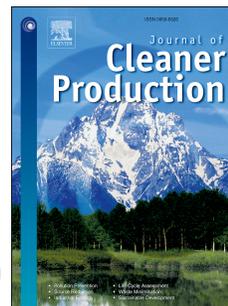


# Journal Pre-proof

Piloting a capital-based approach for characterizing and evaluating drivers of island sustainability- An application in Chongming Island

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Jiayi FANG: Conceptualization, Methodology, Data curation and analysis, Writing-Original draft preparation.

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Feiran SUN: contributed to Figures, Visualization.

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**23 Abstract**

24 Islands have been a focal point of sustainable development efforts. To understand the  
25 dynamic evolution of island sustainability is of great importance. In this study, a  
26 capital-based approach is piloted for measuring sustainability in Chongming island  
27 along with its interactions with nearby mainland Shanghai, and to estimate the  
28 dynamic changes along with its responsible drivers. Initially, as per the capital-based  
29 approach, a three-tier indicator system with 31 indicators is developed to reflect  
30 sustainability by five capitals, namely, natural, social, human, financial and physical  
31 capitals. Subsequently, a detailed analysis is conducted to analyze the dynamic  
32 changes of each capital from 2000 to 2017 for both Chongming and mainland of  
33 Shanghai. Results show that: natural, physical and financial capitals followed a  
34 significant increasing trend, whereas a slight decline was observed in social capital.  
35 Also, no specific trend was noted in human capitals for both study regions.  
36 Furthermore, as compared to the island, mainland seems to develop a higher  
37 sustainability for the respective time span. It is recommended that Chongming island  
38 should focus on strengthening social and human capital in future. A wider and new  
39 public-private partnership is encouraged to improve public participation. This  
40 framework clearly depicts the dynamic evolution of sustainability, would help  
41 stakeholders to identify the restricting elements hindering the overall sustainable  
42 development, make it understandable and comparable for decision makers to monitor  
43 gaps and proposing initiatives to reduce inequalities.

**44 Keywords**

45 Islands, Sustainability Index, Sustainable Development, Indicator System, Capital  
46

**47 1 Introduction**

48 Islands are vulnerable to global climate, environmental and socioeconomic changes  
49 and thus become a focal point of sustainable development efforts (Bass and  
50 Dalal-Clayton, 1995; Maul, 1996; Kerr, 2005). Due to limitations in the  
51 characteristics of islands such as, small area, geographical isolation, and relatively  
52 fragile ecosystems (Woodroffe, 2008; Nunn, 2009), islands are facing a vast  
53 restriction in development as compared to the neighboring mainland. Continental  
54 islands are bodies of land that lie on the continental shelf of a continent (Beate M.W.  
55 Ratter, 2018). Among all types of continental islands, fluvial islands are particularly  
56 vulnerable as they typically locate in coastal flood-plains, often lack geo-stability over  
57 decades to millennia, face uncertain disturbances from river, ocean as well as nearby  
58 coastal socio-ecological systems with relatively small areas and flat topography  
59 (Osterkamp, 1998). Meanwhile, unsustainable development and utilization of  
60 human-induced factors (e.g., human-induced subsidence) often exacerbate the islands'

61 environmental vulnerability. In the meantime, climate change has induced uncertainty  
62 in estimating the parameters and produced a tremendous impact on the physical and  
63 chemical ecosystems for small islands and Small Island Development States (Duvat et  
64 al., 2017; Ourbak and Magnan, 2018; Petzold and Magnan, 2019). With new stakes of  
65 the Anthropocene in islands context, the anthropogenic factors should not be ignored  
66 in island sustainability studies (Chandler and Pugh, 2018; Pugh, 2018; Wu et al.,  
67 2019).

68 With the footprint from the Millennium Development Goals to the Sustainable  
69 Development Goals (SDGs), sustainability has been growing explosively over the past  
70 few decades (Kates et al., 2001; Robert et al., 2005; United Nations, 2015). Its  
71 conceptual framework has evolved in various disciplines such as social-ecological  
72 systems, environmental policy and management, biology, civil engineering, etc.  
73 (Folke et al., 2002; Kuhlman and Farrington, 2010; Bettencourt and Kaur, 2011). The  
74 study on island sustainability has focused on tourism (Lim and Cooper, 2009),  
75 fisheries (Newton et al., 2007), climate change (Hay, 2013) and ecosystem service  
76 (Feagin et al., 2010). However, despite its popularity and frequent application, there is  
77 limited understanding of how to assess and measure sustainability of islands as a  
78 complex social-ecological system. Thus, a study that systematically assesses the state  
79 of sustainability in an island is imperative. There is also a need for improvement to  
80 account for dynamics of sustainability over time and across space (Xu et al., 2020).  
81 Further, it provides a better understanding and landmark to the islands that are yet to  
82 be developed globally. Evaluation of sustainability index can portrait a better  
83 decision-making policies and adjustment for the island development.

84 Quantitative methods for constructing sustainability metrics is a rapidly developing  
85 area of sustainability research (Parris and Kates, 2003; Hák et al., 2016). Debates are  
86 ongoing for the optimal selection of suitable indices that best describe sustainability in  
87 present and future scenarios. Shi et al. (2004) conducted a sustainability assessment  
88 for the Chongming island, China's largest fluvial island, between 1990 and 2000 from  
89 three sub-systems, namely, environment and resources, economic development, and  
90 society sustainability index. Costanza et al. (2007) suggest a four-capital framework  
91 to monitor sustainable well-being and sustainability by built, natural, social and  
92 human capitals. Sharifi and Murayama (2013) reviewed seven selected neighborhood  
93 sustainability assessment tools and indicated that most of the tools are not doing well  
94 regarding the coverage of social, economic, and institutional aspects of sustainability.  
95 Polido et al. (2014) reviewed sustainability and environmental assessment in islands  
96 from the last 15 years, suggesting to promote research on capital-building in small  
97 islands. Due to the complex structure of the concept of sustainability, there is no  
98 universal procedure or criteria to evaluate sustainability at an island scale.

99 Here we developed an indicator system to track the dynamic change of sustainability  
100 of the Chongming Island, a fluvial island social-ecological system, as well as that of  
101 its closely-related mainland area. Together they form the megacity Shanghai. Thus,  
102 the study emphasized on collecting and evaluating the datasets on historical, cultural  
103 and social aspects for the Chongming island. In context, a capital-based approach is

104 adopted for measuring the drivers for island sustainability and its associated dynamic  
105 changes from the year 2000 to 2017. Furthermore, the dynamic changes have been  
106 analyzed for the island and its interactions with the mainland Shanghai is closely  
107 monitored in the present study. The study performed on the Chongming island and  
108 mainland Shanghai, is of national importance and global financial hub, to understand  
109 the various impact of island on the nearby mainland, which is not analyzed before in  
110 the previous studies. The previous studies performed on the island were based on the  
111 old development plans and policies, thus, this study analyzed how the latest advanced  
112 policies and strategies have cumulatively affect the sustainability of the island and the  
113 mainland. Also, due to climate change and human interventions, the strategies cannot  
114 be deployed based on the previous studies (say last 10 years) and a latest analysis  
115 must be performed for a more informed and effective decision-making process. Hence,  
116 a robust technique is described in the present study for the current years to perform  
117 the sustainability assessment for an island along with its interactions with the nearby  
118 mainland.

