looking at relationships and connections between the parts in the system. From a systems perspective, a better understanding of the channels and the relationships that govern development and disaster risk has the potential to provide insight into effective ‘buffer zones’, ‘leverage points’ and other flow control measures that can greatly enhance the sources of resilience ex-ante, which effect ex post resilient outcomes. The systems perspective of resilience is cyclical and dynamic, encompassing the feedback loops and interconnections demonstrated in Figure 6.

Figure 6 shows a conceptual representation of our disaster resilience framework, as applied to the community level in a flood-risk area. It depicts the complex community system linking development/wellbeing, risk (direct and indirect), and DRM capabilities. A systems approach is particularly useful here, because it helps to keep focus on how policies that affect one function interact with the others, which then affect the overall functioning of the community. For example, a policy that is meant to enhance resilience by increasing the number of evacuation routes could encroach on the marshlands that provide natural drainage systems – a policy designed to reduce erosion.

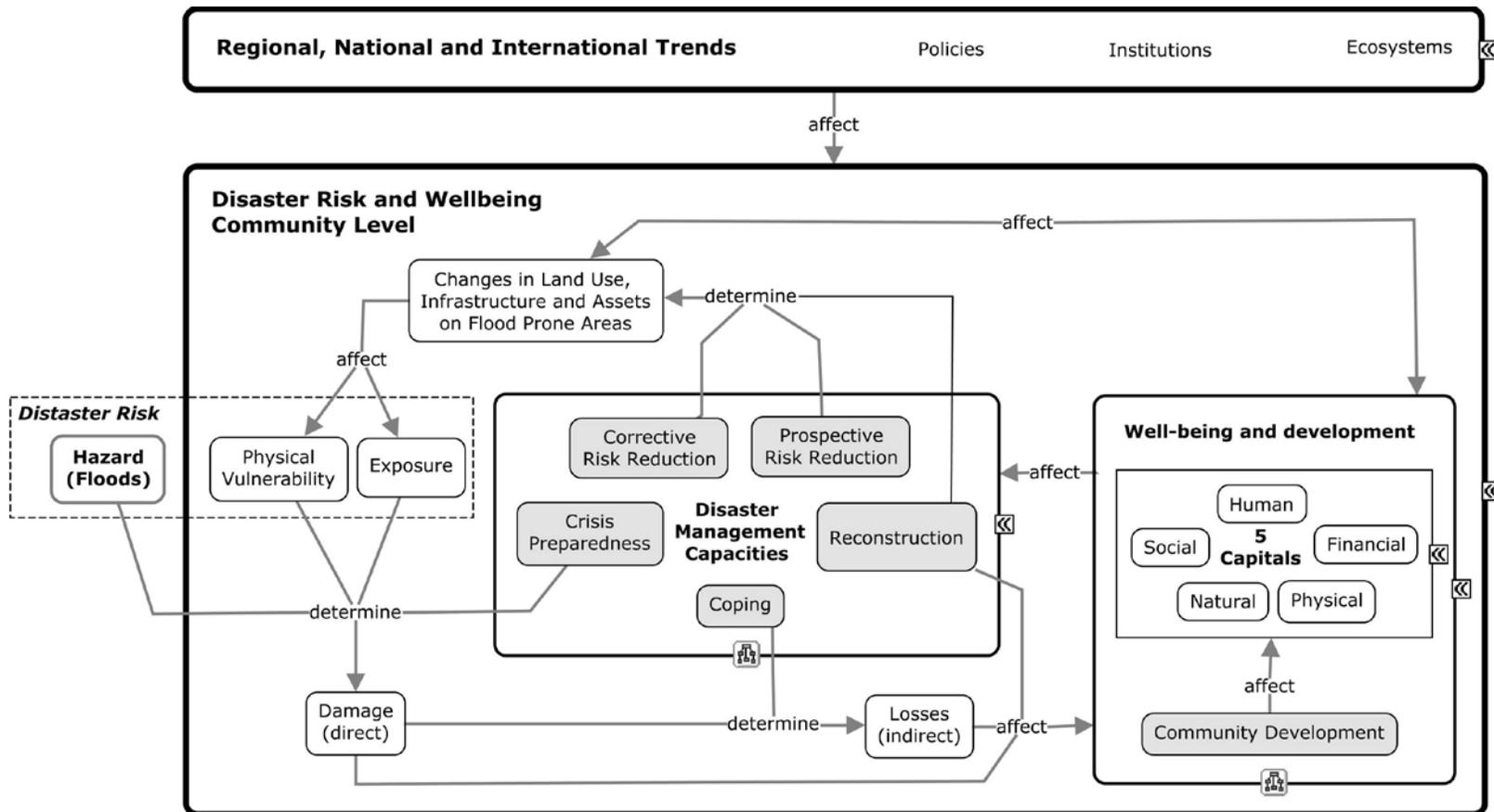


Figure 6: FLORES Framework. The diagram is built using the Concept Map method (Novak & Cañas, 2006).

Source: Authors.

The figure shows some (but by no means all) of the relationships within the complex system linking development and wellbeing, risk (direct and indirect), and the traditional DRM cycle. Starting with the accepted understanding of disaster risk, we show the elements of hazard, exposure and vulnerability. The bottom half of the framework shows how disasters and ex-ante disaster response jointly determine the impact of a disaster on development. We see how the elements of risk (hazard, exposure and vulnerability) coupled with crisis response actions jointly determine the risk of direct damage. This direct damage influences development via, for example, direct damage to productive assets. The type of coping mechanisms employed within the system influence the way in which the direct damage transforms losses (also known as indirect damage). Losses also impact on development. The link showing that development/wellbeing impacts DRM represents the relationship between resources within the system and the capacity and type of DRM which is able to be undertaken. Generally speaking communities with higher asset endowments tend to have higher capacity to engage in DRM. However it should be noted that the type of capital held by the community will impact the type of DRM that is possible.