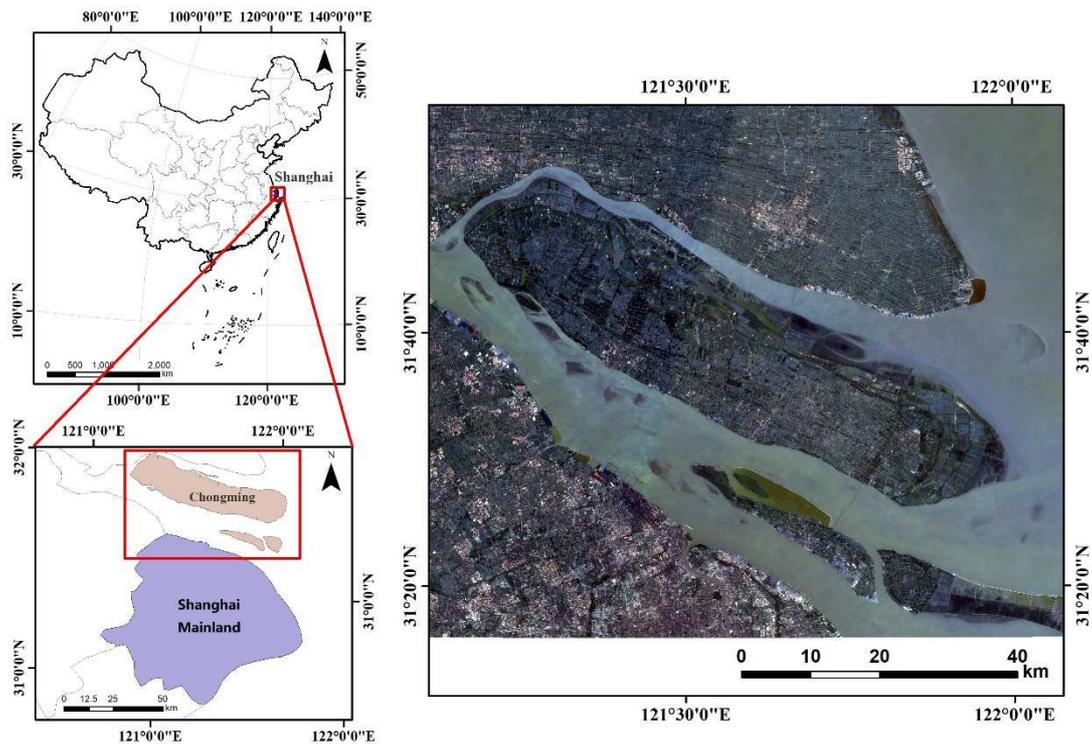
119 The five capitals model forms a basis for understanding sustainable development  
120 through the lens of the economic concept of wealth creation or 'capital'. All  
121 economies utilize these five types of capital usually. Examining all sections of the five  
122 capitals model together, as a larger and collective unit, is where sustainability,  
123 stewardship and increased opportunity are realized. This framework provides a better  
124 holistic understanding towards the island sustainability. Hence, the following three  
125 objectives were developed: 1) to develop an indicator system to reflect island  
126 sustainability based on a capital-based approach; 2) to analyze dynamic changes of  
127 each capital from 2000 to 2017 and 3) to identify potential drivers and challenges in  
128 development toward sustainability.

## 129 **2 Study Area**

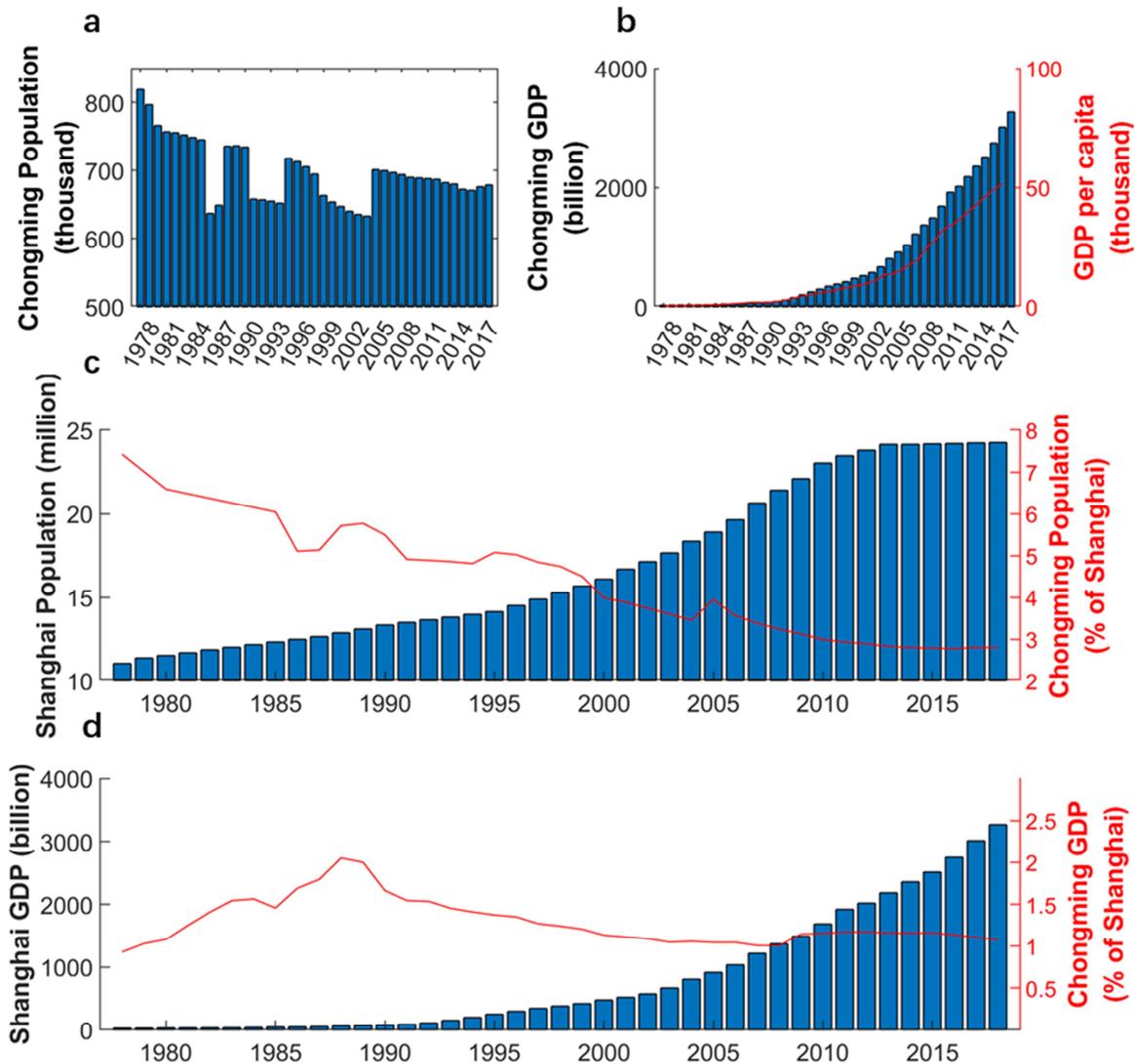
130 The Chongming Island, with a total area of 1,200 km<sup>2</sup>, is China's third largest island  
131 and largest alluvial island. Located at the mouth of the Yangtze River  
132 (32°27'N-31°52'N, 121°10'E-121°55'E, Fig. 1). Chongming is flat (3.5-4.5 m above  
133 mean sea level on average) with a coastline of about 195 km (Chongming Statistics  
134 Bureau, 2000). It belongs to the north subtropical maritime climate zone. The river  
135 network in Chongming is dense (1.95 km/km<sup>2</sup>), consisting of 1119 rivers with a total  
136 river length of 2028 km (Che et al., 2006). Agro-ecosystem is the top land use and  
137 provides a large proportion of the food supply in Chongming (Huang et al., 2008).  
138 Meanwhile, the location of Chongming makes it prone to multi-hazards, such as  
139 typhoon, rainstorm, flood, etc. According to historical disaster records, the total direct  
140 economic losses from disasters was about 500 million RMB during 1984-2018.  
141 Among all natural disasters, typhoon had highest impacts (Supplementary Fig. 1).

142 While being a nearshore island with only about 10-20 km of distance from mainland,  
143 Chongming remains the most remote and underdeveloped district among Shanghai's  
144 16 districts. While Chongming is the largest in terms of geographic area (almost 20%),

145 it is also the smallest in terms of population (678 thousand in 2018, about 3%) and  
146 Gross Domestic Product (GDP) (1% in 2018), making it the least developed district in  
147 Shanghai (Fig. 2). The total population in Chongming declines steadily in recent  
148 decades, while total population in Shanghai keeps increasing. The proportion of  
149 Chongming population to Shanghai decreased from almost 8% in 1978 to less than 3%  
150 in 2018. Meanwhile, GDP and GDP per capita in Chongming keeps increasing with  
151 economic development (Fig. 2b), by 2018 its percentage in Shanghai's total GDP was  
152 almost halved from the peak value of 2.2% in 1988.



153  
154 Fig. 1 Location of Chongming Island.  
155



156  
 157 Fig. 2 Changes of population and GDP in Chongming from 1978-2018. a) changes of population  
 158 in Chongming; b) changes of GDP and GDP per capita in Chongming; c) changes of total  
 159 population in Shanghai Municipality, and ratio of Chongming population to Shanghai total  
 160 population; d) changes of total GDP in Shanghai Municipality, and ratio of Chongming GDP to  
 161 Shanghai total GDP.

### 162 3 Methods

163 The methodology adopted in the study includes two main steps: the development of  
 164 the indicator system and the application to assess the sustainability of study area.

#### 165 3.1 Developing an indicator system

166 Adapted from several frameworks (Smith et al., 2001; Mayunga, 2007; Michel-Kerjan,  
 167 2015; Cai et al., 2016), we developed a capital-based metric indicator system of  
 168 sustainability, that goes beyond the conceptual phase and offers a structured way to  
 169 operationalize and measure island sustainability. It is built on the key assets viz. social,

170 human, physical, financial and natural. These capitals are viewed as an interdependent  
 171 capacity that capture the core capacities of a region system. The study is in  
 172 continuation with the previous case studies (Shi et al., 2004; Keating et al., 2014; Gu  
 173 et al., 2018) and considered socioeconomic aspects of Chongming Island. Accordingly,  
 174 a three-tier system with 31 sub-indicators has been constructed (Table. 1).

175 Table. 1 The indicator system of sustainability based on the capital-based approach in this study.

Capital	Level	Variables	Relationship to sustainability
<b>Human Capital</b>	Education	Percentage of population with college diploma	+
		Percentage of population with high school diploma	+
		Illiteracy rate	-
	Population change	Natural population growth rate	-
	Occupation	Percentage of primary-industry employees	-
	Age	Percentage population under 18 years old	+
Percentage population over 60 years old		-	
<b>Financial Capital</b>	Economic Status	GDP per capita	+
	Income	Per capita disposable income of urban residents	+
		per capita disposable income of rural residents	+
<b>Physical Capital</b>	Infrastructure investment	Fixed asset investment per capita	+
	Medical facilities	Number of beds in health institutions per 10,00 people	+
		Number of medical technical personnel per 1000 resident population	+
	Building code	Percentage of concrete housing	+
	Transportation	Cargo volume per capita	+
<b>Social Capital</b>	Social dependency	Old (over 65) and young (less than 15) to laboring population between 15 and 65 years	-
	Household structure	Percentage of sole-elder households	-
		Percentage of divorced population	-
	Urban-rural disparity	Percentage of urban residents receiving subsistence allowances from the government	-
		Percentage of rural residents receiving subsistence allowances from the government	-
		Difference of residents' disposable income between urban and rural households	-
	Floating population	Net mechanical rate (immigrants from other places to household registration system (Hukou))	-
	<b>Natural Capital</b>	Air quality	Annual daily mean concentration of SO <sub>2</sub>

<b>Capital</b>	Annual daily mean concentration of NO <sub>2</sub>	-
	Mean concentration of inhalable particulate	-
Water quality	Ratio of river with water quality higher than III	+
Investment in environmental protection	Ratio of investment in environmental protection to local GDP	+
	Ratio of industrial wastes treated and utilized	+
Natural buffer	Forest coverage rate	+
	Green coverage rate	+
	Urban green space per capita	+

### 176 3.1.1 Human Capital

177 Human capital usually refers to the quality of citizens (Smith et al., 2001). It can be  
178 measured by various criteria such as education, population change, occupation and  
179 age.

180 Education level is an important variable with strong association to resident income,  
181 quality of life, job opportunities, etc. (Cutter et al., 2010). People working in the  
182 primary activities such as agriculture, animal husbandry and fishery are often more  
183 vulnerable in facing both environmental and economic uncertainties, because of their  
184 higher dependency on natural conditions and relatively weak economic power in  
185 markets. The rate of change in population indicates the speed of population growth  
186 along with its associated regional development. In China, the natural growth of  
187 population has been declining and the society is aging, with more and more elders  
188 who are considered to be more vulnerable (Gu et al., 2018).