Moving from right to left along the top half of Figure 6 we see the way in which development and disaster risk reduction activities jointly feedback into disaster risk. This sketches out the ‘development impacts disasters’ argument together with the recognition that both prospective and corrective risk reduction decisions can have long-term (and sometimes unintended) consequences. These interactions happen via land use, infrastructure and asset location decisions. Development and risk reduction decisions influence land use, infrastructure and asset location, which in turn influences exposure and physical vulnerability. Trends at the national, regional, and international level also have significant impacts on the functioning of systems, such as communities, at lower levels; hence these must be considered in the broader context and are represented at the top of the figure.

The purpose of the FLORES framework is to allow stakeholders to systematically explore the way disaster risk impacts development, the way development decisions might increase or mitigate disaster risk, and the way DRM initiatives can impact development in the longer-term. Early versions of the framework were shared with DRM and development practitioners from our partner organisations, who contributed much to this version. Overwhelmingly the response from

practitioners is that the framework realistically maps what they intuitively know already; this is as it should be. By sketching out intuitive but disparate knowledge in a systematic way, the framework provides a foundation from which to engage in deeper understanding of the drivers of disaster risk and development, as well as intervention options.

We are applying this framework in a number of communities in developing countries. At the assessment phase the framework is being utilized in multi-stakeholder workshops to bring stakeholders from different levels (community through to national) together to: 1) develop a shared understanding of the drivers of disaster risk and development in their area, and 2) jointly identify intervention options which will support both risk reduction and community development/wellbeing. Further uses for the framework are under development, however we anticipate it to be used in a number of other ways throughout the project cycle. At the prioritization phase, the framework provides a structured way of identifying indirect and intangible impacts of interventions, which may enhance or diminish their desirability for different groups. At the intervention phase, use of the framework enables practitioners and stakeholders to carefully manage impacts so that inadvertent risk creation or erosion of development potential is avoided, and risk reduction and development potential enhanced. Finally at the evaluation phase the indirect and intangible impacts of the intervention can be more readily identified. Lessons from this ongoing work will also be used to empirically explore the key relationships driving risk and development.

5 Conclusion

Disaster risk is on the rise and currently countries, communities, NGOs, the private sector, and the international community are heavily engaged in debate regarding means to tackle risk effectively. The core of the failure to arrest the growth in disaster risk - as epitomized by the very limited success of the risk reduction component of the HFA (United Nations, 2005), has less to do with the HFA itself and more to do with the practical constraints on *ex-ante* DRM coupled with substantial myopia towards disaster risk. In the vast majority of countries, reducing risk has been given extremely low priority and thus relegated to a drastically under-funded add-on to the remit of the emergency management sector, rather than a shift in development policy (UNISDR, 2015). We would stress that we are not disparaging the humanitarian sector or government emergency management authorities, who have saved countless lives on limited budgets.

Similarly we are not disparaging governments, multilaterals, or development NGOs who by and large have undertaken significant efforts to ‘mainstream’ disaster risk into their work. This work is essential, yet has been demonstrated to be insufficient.

Resilience, once properly defined and operationalized, provides a framework by which the development and risk management objectives of a community may be unified. Overall we find that disaster risk is inextricably tied to development – both driven by development and impacting on development. While both promoters of development and DRM intend to improve the well-being of households and communities, both are prone to myopic perspectives that reduce their effectiveness. The concept of resilience has the potential to engender a meaningful shift in both development and disaster policy (insofar as they currently remain operationally separate). The shift is subtle - rather than focusing on the resilience *to* risk we propose that both fields must focus on the resilience *of* community well-being.

However this shift in understanding and resulting change of policy and practice will only be possible if the systems thinking embodied in resilience comes to the fore. If resilience becomes a rebranding of ‘DRM done well’ the creation of risk will not be adequately averted because it will not remedy the challenges inherent in our current approach to disaster risk. Here we find significant agreement with the UNISDR (2015) who point out that the need to move thinking from disaster resilience to resilient development.

Our contribution to this endeavour is to propose a conceptualization of resilience based on a systems approach that moves beyond the narrow and static conceptualizations that have characterized the field to date. We first present a development-centred definition of disaster resilience, and secondly map out a systems framework which highlights the dynamic interconnections between development, disasters and DRM. The functioning of this system can result in multiple development and disaster risk outcomes in the long-term.

This systems thinking approach to disaster resilience is being utilized in a number of case studies in communities in Peru and Nepal. The framework is still being developed in conjunction with practitioner partners, however early results indicate its significant usefulness in conceptualizing the complexity of the relationship between disasters and development. The relationships outlined in the framework are not revolutionary and are in fact quite intuitive. What is useful to

practitioners is having a way to visually organize the context in which they are working. The FLORES system diagram provides a risk assessment process that allows a holistic assessment of risks, and how risks are related to help avoid overlooking the less obvious risks present in the system. Being able to plan for both DRM and community development is a significant progress, allowing communities to identify constraints (where an asset is limited or restricted), where the choke points are, where many critical flows can be log jammed, and where are the leverage points for change. By taking a systematic approach to resilience the full impact of disasters is better understood, and avenues for leveraging an event into transformational change are realized.

We do not underestimate the challenges associated with the shift in thinking and associated change in policy and practice that we propose. Navigating the tensions associated with any coordinated approach is a significant impediment to a systems approach being adopted and maintained over time. It is for this reason that we are conducting this research in collaboration with the NGO sector. Similarly, this paper represents an opening discussion with the academy in order to build on the academic process as the work continues.

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