### 189 3.1.2 Financial Capital

190 Financial capital denotes available economic resources that people can use to improve  
191 their livelihood and the government uses to invest for the society (Mayunga, 2007).

192 Income is usually the ideal indicator for the socioeconomic status of residents. The  
193 level of income reflects the living levels of residents (Masozera et al., 2007).  
194 Disposable income per capita in rural and urban areas are selected respectively.  
195 Abundant wealth develops the region and provides strength to improve their living  
196 conditions (Cutter et al., 2010). GDP is one way to measure the production activities  
197 of a region over a certain period of time and it is also an important indicator for  
198 measuring the level of regional economic development. Here GDP per capita is  
199 considered to reflect the economic development.

### 200 3.1.3 Physical Capital

201 Physical capital includes the indirect aspects of economic activity, such as  
202 infrastructure, residential housing and medical facilities (Mayunga, 2007). Thus,  
203 physical capital can be measured through building code, medical facilities,  
204 transportation and infrastructure investment.

205 House with concrete structure are more stable and indicate better living conditions,  
206 thus the proportion of concrete housing area is used to present building code  
207 (Omidvar et al., 2012). Medical service is important to meet the needs by residents.  
208 The density of medical service is presented by health equipment and medical

209 technical personnel. Infrastructure investment includes investment in transportation  
210 and public infrastructure, etc. It is difficult to collect continuous infrastructure data at  
211 the county level. Thus, fixed asset investment per capita is considered as the proxy  
212 variable to represent physical capital. Transportation reflects the mobility of a system.  
213 Higher cargo volume per capita indicates a higher flexibility in transportation.

#### 214 **3.1.4 Social Capital**

215 Although the social capital can be defined in various ways, there is always a common  
216 emphasis on the aspect of social structure, harmony, equity and social network  
217 (Minamoto, 2010). It can be measured through social dependency, household structure,  
218 urban-rural disparity and floating population.

219 Social dependency refers to the ratio of nonworking-age population to working-age  
220 population. A higher social dependency indicates the pressure on economic productive,  
221 working population in society. High urban-rural disparity is a potential threat to  
222 inclusive development. The study considered the disposable income difference  
223 between urban and rural residents. Additionally, households whose per capita monthly  
224 income is lower than certain local standards receive subsistence allowances from the  
225 local government. These residents are usually incapacitated and in an economically  
226 disadvantageous situation. Thus, proportion of residents who receive subsistence  
227 allowances from government in rural and urban areas are also considered. Two  
228 variables of household structure are accounted, namely the percentage of sole-elder  
229 households and the percentage of divorced population. Higher ratios of the solo-elders  
230 and divorced people indicates more instability in a society as it may suffer more  
231 problems during adverse circumstances. Floating population is a terminology used to  
232 describe a group of people who reside in a given population for a certain period of  
233 time for various reasons, but are not generally considered a part of the official census  
234 count. Due to household registration system (namely Hukou) in China, the floating  
235 population are largely excluded from the local welfare system, thus it may lead to the  
236 instability of society. In Shanghai, migrants account for about 41% of the total  
237 population who are mainly living in rental housing (Wang et al., 2012a). Thus, net  
238 mechanical rate refers immigrants from other places to household registration system.

#### 239 **3.1.5 Natural Capital**

240 Natural capital refers to natural resources that reflects the abundance and stability of  
241 the natural system. It can be measured through environmental investment, air quality  
242 and nature buffer.

243 The variables are considered in context to the investment in environmental protection  
244 to local GDP and waste treatment to reveal the input efforts in environment protection.  
245 Three variables are employed to reflect local air quality for the study region. Water  
246 quality is determined by river ratio with good water quality (namely water quality  
247 grade higher than III grade). The water quality grade is classified by more than 30  
248 variables (COD, N, P and heavy metals) based on Environmental Quality Standard for  
249 Surface Water in China. The study initially attempts to use the air quality index (AQI)  
250 to understand the air quality for the study region. However, as per the government  
251 records and database available, AQI is documented for air quality only after the year

252 2013. Although, AQI is widely adopted and accepted to analyze the air quality of the  
 253 region, but no dataset is available before the year 2013, which constraints the use of  
 254 this particular index to analyze air quality. Therefore, the study considers these three  
 255 parameters such as SO<sub>2</sub>, NO<sub>2</sub> and PM to understand and analyze the air quality for the  
 256 study regions. Natural buffer such as green space and forest, provides a good living  
 257 environment and plays an important role in enhancing societal sustainability.

### 258 3.2 Data collection and process

259 Availability of long-term data plays a significant role in this kind of site-specific study.  
 260 Regional datasets were acquired from multiple sources (Table. 1), mainly from  
 261 statistical yearbooks and bulletins published by Chongming and Shanghai Statistical  
 262 Bureaus from 2000-2017 (Chongming Statistic Bureau, 2018; Chongming County,  
 263 2018; Shanghai Municipal Statistics Bureau, 2007, 2017; Shanghai Water Authority,  
 264 2018). The fifth and sixth national population census in 2000 and 2010 (2000; 2010  
 265 census) (NBSC, 2001; 2011) were also used, as well as various historical statistical  
 266 yearbooks which are included in the Chinese Socioeconomic Development Statistical  
 267 Database (<http://tongji.cnki.net>).

268 All the available datasets were acquired for both the study island i.e. Chongming  
 269 (hereinafter CM for convenience) and the mainland part of Shanghai, which  
 270 comprises other 15 districts except Chongming (hereinafter SHM for convenience).

271 Raw count variables need to be transformed into percentages, rates, differences, or  
 272 averages. Normalization refers to the transformation of variables, so that a common  
 273 scale is adopted and can be compared by a common reference. Here a min-max  
 274 normalization technique was performed on all variables (Patro, S. and Sahu, 2015).

275 Various methods exist in determining weights of different variables to be aggregated,  
 276 such as analytic hierarchy process, principal component analysis, entropy-based  
 277 method, etc. (Wu et al., 2017), some subjective and the others more objective (Ma et  
 278 al., 1999). In this study, an entropy weighing technique is adopted to assign weights to  
 279 different indicators. The entropy method is a widely used approach (Liu et al., 2018a),  
 280 in which the weight values of individual indicators are determined by calculating the  
 281 entropy and entropy weight (Zou et al., 2006). The greater the entropy is, the smaller  
 282 the corresponding entropy weight will be. The amount of useful information that the  
 283 target provides is thus low. If an indicator's entropy weight is zero, it provides no  
 284 useful information and such indicator may be removed. The main steps of the entropy  
 285 weight method include a) the formation of the evaluation matrix; b) the  
 286 standardization of the evaluation matrix; and c) the calculation of the entropy and the  
 287 entropy weight.

288 The entropy of the  $i$ th indicator is defined as:

$$289 \quad H_i = -k \sum_{j=1}^n f_{i,j} \ln f_{i,j}, \quad i = 1, 2, 3, \dots, m \quad (1)$$

$$290 \quad f_{i,j} = r_{i,j} / \sum_{j=1}^n r_{i,j}, \quad k = 1 / \ln n \quad (2)$$

291 where  $H_i$  is the entropy of the  $i$  th indicator. When  $f_{i,j} = 0$ , we suppose

292  $f_{i,j} \ln f_{i,j} = 0$ . The weights of indicators to a specific category is calculated as

293 described in eq. (3):

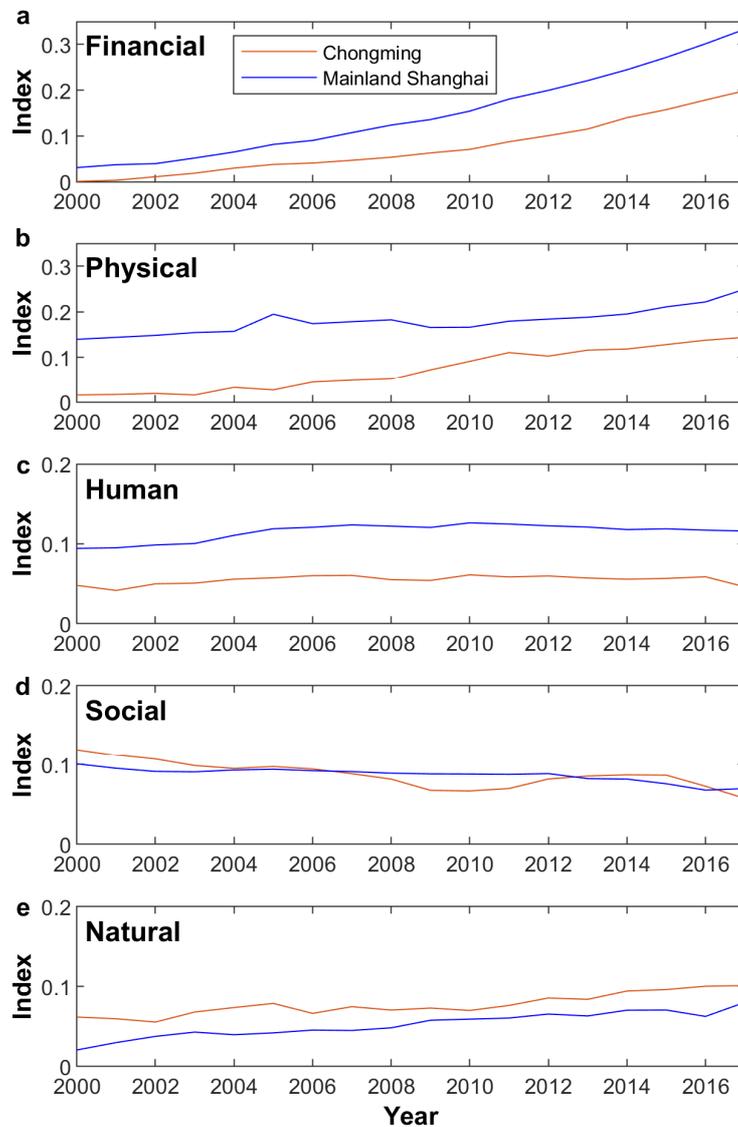
$$294 \quad w_i = (1 - H_i) / (m - \sum_{i=1}^m H_i) \quad (3)$$

295 Score of each capital is calculated from indicator scores obtained.

$$296 \quad \text{Score} - \text{capital} = \sum_{i=1}^m w_i H_i \quad (4)$$

## 297 4 Results

298 Changes of five capitals from 2000 to 2017 are shown in Fig. 3. There are increasing  
 299 trends for natural, physical and financial capitals for both SHM and CM from 2000 to  
 300 2017. While human capital fluctuates, social capital slightly declines.



301

302 Fig. 3 Changes of a) financial, b) physical, c) human, d) social and e) natural capitals from

303 2000-2017 in Chongming and mainland Shanghai. Only human capital for Chongming shows an  
304 insignificant trend ( $p < 0.05$ ).

305 The trend of financial and physical capital for both CM and SHM shows a significant  
306 increasing trend over time (Fig. 3a, b). The gap of physical capital between SHM and  
307 CM is decreasing (Fig. 3b), while the gap of financial capital is widening (Fig. 3a).  
308 Fast economic development is a key contributor to increased financial capital,  
309 accompanied with increased resident income. GDP per capita in Shanghai reached  
310 20,398 USD in 2018, 2.5 times of that in CM. CM had an inferior infrastructure level  
311 around 2000 compared with SHM. With huge financial capital of SHM, financial  
312 resources from SHM had transferred toward to CM by a series of infrastructure  
313 construction, such as bridges, tunnels and roads. Rapid development of the  
314 transportation infrastructure within the island has accelerated local transportation,  
315 effectively promoted local economic development and social stability, and has been  
316 proven highly resistant to extreme weather conditions. Since 2008, the growth rate of  
317 physical capital in CM is even slightly higher than that in SHM. With a large number  
318 of ongoing and near future (up to 2023) construction projects of high-speed railway  
319 and underground tunnels between CM and SHM (Chongming District, 2018), it is  
320 foreseeable that transportation infrastructure will continue to improve.

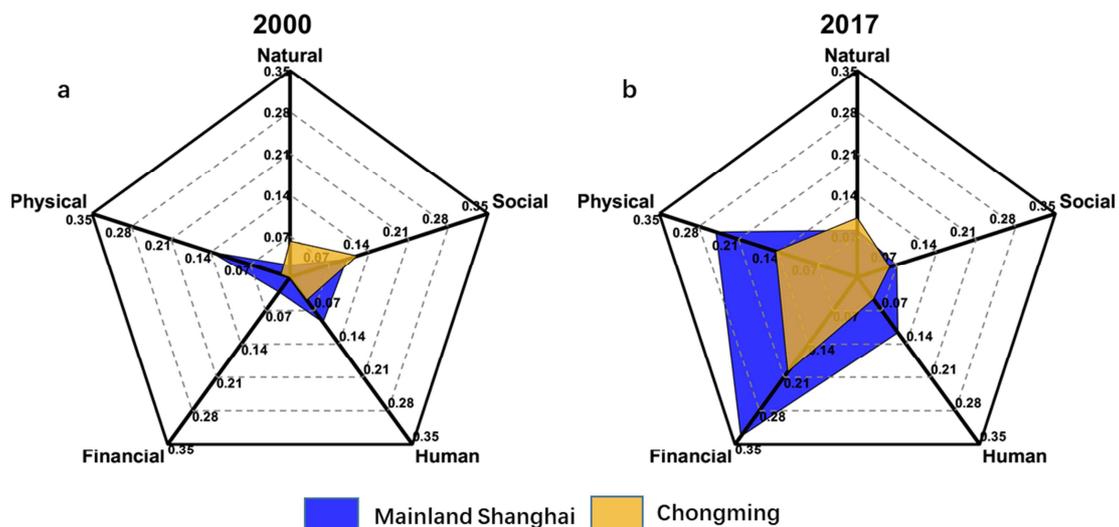
321 Human capital in CM follows a relatively flat trend, while that in SHM gained slow  
322 increase and is much higher in absolute term (Fig. 3c). Due to the negative population  
323 growth rate, the human capital observed a decreasing trend. On the contrary, with the  
324 implementation of compulsory education, education attainment rate in CM increased,  
325 positively contributing to human capital. CM has experienced negative natural  
326 population growth since 1995. The absolute value of negative growth rate keeps  
327 increasing and is up to 5% in 2017. Student enrollment has decreased much faster in  
328 CM than SHM, while elders has increasing much faster (Supplementary Fig. 2). Many  
329 colleges and universities locate in SHM, attracting and providing higher education to  
330 students from all over the country, and locally as well.

331 A slight decreasing trend has been observed for social capital in both CM and SHM  
332 (Fig. 3d). Factors including population aging, increasing urban-rural disparity, and  
333 divorce rate contribute to decrease in social capital. The income gap between SHM  
334 and CM becomes larger, which leads to unbalanced development and inequality.  
335 Nearly one third of residents in CM engage in primary industry, while this number is  
336 only about 2-3% in SHM. The imbalance of population age structure is more sever in  
337 CM due to the shortage of youths. CM Island's aging population rate reached 36.4%,  
338 which is the highest district in Shanghai (Shanghai Research Center on Aging, 2019).  
339 Those elders are characterized as low income, low educated and dependent on  
340 primary industry, and mainly distributed in CM. CM has been depopulating not only  
341 due to natural growth, but also because it gradually loses attraction to local young  
342 residents due to its low economic development, rural-based landscape and  
343 inconvenient traffic facilities. It leads to a large proportionate of elders live in CM.  
344 The sole-elders in CM is much higher than SHM, with 5% and 2%, respectively. This

345 aggravates CM aging problem and reduces social capital.

346 Regarding natural capital, increasing trends were observed throughout for SHM and  
 347 CM (Fig.3e). Natural capital in CM in 2000 is higher than SHM, the gap of natural  
 348 capital is narrowing until 2017. The growth rate of natural capital for SHM is higher  
 349 than CM. Shi et al. (2004) found that development process of Shanghai between 1990  
 350 to 2000 was at the cost of environment and resource degradation, while social and  
 351 economic development in CM was restricted to protect environment and resources.  
 352 The degrading trend in 1990s has been largely reversed as the importance of  
 353 environmental protection and ecological civilization increases in the policy arena. For  
 354 instance, forest coverage has increased from 3.1% to 10.74% in SHM from 2000 to  
 355 2017.

356 Sustainability of the two with all five dimensions can be assessed using spidergrams  
 357 (Fig. 4). In 2000, compared to SHM, CM is poor in financial, physical, and human  
 358 capitals and relatively richer in natural and social capitals. While the former three  
 359 capitals increased substantially by 2017, the latter two did not improve. Four capitals  
 360 in SHM had substantial gains over the 17-year period, with most increase in financial  
 361 and physical capitals. As a result, the two systems' overall patterns of sustainability  
 362 become similar, though in absolute term, SHM is much better than CM. Five capitals  
 363 interact with each other. For example, increase of financial capital could help reduce  
 364 poverty and inequality, which could increase social and human capitals. More official  
 365 revenue could be invested in environment protection, infrastructure projects,  
 366 education and technology. Simultaneously, talents input, harmonious society,  
 367 construction of important infrastructure, technological progress, efficient resource use  
 368 and reduced pollution also stimulate economic development.  
 369



370

371 Fig. 4 Sustainability index of five capitals for mainland Shanghai and Chongming in 2000 and  
 372 2017.

## 373 5 Discussion

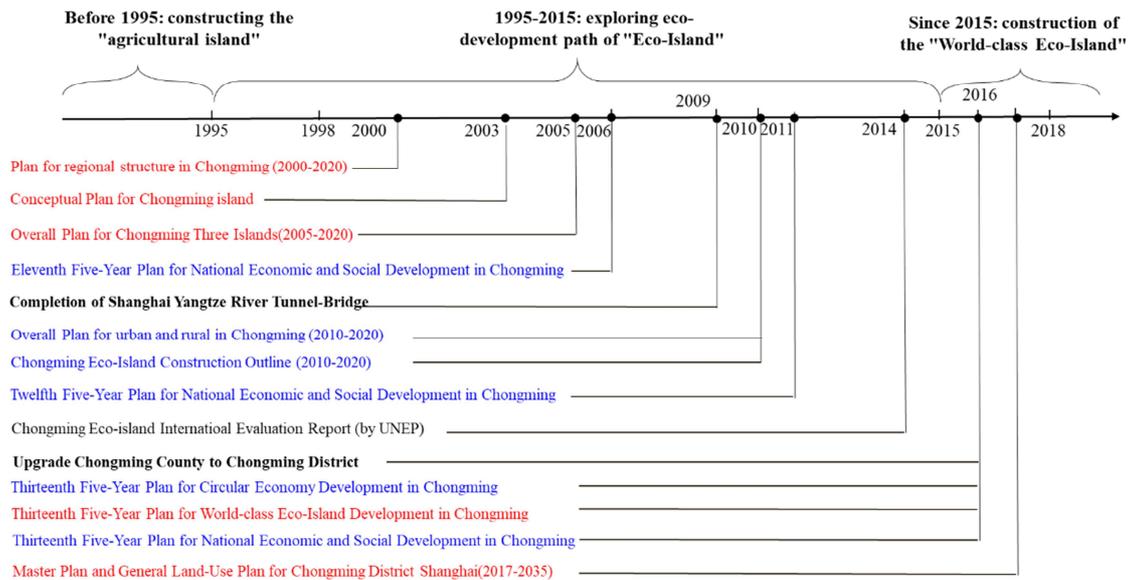
## 374 **5.1 Interactions between Chongming Island and mainland Shanghai**

375 With a fragile ecosystem and underdeveloped economy, Chongming's sustainability is  
376 highly dependent on that of Shanghai. Overall while SHM soared in economic  
377 development, CM lagged behind. The disparity of financial capital between CM and  
378 SHM keeps growing, with some used to help narrow the physical capital gap. Before  
379 2009, the only way to reach CM island was through ferry, which takes at least 45  
380 minutes one way. For every national holiday or even every Friday afternoon, many  
381 CM residents working in the SHM have to face a huge crowd to buy tickets for ferry  
382 waiting in queue for hours. The official opening of Shanghai Yangtze River  
383 Tunnel-Bridge in 2009 significantly increased connectivity and accessibility between  
384 CM and SHM, resulting in a huge boost to the local economy. The Chongqi Bridge  
385 opened in 2011, connecting to the nearby Jiangsu Province, further linked CM to the  
386 larger Yangtze River Delta region. The capital shift also enhanced the structure and  
387 layout of Shanghai's transportation system, accelerate the economic development and  
388 integration of the Yangtze River Delta region.

389 In the 1990s, environment protection had to give way to rapid industrial development,  
390 resulting in severe degradation of natural resources and ecosystems in SHM (Shi et al.,  
391 2004). As SHM further developed, especially after 2000, environment protection has  
392 become one of the government's main concerns. CM, now with rich natural capital, is  
393 regarded as strategically important for sustainable development of the whole Shanghai  
394 megacity. CM has leapt the phase of industrial development and transformed from a  
395 traditional agriculture-based economy to the development of a more service-based and  
396 circular economy, providing imperative ecosystem cultural services to people in  
397 Shanghai. Being proposed as an example of strengthening ecological services while  
398 maintaining economic development (Huang et al., 2008), CM has ascended to the  
399 center of the sustainability plan of Shanghai from a negligible corner in less than 20  
400 years.

## 401 **5.2 Evolution of intuitional engagement**

402 The abovementioned changes toward island sustainability could not take place were  
403 critical institutional changes not realized. Institutional arrangement and governance  
404 also play an extremely important role in island sustainability, but it was not easy to be  
405 represented by indicators. We carefully went through changes in institutional  
406 development and related policies, and identified three stages of institutional  
407 development of CM. Each stage is characterized by issuing a series of schemes and  
408 plans, as shown in Fig. 5.



409

410 Fig. 5 History of construction of Chongming Eco-island, and its corresponding key plans from  
 411 governments (red refers to provincial level policy, blue refers to local level policy and italic refers  
 412 to big events).

413 **Stage 1:** Before 1995, the development of CM still followed traditional  
 414 industrialization. CM played the role of production and processing based on raw  
 415 materials for agricultural and by-products in Shanghai. There was yet no master plan  
 416 designed for CM at the island level.

417 **Stage 2:** With the idea of green development, CM tried to explore eco-development  
 418 path of "Eco-island" between 1995 to 2015. A series of overall plans for CM had been  
 419 developed. In context of "eco-civilization", CM is actively exploring and  
 420 implementing a path towards eco-civilization beyond traditional industrialization  
 421 (UNEP, 2014; Huang et al., 2008).

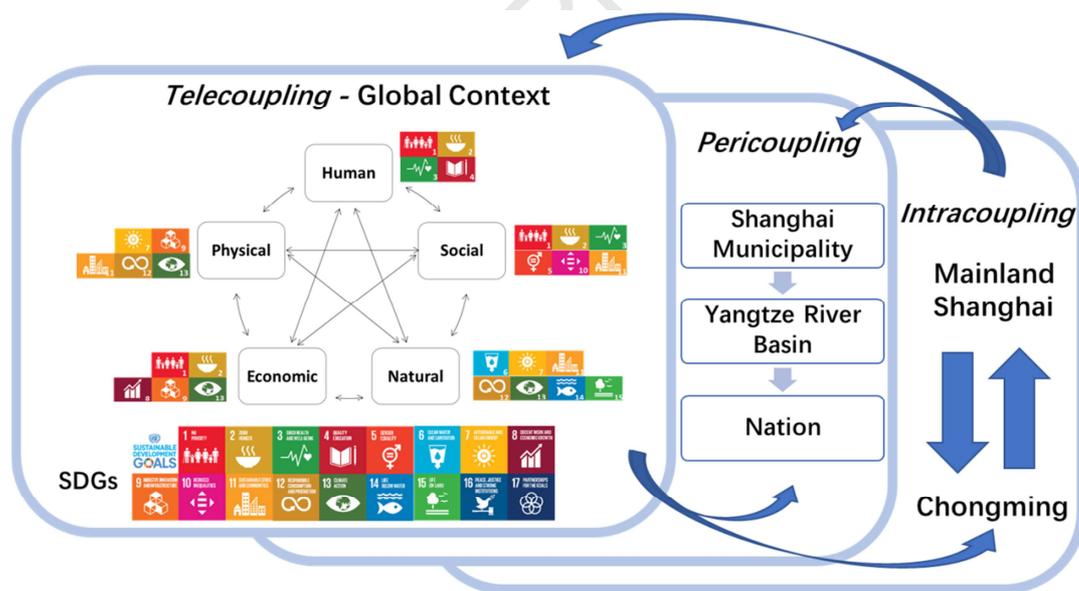
422 **Stage 3:** Since 2016, the vision of CM was designated as "World-class Eco-island". It  
 423 is characterized in six dimensions: 1) building a more resilient ecological environment,  
 424 2) efficient and intensive resource utilization, 3) prudent development of the urban  
 425 and rural space, 4) harmonious human settlement quality, 5) low-carbon security  
 426 infrastructure, and 6) more sustainable green development.

427 The construction of CM eco-island draws a lot more attention and investment from  
 428 Shanghai municipal and Chinese national government (Miao et al., 2015). Total  
 429 investment from provincial and local governments, from 2010 till date, has exceeded  
 430 44 billion RMB (~ 6.4 billion USD), which is 1.3 times the 2017 GDP of CM. After  
 431 several decades of exploring and investing, CM has become a strong institutional  
 432 capital in building eco-island (den Hartog et al., 2018; Ma et al., 2018; Xie et al.,  
 433 2019). This approach provides an opportunity for CM to become a model to share  
 434 valuable experiences around the world.

### 435 5.3 Islands sustainability in a changing environment

436 The sustainability development of CM in local, regional and global contexts can be

437 conceptualized as three scales, namely, intracoupling, pericoupling, and telecoupling  
 438 (Fig. 6, Wu et al., 2019; Liu et al., 2018b). The CM's sustainability intra-couples with  
 439 SHM. Meanwhile, CM's natural capital and sustainability development also  
 440 contribute to Yangtze River Delta, to national ecological civilization, and even  
 441 contribute to commitments to SDGs. For instance, CM is rich in biological diversity  
 442 and natural resources, and is an internationally important transit site on the East  
 443 Asian–Australasian Flyway for migratory birds (Tian et al., 2008; Chen et al., 2018).  
 444 This five-capital-based framework aligns with multiple SDG targets, mainly  
 445 contributing to 15 out of 17 SDGs (Fig. 6). The indicators in human and social  
 446 capitals mainly contribute to SDG 1 (No poverty), SDG 2 (Zero hunger) and SDG 3  
 447 (Good health and well-being). The natural capital positively contributes SDG 6 (Clean  
 448 water and sanitation), SDG 7 (Affordable and clean energy), SDG 11 (Sustainable  
 449 cities and communities), SDG 14 (Life below water) and SDG 15 (Life on land).  
 450 Physical capital improves SDG 9 (Industry, innovation and infrastructure), SDG 12  
 451 (Responsible consumption and production) and etc. Financial capital mainly  
 452 contributes SDG 8 (decent work and economic growth). Because of the integrated  
 453 nature and coupled nature-anthropogenic system, the framework is also characterized  
 454 by synergies and co-benefits for several other SDGs, SDG 13 (climate action) for  
 455 example.



456

457 Fig. 6 Chongming under the five-capital-based framework corresponding to the SDGs in a  
 458 metacoupled world (adapted from Wu et al., 2019; Liu et al., 2018b).

459 CM is a sending system that provides water, flood, recreation and other natural  
 460 capitals, while SHM, Yangtze River Delta, nation, even globe is a receiving system.  
 461 Meanwhile, island is an also receiving stress from global, delta and local system. For  
 462 instance, CM is facing extreme natural hazards such as tropical cyclones, extreme  
 463 rains, etc., and slow onset hazards such as global sea level rise, coastal erosion, and  
 464 salt water intrusion (Huang et al., 2008; Wu et al., 2019). It is projected 50% of the  
 465 island will be inundated by 2100 with south bank of CM suffers great overtopping,

466 considering sea level rise, land subsidence, storm surges and failure of protection  
467 (Wang et al., 2012b). Sea level rise and salt water intrusion threaten the drinking  
468 water quality of urban residents and the security of the Shanghai's fresh water supply  
469 (Lyu and Zhu, 2019). It also poses huge threat on flood and waterlogging control as  
470 high sea level blocks flood discharge and drainage (Deng and Fan, 2002; Chen et al.,  
471 2015). Coastal erosion has been observed in Dongtan coasts in Chongming due to sea  
472 level rise as well as reduced sedimentation in upstream of the Yangtze River Basin  
473 (Wang et al., 2014). An island is not sustainable unless it is able to cope with, adapt,  
474 recover from external adverse events in a timely and efficient manner. Since its  
475 inception, the sustainability has observed closely with many advancements in  
476 vulnerability and resilience framework about analyzing the solution (Cutter, 2014;  
477 Keating et al., 2014). A methodology is required that is proactive in nature such as  
478 sustainability as compared to vulnerability and resilience, to have a better  
479 understanding (Adger et al., 2005; Kelman, 2018).

#### 480 **5.4 Recommendations**

481 Based on our findings, the social and human capitals are relatively slow, as compared  
482 with natural, financial and physical capitals. Therefore, the government should focus  
483 on various strategies and policies to strengthen the social and human capital.

484 The problem of aging island has also been observed in other islands (Browne and  
485 Broderick, 1994). Human capital is the endogenous factor and “engine” of economic  
486 growth and development. Low human capital encapsulates planning and management  
487 in islands in various ways (Connell, 2018). High-education population outmigration is  
488 because island's socio-economic environment is not able to support their development.  
489 The development could not rely on local residents. Thus, it is recommended to  
490 urgently build a system to attract young and high-educated population to work in CM  
491 so that scientific outcomes would be carried out in reality. The government should  
492 provide public service such as revamping health, education and pension systems in  
493 facing a low birth-rate and aging society.

494 It is observed that there is a huge trade-off between development and sustainability  
495 (Connell, 2018). In order to protect Chongming ecosystem, Shanghai and Chongming  
496 authorities restrict urban development to certain locations and control the population  
497 size in the island. This effort loosely connected with the need of local inhabitants.  
498 Many local residents grumble about economic opportunities being taken away  
499 because of the eco-island policy (Grydehøj and Kelman, 2017; Ma et al., 2018).  
500 According to Ecological Redline Policy from Shanghai municipal government (2018),  
501 land area of 51 km<sup>2</sup> and maritime area of 1126 km<sup>2</sup> in CM are identified as ‘ecological  
502 red lines’, contributing nearly 60% of Shanghai. It indicates in these redline areas  
503 environment protection comes first with limited exploration of natural resources. With  
504 the proposal of eco-tourism, many residents are attracted to CM, which have a high  
505 pressure on tourism reception capacity. However, the tourism projects in CM are  
506 single, could not meet special needs for different crowds. Additionally, there are  
507 certain deficiencies in management mode, service levels and professional talents.  
508 While the aging of the population structure, the small family structure and tourists in

509 need of diversification also brings severe challenge to island development. Thus, a  
510 new public-private partnership including enterprises, NGOs, universities and other  
511 private sectors could help to improve the public participation and lower the financial  
512 and human burdens of both government and local residents.

## 513 **6 Conclusion**

514 In this study, a capital-based approach is implemented to analyze the temporal  
515 changes in the island sustainability. A three-tier indicator system has been  
516 demonstrated to represent the five capitals of sustainability: natural, social, human,  
517 financial and physical capitals. By analyzing the data from multiple sources from  
518 2000 to 2017, 31 indicators have been collected and calculated for CM and SHM. The  
519 finding shows that there are significant increasing trends for natural, physical and  
520 financial capitals for both SHM and CM from 2000 to 2017. While human capitals  
521 fluctuate and social capitals slightly decline. How to improve social and human  
522 capitals is the key challenge for local government. The local government should  
523 establish mechanism and strategies (such as a new public-private partnership) to  
524 stimulate inner development within the island.

525 Eco-island indicator system released by local government lay too much emphasis on  
526 ecological aspects and little emphasis on human aspects. This framework would help  
527 local residents, stakeholders, and governments to identify the restricting elements  
528 hindering the overall sustainable development. This quantification analysis clearly  
529 depicts the dynamic evolution of sustainability and their interaction between CM and  
530 SHM. Sustainability is a very complex concept that encompasses a great number of  
531 sub-concepts and contributing factors. Integration of social, natural, financial,  
532 physical and human factors in overall sustainability assessment significantly enhance  
533 our ability to understand change of the system. Due to limitations of statistical data, it  
534 is not possible to calculate sustainability with a more detailed indicator system or in a  
535 long-term time frame. This measurement approach may not perfectly represent the  
536 complexity of the concept, but more importantly, make it understandable and  
537 comparable for decision makers to monitor gaps and proposing initiatives to reduce  
538 inequalities. Henceforth, an effective decision-making approach can be implemented  
539 under multi-objective, multi-stakeholder environment, if the drivers can be  
540 ascertained that are restricting the development of any island or mainland. Though  
541 major factors can be quantitatively identified using this approach, functional  
542 mechanisms between these factors and sustainability are still unclear. According to  
543 Eco-island plan and population projection, it is apparent that the economic and  
544 infrastructure development will be upscaled both for island and mainland, Shanghai.  
545 The population projection for young, elders, etc., will rise in unproportioned manner.  
546 Therefore, it would be very difficult to perform complex analysis keeping in view the  
547 restriction policies and limited datasets available for the present study. However,  
548 similar study could be performed for other islands where there is no limitations and  
549 restriction on the use of datasets.

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Conflict of interest

The authors declared that they have no conflicts of interest to declare.

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